First photo of new council (almost)



In a celebratory mood, the new council includes, from left: rookies Rosalind Davis and Christina Smith, acclaimed mayor Peter Trent, acclaimed incumbents Victor Drury and Nicole Forbes, and incumbent winners Cynthia Lulham, Theodora Samiotis and Patrick Martin. Rookie Philip Cutler also won a council seat, but was not yet present. Election coverage, p. 6.

Frosty first: Therrien-Berrys plunge into new pool



First into the new pool October 30 were, from left: Judith Therrien, sons Gustave and Oscar and husband Greg Berry. See more rec centre news, p. 9.

WESTMOUNT INDEPENDENT

Weekly. Vol. 7 No. 11a

Don't Miss It: Remembrance Day at cenotaph in front of city hall, Sunday November 10 at 2 pm.



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We are Westmount

More Remembrance-related coverage,

November 5, 2013

see, p. 4 and p. 24-5

Museum opens to the public this weekend RMR gears up to turn 100

By Laureen Sweeney

While the Royal Montreal Regiment prepares to celebrate its 100th anniversary next year, it will be another dozen years before the armoury itself reverts to the city.

Described by Mayor Peter Trent as "the only municipally funded armoury in Canada," it was built in 1925 after a fundraising campaign by the citizenry on property made available by the city for which the regiment pays a token \$1 a year in rent.

This is traditionally paid at a ceremony

at the armoury following the Remembrance Day service at the Westmount cenotaph, taking place this year on November 10 at 2 pm.

With the recent opening of the Westmount recreation centre, the city's potential use of the adjacent armoury for sporting and recreational activities has been raised again once its 99-year lease expires.

This was signed July 21, 1925, according to Trent, the regiment's former honorary colonel and now a member of its advisory *continued on p. 25*



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Mobile poll boosts advance vote rate to 6.4%

By LAUREEN SWEENEY

Results from the city's mobile advance poll held at four seniors' residences October 28, the day after the general advance vote, added another 129 votes, according to city clerk Viviana Iturriaga Espinoza.

This brought the total number of advance voters to 672 or 6.4 percent of the 10,358 eligible electors.

There were 18 votes cast at Château Westmount and 65 at Manoir Westmount.

for a total of 83 in District 5. As well, in District 7, there were 5 voters at St. Margaret's who availed themselves of the opportunity while 41 cast ballots at Place Kensington, for a total of 46.

An increase in response this time over 2009 resulted from holding the mobile poll after the advance poll, said Iturriaga Espinoza. For convenience, she explained, many people living at Manoir Westmount, for example, waited to vote at the mobile poll instead of doing so at the advance one.

Two overnight parties quietened

Public safety officers were called to two noisy parties overnight October 26-27, Public Security officials report. The first was discovered following a complaint at 11:36 pm about people throwing cans off the balcony of a house on Elm south of Sherbrooke. Officers met with the host, a minor who was holding the party in the absence of parents. The guests were brought inside. A second complaint an

hour later was generated by the guests leaving.

At 12:45 am into October 27, a party in the apartment building at 4400 St. Catherine resulted in officers requesting the guests be brought in from a balcony and that they lower their voices. They could be heard laughing and talking inside the building as well.

Hit-and-run turned over to SQ for investigation

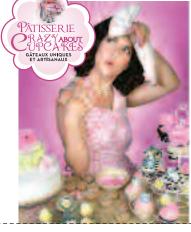
A public safety officer discovered that a so-called broken-down vehicle October 24 had in fact been involved in a hit-and-run accident, according to Public Security officials. It was the second incident in a sevenday period in which officers reported a case of suspected drunk driving (see October 29, p. 1).

In the latest case, the patroller came across the vehicle on the sidewalk outside 574 Claremont at 1:42 am when two men explained it had broken down. The patroller called police on discovering a front fender missing, the engine partially exposed and a strong odour of alcohol coming from one of the men.

It turned out the vehicle had hit a wall on the Ville Marie expressway near the exit to Highway 15 south. Since it could not be determined which of the men had been driving, police did not lay charges for impaired driving but turned over the information to the Surété du Québec since the incident involved provincial jurisdiction.

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On sale now: poppies





Westmount-Ville Marie Liberal MP Marc Garneau and Westmount Mayor Peter Trent (centre) joined students from Dawson College and Canadian Forces veterans and active soldiers from the Royal Montreal Regiment as poppies for Remembrance Day went on sale at the entrance to the IGA supermarket in Alexis Nihon Plaza on October 25. Photo: Martin C. Barry







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First council meeting Nov. 18

City cracks down on leaf collection offences

The first meeting of Westmount's new city council is now expected to take place Monday, November 18, city director general Duncan Campbell said last week. It was originally planned for the 11th.

The reason the change is being recommended is to give newly elected members time for orientation before "getting down

Pick-up under way 5 days a week

A joint campaign is under way by public safety officers and Public Works to en-

force the city's regulations for leaf

disposal, Public Security officials said last

week. Until December 1, city crews are

collecting leaves and other garden debris

in paper yard-waste bags and rigid open

not obeying the waste management bylaw," said assistant Public Security direc-

tor Greg McBain. These requirements are

spelled out in the by-law, 1425, section 20.

left on the public domain (streets, side-

Tickets of \$269 will be issued for debris

"We're on the lookout for contractors

By LAUREEN SWEENEY

to business," he explained.

A brief meeting will have to take place at the original time, however, to adopt a resolution changing the date. The new council members will also be sworn in, but that event is by invitation only and not open to the public, Campbell said.



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Tim Price new chair of BCS

containers five days a week.

Outgoing city councillor Tim Price can't seem to escape the board room.

As his term on council ends, he has agreed to serve as chairman of Lennoxville's Bishop's College School (BCS). Price was on the board of the BCS foundation for 20 years before joining the school's board in 2010.

Outgoing school chairman is Kurt Johnson, whose law firm, Irving Mitchell Kalichman, is based in Westmount.

walks) or not placed in the approved paper bags or containers because the leaves clog drains, cause slippery conditions and lead to other problems.

According to Marina Peter, Public Works environmental coordinator, the city requires that only paper yard-waste bags be used. "If they are in plastic bags, they will not be picked up. That's what we've been telling people for two years." Alternatively, she said, rigid containers may be used, uncovered so their contents can be seen.

All bags and containers should be placed behind the sidewalk where they can be easily seen by Public Works crews.



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In six races, 3 of 4 incumbents, 3 neophytes win Women take council majority

BY LAUREEN SWEENEY

Westmount's election results November 3 took longer than usual to come in, but when they began appearing on the large screen in the council chamber, there were new records set, huge wins, disappointing losses and a couple of cliff hangers.



Mayor Peter Trent welcomes incumbent Cynthia Lulham back on and incumbents Cynthia council for her sixth term. Lulham (District 7),

One big victory was scored by Philip Cutler, who just turned 25, in his win over Peter Starr, Westmount Municipal Association president. Cutler was born during his grandmother May Cutler's term as the city's first female mayor. He is likely the youngest-ever councillor.

Another was the upset by Rosalind Davis in Ward 4 in unseating two-term in-

cumbent Kathleen Duncan.

"It's the first majority female council in history," stated acclaimed Mayor Peter Trent as he saw his new council take shape. "In the broad spectrum, it's a nice mix of newcomers and people with council experience. An evolution as opposed to revolution."

With a 31-percent turnout of electors, according to preliminary tabulations, electors gave five of the eight councillor seats to women. They are newcomers Rosalind Davis (District 4), Christina Smith (District 5), and incumbents Cynthia Lulham (District 7),

On his arrival in the council chamber after the election, District 2 winner Philip Cutler, 25, right, stands below the portrait of his grandmother, Mayor May Cutler. With him is his father, Adam.

Theodora Samiotis (District 8) and Nicole Forbes, already acclaimed in District 6.

Lulham probably set a new record for the longest-serving councillor in receiving a sound sixth mandate over second- time challenger Mavis Young.

In other races, incumbent Patrick Martin, who headed the city's building committee for the Westmount recreation centre, squeezed in by 20 votes over newcomer Julia Carbone Gold in the summit's District 1 for his third term, but first-ever election race. He, Cutler and Victor Drury (acclaimed in District 3) are the only men, along with Trent.

Martin, with the smallest margin of victory, was sidelined with bronchitis during much of the campaign. He attributed his win to friends and a neophyte group of "strongly motivated young friends" of his son and nephew.

The largest margin of victory went to Samiotis with 79 percent of the vote over student Andrei Jones. This was followed by the 60-percent win by Davis over Duncan, who had run a low-key campaign based on door-to-door visits and past record.

In what might be considered one of the surprising results was the success of newcomer Smith who had run against another political newcomer, John Fretz. He was well known for his interest in municipal affairs as a regular at council meetings and in community involvement.

Celebrating with his family, Philip Cutler turned up at city hall after everyone else had left.

Cutler. With him is his father, Adam.			
Preliminary election results* (mayoral and council candidates acclaimed in Districts 3 & 6)			
District 1 Patrick Martin Julia Carbone Gold Spoiled ballots <i>Turnout 36</i> %	No. 295 275 0	% 52 48 0	
District 2 Philip Cutler Peter Starr Spoiled Turnout 33%	301 219 1	58 42 0	
District 4 Rosalind Davis Kathleen Duncan Spoiled <i>Turnout 32</i> %	349 224 4	60 39 1	
District 5 Christina Smith John Fretz Spoiled <i>Turnout 36</i> %	365 289 6	55 44 1	
District 7 Cynthia Lulham Mavis Young Spoiled <i>Turnout 33</i> %	338 256 6	56 43 1	
District 8 Theodora Samiotis Andrei Jones Spoiled <i>Turnout 20</i> %	265 65 6	79 19 2	
Source: City Clerk's Office Nov. 3			

WESTMOUNT INDEPENDENT

We are Westmount.

Presstime: Monday at 10:30 am

Publisher: David Price editor: Kristin McNeill (on maternity leave) Chief reporter: Laureen Sweeney

Letters & Comments:

We welcome your letters but reserve the right to choose and edit them. Please limit to 300 words and submit before Friday 10 am to be considered for publication the following week. Please check your letter carefully as we may be unable to make subsequently submitted changes. E-mail any letter or comments to indie@westmountindependent.com.

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COMMUNITY CORNER

By Doreen Lindsay

The Westmount that we live in today has been shaped by human events that responded to topographical events of an earlier time. Four sites within Westmount that retain traces of their origins and merit heritage status are: the Glen, Côte St. Antoine Rd., Victoria Ave., and Summit Woods.

The Westmount Historical Association organized by four speakers: Caroline Breslaw, John Fretz, Doreen Lindsay and Ruth Allan-Rigby. They met WHA members in the Westmount Room of the Westmount Public Library on October 17.

The Glen

Lindsay explained that our Glen is a 400-foot wide opening in the St. Jacques escarpment in southwest Westmount. It was formed by streams running down from what is now Westmount Park. A north-south transportation route beside the stream was developed by native peoples to reach the St. Lawrence.

French farmers followed to take their produce to market, then Scottish settlers. Today, it provides access from Westmount to St. Henri. When the CPR Railway built a wooden trestle bridge on top of the escarpment in 1885 it became an important east-west link to western Canada. A horsewatering trough remains in the Glen as does the Westmount power plant, the first in North America to burn local garbage to produce electricity.

Victoria Ave.

Ruth Allan-Rigby told the story of the farmers' path to market that developed into Victoria Ave. It was originally a laneway from the Hurtubise family farm on Côte St. Antoine Rd. that joined the stream flowing through the Glen that joined la petite Rivière St. Pierre flowing into the St. Lawrence where Pointe à Callière is today. It was named Victoria Ave. in honour of Queen Victoria's diamond jubilee of 1897.

Westmount heritage sites

After Victoria Ave. was divided into individual lots, both private residences and commercial stores were built. The first department store in Westmount was built in 1910 at the corner of Victoria and Somerville. This building has become the popular Visual Arts Centre of today. Five Victorian row houses built on the east side in the 1890s and seven greystone triplexes on the west side of Victoria remain in good condition today, but need to be designated as valuable 1890s architecture.

In 1907 the CPR constructed a train station at the foot of Victoria Ave. It is now owned by the city of Westmount and was designated by the Historic Sites and Monuments Board of Canada as a historic railway station in 1994. Victoria Ave. is not within Parks Canada's designation of the city of Westmount as a National Historic Site, which occurred in 2012.

Côte St. Antoine Rd.

Côte St. Antoine Rd. is the oldest in Westmount. It is one of the first côtes to be laid out by the Sulpicians who owned the island and who erected a milestone (at Forden Ave. today) to establish the distance to their Fort de La Montagne on Sherbrooke east of Atwater. The first settlements of our city were the habitants farms along the Côte Rd. During British rule, was a link between the parliament in Ville Marie and the governor's residence of Monklands (Villa Maria today).

Summit Woods

Summit Woods is one of three peaks of Mount Royal and has the same geological formation. It is 630 feet above sea level and is separated from the other peaks by steep slopes.

In 1895, Sir William Macdonald of the Macdonald Tobacco Company donated land on the summit to the Royal Institute for the Advancement of Learning (McGill University today). The Macdonald Obser-

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Joyce Faughnan Chartered Real Estate Broker RE/MAX du Cartier Inc. Westmount Real Estate Agency vatory was set up in the 1920s and cement bases for telescopes can still be seen. There was a toboggan run down to Côte St. Antoine Rd. North America's first radio station, CFCF, broadcast all over Montreal from a portable radio mast in 1922.

In 1940 Westmount bought 46 acres of the land from McGill. The summit is an urban woodland that hopefully will be maintained for future generations. It is also a wild flower and bird sanctuary.

Doreen Lindsay is the president of the Westmount Historical Association.



dimanche 10 novembre 2013 à 14 h 87^e Cérémonie Jour du Souvenir au Cénotaphe

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SÉANCE DU CONSEIL DU 11 NOVEMBRE **REPORTÉE AU 18 NOVEMBRE**

Compte tenu de la très courte période entre le jour de scrutin des élections municipales et la première séance du conseil de la ville, la séance ordinaire du consell de la VIIIe de Westmount, prévue pour le lundi 11 novembre 2013, sera reportée au lundi 18 novembre à 20 h.

Le conseil municipal se réunira brièvement le 11 novembre afin de reporter la séance, tel que convenu par la loi.

Les séances ordinaires du conseil municipal ont lieu le premier lundi de chaque mois à 20 h à l'hôtel de ville de Westmount, situé au 4333, rue Sherbrooke Ouest.

NOVEMBER 11 COUNCIL MEETING RESCHEDULED TO NOVEMBER 18

Due to the very short length of time between the municipal elections and the first scheduled Council meeting, the regular Council meeting of the City of Westmount, scheduled for Monday, November 11, 2013, will be moved to Monday, November 18, 2013, at 8 p.m.

Westmount Council will convene briefly on November 11 to reschedule the meeting, as required by law.

The regular City Council meetings take place on the first Monday of each month at 8 p.m. at Westmount City Hall, located at 4333 Sherbrooke Street West.

Predators play first inter-city game at arena



The Bantam A Predators (above) played the first inter-city hockey game at the new arena on October 29. Unfortunately, Lachine won 2-1. Jordan Sager scored Westmount's goal and was presented with the game puck. Goalie Andrew Turner was named player of the game. Photo courtesy of Catherine Turner

Window shatters beside women with strollers

Two women pushing children in strollers told a public safety officer October 23 around 11:30 am that a window had shattered beside them as they walked past a building under renovation at 345 Victoria, Public Security officials said. The workers

explained the incident had occurred accidentally during the removal of a window and it would not happen again. No one was injured by what was reported as flying glass. The women had been walking on the sidewalk but beside a security cover.

de la Montagne

Centre affilié universitaire

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Personnes âgées de 60 ans et plus

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- · Femmes enceintes en bonne santé qui en sont à leur deuxième ou troisième trimestre de grossesse
- Tout individu en contact étroit avec ces personnes

- CSSS de la Montagne will be offering free influenza (flu) vaccine to the following people residing in its territory:
- · People aged 60 years and older
- · Babies aged 6 to 23 months
- People with a chronic illness
- · Healthy pregnant women in their second or third trimester · People having frequent contact with the above individuals.

<u> Horaire – 2013 – Schedule</u>

Centre communautaire intergénérationnel (CCI) 999, avenue McEachran, Outremont Vendredi 8 novembre 2013 – 9 h à 19 h

Hôtel de ville de Mont-Royal 90, avenue Roosevelt Mardi 12 novembre 2013 – 9 h à 19 h

Université Concordia 1400, boul. De Maisonneuve O. Mercredi 13 novembre 2013 - 10 h à 18 h

CLSC de Parc-Extension

7085, rue Hutchison Jeudi 14 novembre 2013 – 10 h à 18 h 30 Vendredi 15 novembre 2013 - 10 h à 18 h 30 Samedi 16 novembre 2013 – 8 h 30 à 15 h 30

Victoria Hall

4626, rue Sherbrooke O., Westmount Mercredi 20 novembre 2013 - 9 h 30 à 20 h

Centre de ressources

communautaires de CDN 6767, ch. de la Côte-des-Neiges Jeudi 21 novembre 2013 – 10 h 30 à 19 h 30 Vendredi 22 novembre 2013 – 9 h à 18 h Samedi 23 novembre 2013 – 8 h 30 à 15 h

Université Concordia 1400, boul. De Maisonneuve O. Mercredi 27 novembre 2013 - 9 h à 17 h

N'oubliez pas : d'apporter votre carte d'assurance-maladie et de porter des vêtements à manches courtes.

Centre communautaire intergénérationnel (CCI) 999 McEachran Avenue, Outremont Friday Nov. 8, 2013 - 9:00 to 19:00

Town of Mount Royal - City Hall 90 Roosevelt Avenue Tuesday Nov. 12, 2013 - 9:00 to 19:00

Concordia University 1400 De Maisonneuve Blvd W. Wednesday Nov. 13, 2013 - 10:00 to 18:00

CLSC de Parc-Extension 7085 Hutchison Street Thursday Nov. 14. 2013 - 10:00 to 18:30 Friday Nov. 15, 2013 - 10:00 to 18:30 Saturday Nov. 16, 2013 – 8:30 to 15:30

Victoria Hall

4626 Sherbrooke Street W., Westmount Wednesday Nov. 20, 2013 - 9:30 to 20:00

Centre de ressources communautaires de CDN

6767 Côte-des-Neiges Road Thursday Nov. 21, 2013 - 10:30 to 19:30 Friday Nov. 22, 2013 – 9:00 to 18:00 Saturday Nov. 23, 2013 - 8:30 to 15:00

Concordia University 1400 De Maisonneuve Blvd W. Wednesday Nov. 27, 2013 - 9:00 to 17:00

Don't forget: To bring your Medicare card and to wear short sleeves.

Information: 514 731-8531 – www.csssdelamontagne.qc.ca

Second week of firsts First 'swim' in pool a polar plunge, exercise room inaugurated

By LAUREEN SWEENEY

It was in and out of the new pool so quickly October 30 for the first brave jumpers that it all occurred in the blink of an eye.

While onlookers in winter jackets applauded loudly, Westmounter Greg Berry and his family clasped hands and took a running leap into the 10-degree windswept water at the Westmount recreation centre.

They were quickly followed by a hardy group of Westmount's Dolphins swim team members and a handful of others, who also scrambled out almost as soon as their feet touched the bottom.

"It was great, refreshing," said Berry on emerging with a large smile. His wife, Judith Therrien, and sons Oscar, 10, and Gustave, 8, beat him out and huddled under towels, sipping hot chocolate and also smiling. They were the first in the pool.

Berry, an orthopedic surgeon who lives on Belmont Ave. and worked at the Vancouver Olympics with a McGill contingent, won the first swim in a silent auction at the fundraising soirée last spring. At the time, however, no one expected the "prize" to take place at the end of October.

Didn't feel anything

It was so icy, "You really don't feel anything," explained Laura Meagher, who jumped in along with co-lifeguard Skyler Wittman and Dolphins Flavie Merkly, 12, Alexis and Mackenzie Lyness, Michael Tzankov, Laetitia Ballester and Catherine Bond. Dolphins' manager Helen Campbell brought along the hot chocolate.

"It's been a long wait," said Bond, "but it's a beautiful facility." She had represented the swimming community in pressing the city last summer for answers over pool delays and opening dates.

Bond was also accompanied into the water by Rosalind Davis, representing the Masters' swim club. There were also a handful of team members from the Y Barracudas.

Where are we?

This week: pool, exercise room Last week: ice rinks

To open

Lansdowne entry, teen centre, office move-in, snack bar & pro shop

The event was one of the milestones chalked up last week by the rec centre. That morning, the new electric ice-resurfacing Zamboni was lowered 30 feet onto the level of the underground ice rinks, though it was not ready for use.

Exercise room inaugurated, too

In the evening, scarcely an hour after construction workers had mounted large wall mirrors in the exercise room, the Argentinean tango class from Victoria Hall became its first user. There's still work to be done, however, and the next lessons will revert to the traditional venue.

In fact, the entire west side of the building will undergo fine-tuning over the next few weeks, resulting in the Lansdowne door being blocked to public use when the facility is open from 3 pm to midnight. The teen centre won't open until it can be outfitted.

Other items remaining include staffing of the administrative offices and the awarding of service contracts for running the food concession and for opening a pro shop.

The Sports and Recreation offices will open as soon as their new furniture ar-



From left, Sports and Rec's Claude Danis with Mayor Peter Trent, student Cheryl Montgomery and instructor Ana Poltavcenko.

rives, director Mike Deegan said. He expects that to take place in a couple of weeks.

And the pool itself was to be drained for

the winter after a couple of days of system testing. The fence was to be installed at the end of last week while landscaping continues.



No one had taken to the ice of the Desmarais (eastern) rink for the first free skate at the new area by 8:30 am on November 2. All was still quiet 30 minutes after opening. Sports coordinator Matthew Lawton said, "Free skates are usually popular, but it's early in the season and it's not a great day [weather-wise]."



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BUILDING PERMITS 😭 What's permitted

The following permits for demolition, exterior construction, alteration and renovation were approved at the September 3 meeting of city council.

3402 Montrose: to cut two trees;

14 Surrey Gardens: to cut a tree provided the replacement tree is a low conifer;

91 Summit Cresc.: to add a storey on the existing structure including new covering on the facades and changing doors and windows (see February 26, p. 5);

3040 Sherbrooke: At Dawson College, a Category 1* building, to restore front landing and staircase;

4932 Sherbrooke: to renovate front and rear facades including new doors and to create a new rear parking space and to carry out some interior renovations;

1358-60 Greene: to repair stucco, and replace windows on the front façade;

804 Upper Lansdowne: to landscape a swimming pool and dry lagoon in the back yard, a natural stone wall;

695 Aberdeen: to build a roof terrace; **546-548 Grosvenor:** to build a new railing

and privacy screen on rear balconies; **775 Lexington:** at a Category I house, to

build a new elevated terrace, double steel doors, and landscape a patio;

4298 Dorchester: at a Category I house, to replace some windows;

476 Roslyn: to do some landscaping in the front yard, retaining walls;

4296 Dorchester: at a Category I house, to enclose a ground floor balcony, build a small second floor extension, install new windows, and build an exterior staircase on the rear façade;

4465 Montrose: to lower grade of front driveway, enlarge and lower the slab of the underground garage, replace garage door and do some landscaping;

4400 St. Catherine: to landscape corner yards of the apartment building on St. Catherine and Hillside provided a two-foot band is planted with conifers;

612 Victoria: to replace some windows;

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703 Grosvenor: to landscape in front and rear yards, modify rear balcony and build a gate;

4150 St. Catherine: to create a global signage policy for the commercial occupancies at ground level;

4300 de Maisonneuve: to landscape front yards of the apartment complex.

The following permits for demolition, exterior construction, alteration and renovation were approved at the September 16 meeting of city council.

28 Devon: landscaping to include installation of a rear yard swimming pool and terrace;

4840 Sherbrooke: to install a sign for Metro – Marché Fletcher;

365 Metcalfe: to enlarge some openings at the rear to introduce doors, to modify and enlarge the rear balcony and landscaping to include a patio;

4549 Sherbrooke: at a Category I house, to replace some basement windows;

449 Mount Pleasant: at a Category I house, to cover the balcony before building a second story;

622 Belmont: rear yard landscaping to include reconstruction of rear balconies;

4916 Sherbrooke; to erect a sign for Joolz – Bar a bijoux;

320 Victoria: at a Category I house, to cover a front porch;

50 Chesterfield: at a Category I house, to cover and enlarge a rear balcony;

467 Strathcona: to erect a back fence;

4321 de Maisonneuve: at a Category I house: landscaping to include replacement of a parking apron and driveway pavers, repair retaining walls, replace veneer and add stepping stones; to renovate the rooftop terrace on the garage;

4887 de Maisonneuve: to replace a rear patio door;

256 Metcalfe: at a Category I house, to build two small one-storey rear additions (kitchen and vestibule);

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15 Church Hill: to modify back door opening of the rooftop extension;

699 Victoria: to modify some openings to introduce a patio door.

The following permits for demolition, exterior construction, alteration and renovation were approved at the October 1 meeting of city council, its last one before the election.

312 Kensington: at a Category I house, to replace two rear doors;

10 Renfrew: to install new railings on front stairs;

22 Anwoth: to build an extension in the northwest side yard;

7 Hudson: to replace columns and railings of front balcony and stairs;

1 Wood, **#410-411**: at a Category I building, to replace windows and doors;

4549 Sherbrooke: at a Category I house, to convert a window rear into a door to create a basement access;

14 Surrey Gardens: to landscape in front yard to include new stairs and railings, to resurface driveway and modify siting of retaining wall; erect a new gated fence in side yard and add permeable paving;

52 Bruce: to redo front balconies and stairs, and landscape;

758 Upper Lansdowne: to replace a window and reduce size of an opening on the side; to condemn a rear door and create a new door opening;

239 Kensington: to replace all windows and balcony doors;

7 Lorraine: to replace some windows;

723 Upper Lansdowne: landscaping in side and rear yards to include new fences and gates, alterations to deck and addition of new terraces;

3730 The Boulevard: landscaping in rear yard to include replacing the boulder retaining walls by stone walls, relocating pool equipment and replacing some hard surface by greenery; to resurface driveway; **89 Holton:** to replace a front window;

4300 de Maisonneuve: at penthouse 5, to add two new window openings on east façade;

321 Prince Albert: front window replacement;

346 Kensington: landscaping in rear yard to include reconfiguring the balcony, creating a new patio, installing a fence and improving plantings;

463 Elm: at a Category I house, to modify some rear openings and alter the rear balcony;

1233 Greene: to install a sign "Café Starbucks";

699 Victoria: to replace some windows.



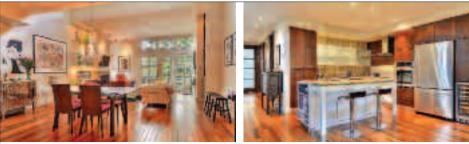
Unofficial ambassador Chen Guan Ming cycles the world in Olympic state of mind



PHOTO: RALPH THOMPSON.

Chen Guan Ming of China, pictured on Sherbrooke St. near Westmount Park on October 21, is cycling around the world as he heads for the Rio Olympics. The former farmer from eastern China started his nomadic cycling life just after his country won its Olympic bid in July 2001. To promote the Olympic spirit and celebrate the win, he cycled around China, arriving in Peking in August 2008, just before the opening of the actual games. Then, starting in 2010, he rode to the London Olympics, arriving in July 2012.

As he left Westmount, he was headed for Ottawa, Toronto, Vancouver and, ultimately, the 2016 Rio Olympics.



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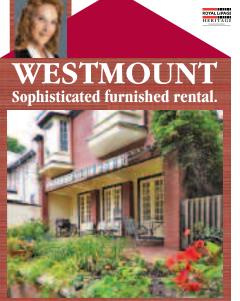
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Spiders and falcons and owls

The Westmount library hosted a Halloween-inspired Spiderwick Adventure on October 26 and over 350 people took part, according to children's librarian Wendy Wayling. Participants hunted for "magical creatures" hidden throughout the library and got to meet two real ones – a great horned owl and a falcon from FalconEd, a branch of Falcon Environmental Services that provides educational workshops on birds of prey. Organizers also handed out prizes for pumpkin decorating.

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Subban visits Akiva



Montreal Canadien PK Subban visited Akiva School's grade 5 and 6 students on October 30. Subban spoke to the students about "what it takes to achieve your goals and how a good work ethic, commitment and believing in yourself are the keys to success in anything in life," according to the school's director of communications, Cindy Warren.

Internationale champions



Westmount's École Internationale held its first track and field meet in Westmount Park on October 21. The photo shows the three male students who took first, second and third places in the men's events. Photo: Robert J. Galbraith.





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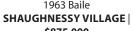


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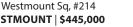






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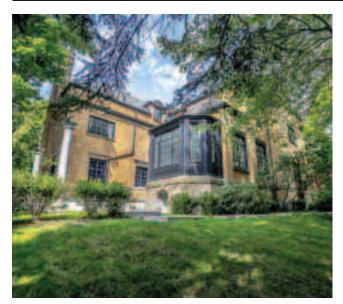
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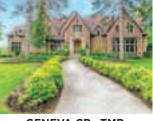
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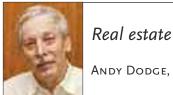
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Sept: Highest price for 2013



ANDY DODGE, CRA

The following article relates to the registration of deeds of sale for property in September 2013, provided by city officials. A list of sales can be found on p. 21.

The highest house price for 2013 was registered in September this year as the large stone mansion at 636 Clarke Ave. changed hands for \$3,625,238, topping the \$3,550,000 paid out for 44 Forden Crescent in April. The price was negotiated in February and announced then at \$3,800,000, but came down by \$174,762 by the time the parties reached the notary.

Of the nine one- and two-family sales registered in September, only one registered at less than \$1 million, and the price of 257 Metcalfe Ave. was only slightly below that mark, at \$985,000. Another Metcalfe property, the detached house at 364 Metcalfe, brought the lowest mark-up in the month, just 1.6 percent below its 2011 assessment.

Another "flats" house, 382 Roslyn Ave.,

registered the highest mark-up for September, 86 percent, in the only other \$2 million-plus sale of the month.

Condominiums were actually the feature of September, in terms of registrations, with seven residential condo sales including three more at 1250 Greene Ave. This brings to 14 the number of condos now sold off in the 20-unit building, with prices ranging from about \$1,117,000 to \$4,253,000, not including taxes.

Also sold in September was the second recent resale of a condo at 4410 Côte des Neiges, a building originally sold off in 2001-02. The upper unit and basement at 466-68 Argyle Ave., just below Thornhill Ave., sold for \$640,000, the only markdown from 2011 valuations in the month.

The nine sales in September showed the continued sluggishness of the 2013 market, representing only half the number of sales registered in August.

So far this year, Westmount has recorded 117 sales, the same number as in 2009 but otherwise the lowest volume for the first nine months since 1976. The average mark-up over valuation for September was 27 percent, up slightly from August and actually higher than the 25 percent for the year.

Study, St. Georges-Tyndale shoot hoops



Some 34 basketball players from Tyndale St. Georges Community Center and The Study got to rub shoulders with Basketball Hall of Famer Robert Parish at an Air Canada NBA Fit Clinic at the Bell Centre October 20. It was a basketball practice "like no other" for a group of grateful young Montrealers, said Susan McKinnon Bell, director of fund development at Tyndale St. Georges.

Photo courtesy of JP Mongeau







1 Wood Ave., #307, Westmount \$729,000



21 Briardale Rd, Hampstead \$920,000



58 de Brésoles, suite 1, Old Mtl \$975,000

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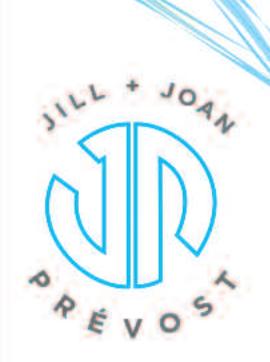


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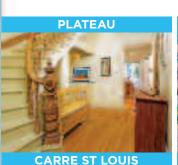
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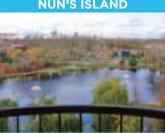
\$449,000 | MLS 9082494 Uniquely renovated 2 bdrm condo

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ESPLANADE \$388,000 | MLS 19850937 Charming 3rd floor co-prop



4250 ST. AMBROISE \$369,000 | MLS 25972550 Priced below evaluation!



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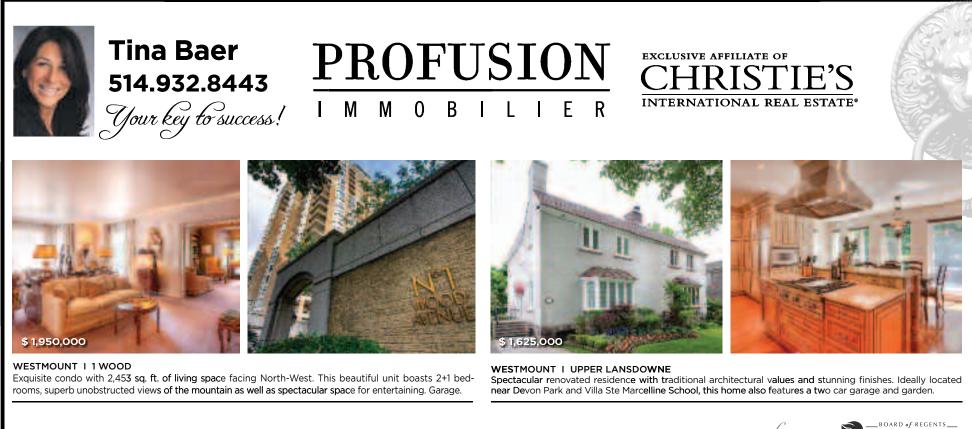


NUN'S ISLAND



Bought & Sold – real estate transfers in September 2013

For real estate transfers, please consult paper archive.



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On Westmount's Streets: Westmount's wild west



A man attempts to cross against the red pedestrian light, but his briefcase falls off his cart. The alert driver turning right onto Claremont manages to stop in time.



A black car turns left on Sherbrooke to go down Claremont. Pedestrians have to stop to let the car pass.



A bus blasts through a red light sounding his horn and turns left onto Sherbrooke.

Photo by Ralph Thompson

Our photographer only had to spend 20 minutes at Claremont and Sherbrooke on October 25 at 5 pm in order to get these shots of drivers and pedestrians ignoring traffic lights (as well as others not published here). Exceptionally, a policeman was also on site – and he was ignored too.



A policeman on traffic duty was standing at the northwest side of the junction. He blew his whistle several times at jaywalkers.



A pedestrian strides across Claremont while the pedestrian indicator is red.



A white car (centre) blasts through a red light on Sherbrooke while a black car turns down Claremont, also against a red light. A mother holds back her children to let the black car pass.

Thursday, November 7

Westmount Square Antique Show, 1 Westmount Square, #RC. Admission free. Thursday and Friday from 10 am to 6 pm. Saturday from 10 to 5 pm.

Contactivity Crafts Sale and Bazaar, hand-crafted, hand-knit items, home baking, jewelry, books, second-hand fashions, raffle. Proceeds benefit non-profit Contactivity's seniors services. 4695 de Maisonneuve. 514.932-2326. 10:30 am to 3:30 pm.

Saturday, November 9 Westmount Artisans' Festival. Victoria Hall, 4626 Sherbrooke St. Also on Sunday, November 10. 10 am to 5 pm.

SUNDAY, NOVEMBER 10 Annual Westmount Remembrance Day service at the Westmount cenotaph, 2 pm.

TUESDAY, NOVEMBER 12 Westmount Horticultural Society an-

nual general meeting followed by presentation "Planning and Planting for Four Seasons" by Paul Zammit, director of horticulture, Toronto. Botanical Garden. 7 pm, Westmount Public Library. Doors open at 6:30 pm, \$5, members free.

Comin' Up

Thursday, November 14

Stories by Montreal Storytellers' Guild, Westmount Library. Free. Information: mtlstorytellersguild@gmail.com or call Paula at 514.593.9947. 7 pm.

SUNDAY, NOVEMBER 17

Kissy Kissy Time: songs for children (0 to 6 years). Tickets \$5-10, cash only. Victoria Hall (Lodge Room). 2 pm.

Wednesday, November 20

Manoir Westmount charity bazaar. 4646 Sherbrooke St. Info: 514.937.3943. Noon to 2 pm.

Webster new president at Alzheimer Groupe, Paperman is vice president

Westmounter Claire Webster is the new president of the Alzheimer Groupe. She was officically appointed at the organization's annual general meeting on October 22, along with VPs Julie Katz and Westmounter Heather Paperman.

Unfortunately, Webster is very familiar with the disease. In 2006, Webster's mother was diagnosed with it at the age of 74. Webster became a full-time caregiver to her mother, which led her to seek out support from the charity.

Alzheimer Groupe Inc. provides serv-



ices to over 1,700 families and patients, which include counselling, in-home respite, an activity centre, intergenerational projects and training seminars.



Public Lecture by: **Dr. Margaret Somerville**

Values Conflicts in Quebec: Hijabs, Turbans, and Lethal Injection

Wednesday, November 13, 12:30 pm (doors open at noon) The Rotary Club of Westmount – Victoria Hall \$20 includes luncheon

Reservation required by Thursday, Nov. 7 514 935-3344 or info@rotarywestmount.org Full calendar at www.rotarywestmount.org



ONGOING:

Tumbling Tots. Centre Greene. Tuesdays and Thursdays, 9:30 am to 11 am. Indoor/park playground for parents and children under 5 years. \$3.50/morning drop-in. Coffee and cookies provided.

Montreal Children's Library would like the help of bilingual volunteers at one of the library's three branches to help children between the ages of 5 and 14 with reading and to perform other duties. Please call Helen Kyne: 514.931.2304 or email at info@mcl-bjm.ca.

Friends of the Westmount Library request book donations for their upcoming sale, to be held at Victoria Hall on Saturday November 23 and Sunday November 24. Books on all topics in excellent condition can be dropped off at the front desk, 4574 Sherbrooke St. No magazines, encyclopedias, VHS videos, cassettes or any materials in poor condition. Info: 514. 483.5604.



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Gregory brothers lead awareness effort Remembering WWII's Operation Husky, the invasion of Sicily

Westmounter Steve Gregory has a mission: to help spread the word about Canada's contribution to Operation Husky, the 1943 invasion of Sicily by Allied forces during World War II. Approximately 25,000 military personnel took part, 562 of whom died.

Gregory got "hooked" on the topic in 2006 when his son, Erik Vincelli-Gregory, did a school project on the battle of Assoro. He was at Selwyn House in grade 6 at the time.

To bring awareness to the Canadians' achievements, he founded "Operation Husky 2013." It is a civilian project. As part of the effort, 350 Canadians, including Gregory and his son, travelled to Sicily this summer, walking over 300 kilometers along the paths taken by Canadian troops 70 years ago. Vincelli-Gregory literally did this at Assoro when he replicated a daring cliff scaling that the Canadians accomplished to take the German position.

The group conducted over 25 remembrance ceremonies in 19 towns and concluded with a roll call in the cemetery at Agira, where over 650 people stood in front of each headstone shouting, "Here", "Sir" or "Present" as the soldiers' names were read.

In addition, to address the almost total lack of any Canadian contribution at the Museo dello Sbarco in Catania, a team led by his brother, military historian Andrew Gregory, curator at the Canadian Forces Logistics Museum in Montreal, assembled a complete set of original cap badges and shoulder flashes representing all of the units that fought in the campaign, including ones from Vancouver to Halifax, and units from the air force, army and navy.

Campbells' framing contribution

Westmount's Campbell Picture Framing helped the Gregorys mount the badges and flashes in a suitable display.

"The project would not have come about had it not been for the selfless contributions of Glenn Campbell and Tony Rettino of MP R Reproductions Inc. They understood that we needed to create a giant shadow-box picture frame that would bring the depth of the Canadian contribution to light. They donated more

Remembering Allingham, Lorimer

In late June 1943, two young Westmounters left the shelter of northern British ports for an unknown destination. After days at sea, they were told that they would join American and British soldiers in Operation Husky, the invasion of Sicily.

The two Westmount boys are still there.

Trooper Robert Frank Allingham, 26, of the 4th Princess Louise Dragoon Guards was killed on July 19, 1943.

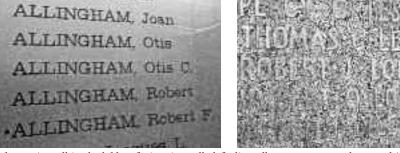
Private Robert Johnston Lorimer, who fought with the Seaforth Highlanders of Canada, was 25 when he died. He was killed in action on August 5, 1943. They both lie in the Commonwealth cemetery at Agira, Sicily.

In a recent survey by Humber College, 91 percent of Canadians on the street in Toronto had no knowledge that Canada even fought in Sicily during World War II. Up until recently, the 23,000-square-foot museum in Catania, the Museo dello Sbarco, which is dedicated to the Allied invasion of Sicily, had but one single reference to Canada.

Not anymore!



- Steve Gregory



The service roll in the lobby of Victoria Hall (left) lists all Westmounters who served in World War II. A star denotes those who made "the supreme sacrifice," including Robert F. Allingham. The cenotaph in front of city hall (right) lists only those who died, including Robert J. Lorimer. He was one of four Lorimers who served in the war. Both monuments also cover World War I. Photos: Independent.



From left, Andrew Gregory and Glenn Campbell with the display.

than 100 hours of their time to make it happen. And the results are breathtaking," said Steve. "The Campbells' work was the centre piece of the display."

"As other people have, we felt it was a worthwhile cause. It was such a miniscule thing that we did for those who died for Canada," said Glenn Campbell to the *Independent*. "It is an incredible thing to raise awareness."

The Campbell family has its own military history. The founder of the framing business and Glenn's grandfather, Nova Scotian Alexander Harvey Campbell, fought in World War I before marrying an English war bride and starting a gallery in Photo courtesy of Glenn Campbell

Montreal in 1924. A cousin, Graham Campbell, was one of three survivors of a Canso "flying boat" that destroyed a German u-boat in World War II. The plane's captain, David Hornell, was one of the four men who died when the plane went down. He was honoured with one of-Canada's 96 Victoria Crosses.

"We grew up with that [history] around us," explained Campbell.

The four-by-eight-foot display case made its way to Sicily where it was set up in time for the official opening of the Canadian exhibit at the Sbarco museum on July 31.



From left, John Campbell, Steve Gregory and Glenn Campbell.

Photo courtesy of Steve Gregory

Open to public Saturday and Sunday Military museum traces RMR's 100-year history

By LAUREEN SWEENEY

From the day in 1914 when the Royal Montreal Regiment was raised in Westmount for action in World War I, through more recent peacekeeping and Afghan missions, its story is told through an extensive collection of artifacts and memorabilia at the armoury museum.

The uniforms, field radios, equipment, weapons, battle honours and personal letters will be on public display this Saturday, November 9, from 1 to 3 pm as well as on Sunday from noon to 4 pm over the period of the Remembrance Day service at the Westmount cenotaph at 2 pm.

The armoury is located at 4625 St. Catherine at Blenheim Place, built in 1925 from funds raised by the Westmount Armoury Memorial Association to replace its wartime barracks at the Westmount Athletic Grounds when the regiment fought overseas as the 14th Infantry Battalion.

Open house

The open house takes place on the approach of the regiment's centennial celebrations. The museum will be expanded in phases to include interactive exhibits featuring the regiment's World War I action. This included the first poison gas attacks at Ypres, the slaughters at the Somme and Passchendaele and victories of Vimy and Amiens.

"The risk of not telling the story is in losing an opportunity to celebrate Canadian greatness and to document the standard for future generations," explains the regiment's honorary lieutenant-colonel, Colin Robinson. The retired commanding officer is also chairing the centennial events.

In fact, he adds, the regiment, which was formed from three militia units - two English (from the Grenadier Guards and

RMR, cont'd. from p. 1

board. The regiment did not move in until the end of that year, however.

And, he said last week, the city is in no rush to even consider its use, except for possible shared use of the gym. "The regiment wants to explore ways of staying there."

In fact, the RMR is in the throes of planning to expand and revamp its museum over five years to celebrate its centennial and will be taking more space to do so (see story above).

As for the Hillside armoury and property owned by the department of National Defence and occupied by the 34th Engi-

Victoria Rifles) and one French (the Carabiniers Mont Royal) - was the first in Canada to be deemed officially bilingual.

"From its beginning, by its union of French and English, the RMR helped to promote Canadian esprit de corps; the 'two solitudes' united, fighting and dying side by side for 42 continuous months."

Donated by families

Many of the items have been donated by families of RMR members, explains the museum's curator Ron Zemancik.

Among his favourites are a field message book that belonged to Major William Holliday and a letter to the officer's mother he dictated to a nurse days before he succumbed to injuries from Vimy Ridge. "To me, they're some of our primo pieces."

Another is actually a uniform from Afghanistan that Zemancik obtained from England to reflect the close working relationship the RMR troops had with the British army.

Zemancik is also eager to explain why an RMR uniform jacket from later in World War I has only five buttons compared to the previous seven. "They needed the metal," for equipment. An array of helmets includes a German one brought back from the front by an RMR soldier. One side of the museum is also devoted to military artifacts from World War II and the Korean War.

The medals, flashlights, flare guns, photos and mementoes may also be seen on Tuesday evenings when the museum is open during the weekly drill sessions, 7 to 9 pm. Special requests for tours may also be arranged by calling the RMR at 514.-496.2003 and leaving a message for Zemancik.

As a Scout leader with 40 years experi-

neers, it's long been known the regiment wants to move from the building, which has fallen into disrepair.

> This is the property that some advocates of an indoor city pool suggested several years ago the city purchase for that purpose. But "it's not going to happen," Trent said. "It's extremely expensive to operate an indoor pool. The city would have to do it as a joint venture with, say, the Y."

> In fact, Trent said, he's all for the city exploring the divestiture of some of its property, reiterating an objective stated at the August 5 council meeting in which he called them "a drain on finances" (see August 12, p. 4). He specifically mentioned the train station.



Ron Zemancik, the museum's curator, adjusts an RMR uniform from Afghanistan. To its left is one from World War I. Others shown were worn in World War II.

ence, he says he especially enjoys opening the museum to school classes and is im-

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pressed on how knowledgeable the children are.





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Silberberg, Renaud nominated for lit prizes

Westmounters Alan Silberberg and Anne Renaud have been nominated for literary prizes organized by the Ontario Library Association. Silberberg is nominated for a Silver Birch fiction award for authors targeting readers aged 8 to 12. Renaud has been nominated for Le Prix Peuplier, which covers French books designed to be read aloud. Nominated titles are typically picture books.



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Group warned against trespassing at 175 Metcalfe

A group of eight to 10 young people were found sitting in the former Vanguard school vard at 175 Metcalfe October 19 when public safety officers showed up on a noise complaint at 11:42 pm, Public Security officials said. They were aged about 17 to 20. The group was warned about trespassing on private property and began moving out onto Hillside. They were seen putting closed beer bottles into backpacks and boarding a number 90 bus heading east on St. Catherine.

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Public workers were kept busy November 1 after wind gusts reaching 90 kilometers an hour swept across Westmount, causing havoc to trees and even blowing pumpkins from their stairwell roosts. In one incident, a large ash tree on Clarke Ave. was blown down near the corner of Sherbrooke, knocking out a power line and forcing the closure of Clarke between Sherbrooke and de Maisonneuve. Photo: Robert J. Gabraith.

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Frank, rescued in our neighborhood



Well, I am most pleased to present this charming two-year- old black-and-white shorthair with dreamy blue eyes, aptly named Frank.

He is special to me because he was rescued in our neighborhood and will be a wonderful addition to a Westmount family. He was saved by Elizabeth Currie of Victoria village, who brought him inside in the worst of winter weather. Elizabeth now fosters him for the Cause 4 Paws Feline Rescue, which arranged for all his basic veterinary care and sterilization.

As part of his routine veterinary testing, Frank tested positive for the feline immunodeficiency virus. This does not have a major effect on his health or lifespan, many FIV cats have a long and healthy lives.

He would be best in a home with another FIV cat or on his own. Frank is fearful of dogs, which we often see in cats who had to fend for themselves after being dumped outside.

Frank's story hits home for me: my extra-large black angora cat, Maximus, whom I saved from the Olivier Ave. park in the worst minus 30-degree weather in 2007, was tested for FIV with a positive result when I first brought him to the vet. Nevertheless, he is 11 years old now, has always been strong, healthy, loyal and affectionate.

ACCOUNTING SERVICES • Corporate & Personal tax returns • Representation on your behalf at government tax offices Leonard Klein, CPA, CA 514.499.1949 Like Frank, he was dumped outside and he was wary of dogs. There is hope though, Maximus got over it after a while, he now has a full life with my other cats and my two dobermans!

If you would like more information on handsome Frank, please do not hesitate to call Elizabeth Currie at 514.903.3221. You can also take a look at the Cause 4 Paws Feline Rescue website at www.cause4 pawsrescue.ca, call 514.684.4810 or email them at catwhisperer@sympatico.ca.

Your neighbour, Lysanne



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Social Notes from Westmount and Beyond Veronica Redgrave

At last spring's Table of Hope fundraiser for Share the Warmth, Westmounter **Mila Mulroney** stepped down after 18 years as chair.

Mila made her moving announcement at one of the organization's most out-



Joelle and Bruce Kent.



The party.

standing events, which raised the highest amount ever for the Point St. Charles nonprofit organization.

Mila steps down from Table of Hope

That night, one of the silent auction prizes was a private dinner, cooked on-site at the Mulroney home by celebrity chef **Ricardo**, he of the eponymous TV show and magazine. **Bruce Kent**, portfolio manager for RBC Dominion Securities, attending the fundraising cocktail with his family, bid – and won – this exciting item for \$17,000. Cosponsored by Mila and Brian, the dinner was held at the Mulroneys' home on September 27.

And what a dinner it was.

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Ricardo, Brigitte Coutu

Ricardo, there with his glam wife **Brigitte Coutu**, was his usual smiling, at-ease self. As guests milled about in the large kitchen (full of orchids grown by Mila from year to year), the TV star-chef explained his menu step by step.

Couples stood around the large butcher block and enjoyed *bouchées de coquilles St. Jacques*, and spanakopita with their champagne as they listened to Ricardo. The dinner menu consisted of ravioli de homard (home made as guests watched), served with *crème de chou-fleur* and *foie gras* (served with the perfect wine, Ladoix 1er Cru Les Gréchons, Domaine Chevalier 2011) and veal cheeks (Argaux, Ségla 2005).

Typical of Ricardo's light hearted-yet-delicious approach to cuisine, dessert was fun! It was a gateau S'mores – made with marshmallows and other delicious sugars! (Alvear P.X. Reserva 1998).

Seated around the dining room table, decorated with fall bouquets of pale chartreuse hydrangeas, smiling sunflowers and red berries were co-hosts Brian and Mila Mulroney, chic in couture black and fabulous stilettos; and **Bruce** and **Joëlle Kent**, in a black cocktail suit and leopard blouse; **David** and **Victoria Cape** and **Denyse** and **Robert Walsh**; as well as **Bryan Jones** and **Martha Ross**. The entire bidding price was donated to the Table of Hope. As toasted at this very special dinner, Mila will be sorely missed by that organization.



Mila and Brian Mulroney

Car rolls, wheels not turned

The driver of a parked car that rolled backward into another on Grosvenor October 15 was issued a \$52 ticket for failing to turn its wheel to the curb on a hill, Public Security officials said. The blue Acura ended up against a black Acura entirely blocking access to a driveway at 495. When officers arrived following a complaint at 11:05 am, they discovered the blue car had been incorrectly parked on the hill but could not reach either driver. Police were called and eventually both drivers were contacted. There was no visible damage.

"It shows how important it is when parking on a hill to always apply the hand brake and turn the wheels to the curb as illustrated in our signs," said assistant Public Security director Greg McBain.



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Marathon musings: BMI, categories and me



Enjoying the coverage of the Montreal marathon last month, I thought back to the last time I gave one a whirl.

Standing in the finish chute, having run a Fairly Respectable Time (at least by my debased standards) I noticed with an odd mixture of pride and dismay that I seemed to be the chunkiest gal around. Everyone else looked unmistakably like – for lack of a better word – *runners*. Namely, they appeared to be hungry. And judging by their scrawny body habitus, this probably wasn't the first time.

And that's when it hit me; a worldchanging epiphany borne of hypoxia and dehydration. Forget age divisions, we should be stratifying and glorifying based on body mass index (BMI).

Finally, running would recognize what horse racing has long appreciated: the handicap conferred by heft. Consider the Herculean strength required to launch excess bulk and actually become airborne – if however briefly – with each step. Now further ponder the heroic effort to overcome the antagonistic wave forms created by beefy, redundant flesh.

Yes, BMI categories. The consummate method to recognize the true athletes among us!

New era

This promised to be the dawn of a new era, with poundage celebrated and gluttony rewarded. Hard-core competitors would be challenged to park on sofas all weekend, scarfing beer and chips, while only the weak might sneak out for a run. After all, why risk burning off all those hard-earned calories?

I admit that this was not first time I had contemplated the notion of alternate performance classes. Five months after the birth of my youngest child, likely suffering from either acute post-partum psychosis or else chronic LOBJ (Lack of Better Judgment), I was bamboozled by a so-called friend into running the Toronto marathon.

On that fateful day, I cursed and heaved my way to the finish, desperately scanning

for a baby on the sideline. (I cared not a whit whether it was mine or not). By way of consolation for my dreadful time, I considered that I might well have placed strongly had only there been a "35-and-over-Nursing-Mother" category.

Previous races had provided fodder for yet more exotic fields. In one memorable New York City marathon during my college years, I was inspired by numerous participants who breezed past me (and, regrettably, remained ahead for the balance of the 26-mile race). These included, but were not limited to:

- A runner, dressed as waiter, carrying a large cake on a platter above his head,
- Three women, tied together, running backwards,
- A man juggling *four* balls,
- An elderly, female little person. (In my hallucinatory state, I concede that it may well have been a lovely silver-gray husky pup.)

Imagine how brilliantly each would have ranked in their own category!

And thus was borne the seed of my Utopian, ego-boosting philosophy. Not just in the realm of sport, but for all aspects of life: contrive a narrow enough category, and we can all be champions.

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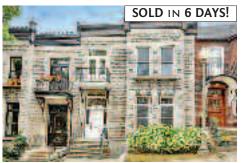
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Westmount, 9-11 Parkman Place Great revenue property! Rarely available, this 7-8 room duplex offers a highly desirable location, garage, many recent major improvements **\$1,065,000**



Westmount, 757 Upper Lansdowne Ave. This 1919 English countryside style cottage just oozes charm! Beautifully renovated + dramatically enlarged. Prime Upper Wsmt location! **\$1,550,000**



Westmount, 451 Strathcona Ave. #1 on everyone's wish list! THE most desirable family oriented street. 5 bdr, 3 baths, A/C, garage, + parking for 2. **\$1,450,000**



Verdun, 3995 Rue Bannantyne, apt. 311 Stunning 2 storey 1,180 sf 2 bdr, 1½ bath condo. New 2012 construction with elevator. Fabulous kitchen + baths. Balcony. 2 garages. **\$478,000**

RE/MAX du Cartier Westmount Inc. Real Estate Agency/Independently owned & operated

#4 in Quebec for Re/Max 2012* #7 in Quebec for Re/Max 2013**

ANOTHER JUST LISTED!



Westmount, 200 Lansdowne Ave., #407 1,900 sq.ft. impeccable 3 bedroom, 2½ bathroom corner unit condo in a well managed, tranquil building. 2 garages! **\$849,000**



Westmount, 4006 Montrose Ave. A rare combination of some of the most desirable features + location! Huge master suite, ground floor family room, central A/C, + VIEWS! \$1,498,000



Westmount, 3238 The Boulevard Spectacular! 1913 "Percy Nobbs" renov. 5 bdr + den home. A/C, Marvin windows. Stunning architectural details. Great value! **\$1,565,000**



Plateau, 333 Sherbrooke E., 607 M1 Super sleek + elegant 900 sf, 1 bdr executive condo. Peaceful courtyard/mountain views. Garage. A/C. \$449,000

*"Individual" broker for Re/Max **"Individual" broker for Re/Max Quebec cummulative Jan-Sept 2013. Source: Re/Max Quebec

✓ RESPECTED
 ✓ RECOMMENDED
 ✓ RESULTS



Westmount, 663 Murray Hill Ave. The PERFECT executive rental! Fully renovated 4+1 bedroom DETACHED cottage. A/C, garage + parking for 2. **\$5,750 mo.**



Westmount, 636 Belmont Ave. Impeccably renovated Arts + Crafts period home on desirable Belmont Ave. Superbly decorated by renown designer Julie Charbonneau. A/C. **\$1,595,000**



Westmount, 671 Grosvenor Ave. EXCEPTIONAL value + beauty! 3 storey "John Hand" home. Gorgeous mahogany woodwork + floors. 5 bdr, 2 dens, 3½ baths, 2 garage, A/C. **\$1,385,000**



Atwater Market,2645 Rufus-Rockhead, C-202 Exquisite 1,400 sf 2 storey condo renovated in 2012 with the BEST of everything! 2 bdr, 2½ baths, A/C, 2 car garage. **\$639,000**