

City may narrow the field this week

Phase 1: Six consortia vie for arena/pool project

By LAUREEN SWEENEY

Six consortia assembled by well-known construction companies answered an initial tender call from the city to qualify as potential builders of the arena/pool complex.

The submissions were opened publicly at noon October 14 by city clerk Mario Gerbeau ending speculation over how

many contractors, and which, might express interest in the design-build approach, which blends final design completion with execution at a fixed price.

The six consortia are led by the following construction firms: Decarel, Giffels, Magil, Opron, Pomerleau and SNC-Lavalin.

“We’re pleased we got a response from six reputable companies,” said city director general Duncan, who chaired the opening of submissions.

Interestingly, both Giffels and Decarel are based

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French toast Sunday at Running Room



Westmounters Alice Schwarcz and Paul Polidoro were ready for a hearty breakfast of French toast with maple syrup and coffee prepared by caterer Bernie Cornell the morning of Sunday, October 16, at the Running Room on Sherbrooke St.. They had just returned from a free practice run sponsored by the store. In addition to runners, many who took the practice walk also enjoyed the breakfast at the store.

Photo: Martin C. Barry

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Wondering what type of tablet to buy for eBooks?

Library to hold eReader ‘petting zoo’ on Oct. 30

By LAUREEN SWEENEY

In the lead-up to the pending launch of e-books at the Westmount Public Library, residents will have an opportunity to try out various types of tablets at a special hands-on event October 20 aptly called the eReader “petting zoo.”

Library staff will have different models on display from 1:30 to 3:30 pm for people to touch, feel, try and learn to operate, said Laura Baiocco, online services and archives librarian.

The event, which takes place during Public Library Week (October 15 to 22), is planned, she said, in response to a frequent question being asked: “What kind of eReader should I buy?”

The answer for those planning to use the library’s service is simple: anything except the Kindle, on which Overdrive, the library’s eBook supplier, does not run.

The Overdrive service was chosen by the library as offering an eBook collection it considers to be best suited to a public library by providing a wide range of best-sellers, novels and Canadian content beyond the customary academic material (see July 12, p. 7).

The new service is expected to be introduced immanently, explained library director Julie-Anne Cardella. It is now in the last phase of technical testing, and the library is prepared to launch it just as soon as the “okay” is received, she said.

See photo, p. 8.

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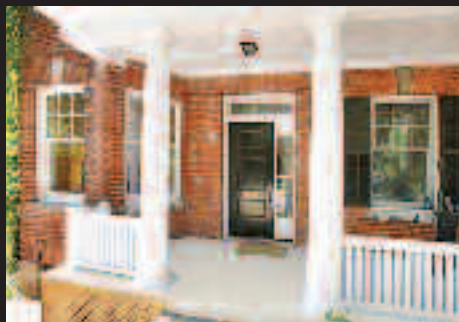
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Smart Living Day to spotlight high-tech safety

By LAUREEN SWEENEY

A new rendition of Smart Living Day is reaching into high-tech areas to provide Westmounters with up-to-date information from professionals in some 20 different fields.

High on the agenda are internet and smart phone safety, the do's and don'ts of online and telephone banking, how to avoid fraudsters taking possession of your property and even how to transition to downsized living or recycle effectively.

Taking place Saturday, November 5 at Victoria Hall from 11 am to 3 pm, the program features interactive displays and information from police, Public Security and

specialists in many fields that include banking, computers, healthcare, nutrition, home maintenance, energy savings, after-school programs and even dog training.

"It's a way to help people think differently and live smarter, just as Apple founder Steve Jobs did," said Tom Thompson.

As chair of the Healthy City Project's Community Life committee organizing the event, he said it was the 20th anniversary that inspired the event this year along with "the enthusiasm" of Joanne Wallace, a new member, who is chairing the event.

Parents of young families will be able to speak with trauma specialists from the Montreal

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Discussing plans for Smart Living Day, November 5, are from left: Councillor Theodora Samiotis (chair of the Healthy City Project steering committee), Joanne Wallace (event chair), Tom Thompson (Community Life committee chair) and Councillor Nicole Forbes (chair of the city's Community Events Advisory Committee).

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The images are artistic renderings and final results may vary.



Submissions from consortiums interested in bidding on the arena/pool project are lined up during the tender opening process October 14. Officiating were city clerk Mario Gerbeau, left, and city director general Duncan Campbell.

Teams to be evaluated

.....
continued from p. 1

in Westmount on St. Catherine St., while Pomerleau undertook the extension and restoration of the Westmount Public Library, completed in 1995.

Some of the members included in the various consortia are CIMA+, the engineering firm that worked on structural and electrical components in the initial Lemay design proposal, and architect Brian Burrows of Groupe Architex, who has worked on previous city projects. He has teamed up with NORR architects.

The consortia will be evaluated according to experience, insurability and other qualifying criteria, as provided in the documentation presented, with successful

candidates expected to be selected by the end of this week. Those obtaining the grade of 75 or more will qualify for the second step, the opportunity to work up design and building plans within the construction budget of some \$30 million, the largest part of the project's \$37-million price tag.

Martin: 'encouraging to see such a wide interest'

Councillor Patrick Martin, project chair, who attended the tender opening, said "it was encouraging to see such a wide interest by firms well known for their national and international experience in this field."

Consortium submissions for the Westmount Recreation Centre, Oct. 14

Contractor consortium	Opron Construction inc.	4501659 Canada inc. (Groupe MC) Magil	Giffels construction ltée	Les services SNC-Lavalin ltée	Le groupe Decarel inc.	Pomerleau inc.
Architecture	PRAA/ACDF architectes	Tremblay L'Écuyer (TLA)	NORR Limited/Le groupe Architex	Rubin & Rotman associés/Architect Design inc.	MSDL/Brière Gilbert associés	Marosi Troy/Martin Marcotte Beinhacker
Structural engineering	Dessau inc.	DPHV	Pasquin St-Jean	SNC-Lavalin inc.	SDK	Cima+
Civil engineering	Dessau inc.	Les consultants S-M inc.	Pasquin St-Jean	SNC-Lavalin inc.	Marchand Houle	Cima+
Mechanical engineering	Dessau inc.	Les consultants S-M inc.	exp	SNC-Lavalin inc.	Pageau Morel/Therméca	LBHA
Electrical engineering	Dessau inc.	Les consultants S-M inc.	exp	SNC-Lavalin inc.	Pageau Morel/Therméca	LBHA
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LETTER TO THE EDITOR

WHY THE 'ALTERNATE' ARENA PLAN WON'T WORK

I have reviewed the proposed "alternative plan" for the Westmount Recreation Centre, involving the Bethune yard. I am amazed that such a plan could be placed before fellow citizens with such little foresight. It appears that:

- Public Works needs every square foot of that space for their operations;
- There would be additional annual operating costs and energy inefficiencies due to splitting the facilities over two sites;
- There is only a small tunnel at Bethune to access the site, shared with heavy vehicles, and restricted to one direction at a time;
- There is no truly safe pedestrian access;
- Enlarging the tunnel would cost millions. It would also require Canadian Pacific railway's approval.
- Enlarging the tunnel would involve temporarily relocating the railway, thus blocking all access to the Public Works yards for a year;
- The overall concept could cost about \$70 million;
- Several Public Works buildings would have to be demolished and rebuilt;
- There are underground fuel reservoirs in that area;
- The soil may be contaminated;

- The railway and the highway authorities have servitudes over some of the space;
- Some of the land there may be lost when the Turcot is rebuilt;
- The parking lot shown in the plan is privately owned. It is not available to the city in the daytime during weekdays.

It appears to me that council has considered all the conceivable options. There is no doubt that the ideal location for the sports facilities is in the current location. It increases the size of the park and allows for the construction of an indoor pool (if desired by residents in the future). Council has come up with a plan and a loan by-law that were overwhelmingly accepted by its citizens.

I do not remember any occasion where the two senior governments have provided a \$20-million grant for such a facility. We should have no shame in accepting it, given the substantial income and other taxes paid by Westmount taxpayers.

There was and is no point in submitting unworkable alternatives. Let us all get on with it, contain the \$37-million capital cost by supervising the project well and, hopefully become proud users of the multi-purpose facility.

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Councillor Samiotis presents update report

Sustainability becomes part of city's everyday work

BY LAUREEN SWEENEY

Councillor Theodora Samiotis presented an update report October 3 on the city's efforts to integrate sustainability practices into the everyday work habits of each department.

Enumerating advances made so far this year, she said that each department had contributed to the overall performance in sustainability, some based on the "10 for 2010" goals adopted by council last year.

In most cases, the use of electronic systems for reports, messaging and billing is now the norm as is double-sided photocopying when paper is required, she said. A variety of other initiatives were also reported.

At the library, for instance, a water filter was installed in the kitchen to reduce bottled water use by staff. Meanwhile, Sports and Recreation is moving to eliminate the use of bottled water at events. It is also donating leftover food from events to shelters and sending used team jerseys to countries in need.

Included in the 2011 highlights was the purchase and use by Hydro Westmount of a crusher for fluorescent tubes to ensure the safe disposal of mercury gas.

At Public Security, employees were being encouraged to use active transit and carpool, which several living on the West

Island are reported to be doing. There is also increased use of foot and bike patrols. The unit plans to change the colour of patrol vehicles, which is expected to result in a total savings of some \$3,000 each at times of purchase and trade-in.

A new rain-barrel subsidy program was one of the new initiatives introduced by Public Works as part of a long list of ongoing programs such as the hiring of two summer students to form the Green Patrol and the use of sustainable practices in major work projects.

Urban Planning initiatives include new legislation to include the encouraged use of sustainable building materials and methods. A public workshop on sustainable renovation also was held.

Men stopped photographing in park

When Public Security received a report October 8 of men photographing children in the playground at Westmount Park from behind bushes, officers found three walking away while one remained. The man denied taking pictures of children and showed officers his camera that seemed to contain no memory card. This would render it non-functional. He was asked to go elsewhere.

"It's a tough situation," explained assistant director Greg McBain. "There's nothing saying you can't take pictures in the park. And you could be shooting foliage or squirrels."

Correction

In the latest "Bought & Sold" column (October 11, p. 18), Patricia Trapnell should have been listed as the buyer for the property at 426 Lansdowne.

In NDG, Hampstead & Côte St. Luc last issue:

- NDG: New Hope eyes the old Benny Library
- CSL supporting Royal Vale move to Wagar
- Hampstead: Kids welcome Scherzer, who scored in Hollywood

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Police Beat

Suspect makes break-in his bread and butter

BY DAVID GOLDBERG

A suspect with a taste for baked goods broke into Le Fournil bakery overnight on October 5.

Police say the suspect's actions were caught on video as he approached the store, located at 364 Victoria, through the back alley. The suspect used an object, possibly a knife, to force open the back door.

"Once inside, the suspect stole a piece of cake and some butter," said Constable Guylaine Julien. "He sat down and ate the cake, then stole a small amount of money before leaving."

Apparently still hungry, the suspect returned five minutes later, this time stealing two loaves of bread and a set of keys.

He is described as a white male, 40, 5'9" and 180 lbs. He wore blue jeans, a black coat with a red collar, a grey cap and white running shoes.

Double duplex break-ins

Two duplexes were broken into over the past two weeks, and in both cases, the homes' residents made things a little easier for the suspects.

On September 29, between 9:30 am and 2 pm, someone broke into an upper duplex on Dorchester. The suspect removed the screen from a back window and unlocked the door with a key that was left inside the indoor lock.

"The suspect searched the office and master bedroom, taking two pearl necklaces, a gold ring with a sapphire and US dollars and some Euros," said Julien.

The second break-in happened on October 2 between 10 am and 6 pm on St. Antoine. The suspect entered through an unlocked window and looked through the master bedroom.

"In this case, the suspect stole a red MSI laptop and a black Toshiba laptop," said Julien, who offered the following advice. "Never leave your doors or windows open or unlocked when you're not at home, or leave keys in the locks inside your house."

Dog owner gets an unwanted cocktail

A suspect who said a barking dog scared him used his cocktail as a weapon, and ended up getting arrested.

A 48-year-old Westmounter was walking his dog at the Summit Circle lookout

at 8 pm on October 10. He passed by the suspect, who was talking on his cell phone.

"When they passed, the dog started barking, and the suspect threw a plastic cup filled with an alcoholic beverage in the victim's face," said Julien. "The victim told us he believes the cup contained rum and Coke."

The victim returned home and called the police, giving them a description of the suspect. About a half hour later, Station 12 police apprehended the suspect near the lookout.

Arrested was a 19-year-old NDG man. He has been charged with assault and breaking conditions of the court (no consumption of alcohol).

Papa Pimentel

If you're wondering why Constable Adalbert Pimentel wasn't in this week's column, he had a pretty good excuse.

Pimentel and his wife Karine welcomed their second child into the world. Eva, weighing an even six pounds, was born on October 11 at 3:10 pm. She joins older brother Tristan, 2, in the Pimentel clan.

"We're very happy and grateful that everything went so well," said Pimentel.

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Guess the Giller winner Library Week ends with breakfast event

The Westmount Public Library will wind up Public Library Week celebrations with the “Guess the Giller Breakfast” at 10:30 am this Saturday, October 22.

Library staff, along with CBC broadcaster Shelley Pomerance, will discuss the six Canadian books shortlisted for this year’s Giller Prize, whose recipient is to be named November 8. To reserve for the breakfast, call the library at 514.989.5299.

Those who enter the library contest to guess the Giller winner will be eligible for weekly draws to win shortlisted books, Kobo eReaders and gift cards to Chapters-Indigo. And those who come up with the winner will be entered into a draw to win the grand prize, which includes an evening of food, friends and conversation with the winning author.

This year’s finalists are:

David Bezmozgis for *The Free World*
 Lynn Coady for *The Antagonist*
 Patrick deWitt for *The Sisters Brothers*
 Esi Edugyan for *Half-blood Blues*
 Zsuzsi Gartner for *Better Living Through Plastic Explosives*
 Michael Ondaatje for *The Cat’s Table*.

Sampling eReaders



Elizabeth Cameron, left, a member of the Friends of the Library, gets a lesson in eReaders from librarian Laura Baiocco before the hands-on event October 20. See story, p. 1.

Photo: Laureen Sweeney

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Pound new sponsor of QWF literary award



The Quebec Writers’ Federation (QWF) recently announced two new sponsors of its annual literary awards.

Arlington Ave. resident Richard Pound is the new sponsor of the AM Klein Prize for Poetry, which he is giving in memory of his brother Robert.

Pound, a partner in the law firm Stikeman Elliott, was the former president of the World Anti-Doping Agency, former chancellor of McGill University, former vice president of the International Olympic Committee, competed in the 1960 summer Olympics as a swimmer and has authored several books.

Concordia University is the new sponsor of the First Book Prize. The other categories are translation, fiction, children’s and young adult literature, and non-fiction.

The QWF hands out its literary awards at an annual ceremony to honour excellence in English writing published by Quebec authors in the past year.

This year’s gala is scheduled to take place on Tuesday, November 22 at the Lion d’Or (1676 Ontario E.), hosted by author and word-sound systemizer, Kaie Kellogg. Tickets cost \$15 for general admission and ill be available for purchase at several bookstores, including Westmount’s Babar en ville (1235 Greene Ave.) and at the QWF office (1200 Atwater Ave., suite 3).

Missing dog

Public safety officers tried without success to catch a dog running loose around Clarke and Anwoth October 9. Described as very nervous, it eventually disappeared into a back yard on Mountain.

The dog matched the description of one called “Belle,” whose owner had posted a sign on a pole at the Westmount Athletic Grounds. “We were never able to catch it,” said assistant Public Security director Greg McBain. The owner was notified but it was not known if she was reunited with the dog she had described as tiny and anxious.

Rotary vs. polio



Mayor Peter Trent and Allan Aitken each show a "this close" hand gesture in front of a photograph of the late Sally Aitken. The words on the poster "We are this close to ending polio" was a fact not lost on Aitken, whose wife Sally lived with the consequences of the disease for most of her life.

By RALPH THOMPSON

The Rotary Club of Westmount is making a big effort over the next two weeks to support the Rotary International (RI) drive to finally eliminate one of the most dreaded diseases of the 20th century, poliomyelitis, better known as polio.

In response to the US\$355-million challenge grant from the Bill and Melinda Gates Foundation, Rotary clubs worldwide will contribute their own US\$200 million over three years, with the aim to raise US\$555 million for the eradication of polio.

Members of the Rotary Club of Westmount plan to have tables on the corner of Greene and de Maisonneuve, and Victoria and Sherbrooke on Saturday, October 22 and Sunday, October 23. Promotional material, information on the eradication of polio, End Polio Now pins and the Rotary 2012 calendar will be available, with pro-

ceeds going to the End Polio Now campaign.

Members are also arranging visits to local schools in cooperation with Association Polio Québec to raise awareness amongst children.

During the Rotary lunchtime meeting on Wednesday, October 19, Dr. Richard Lalonde, chief of infectious diseases at the McGill University Health Centre will talk about polio, and representatives of Polio Québec will be present to answer questions.

Copies of the book *Walking Fingers*, edited by the late Sally Aitken, Helen D'Orazio and Stewart Valin, will be available during the meeting, which is open to the public.

For an interesting timeline on polio, see the short slideshow at the Rotary.org website.

Ralph Thompson is president of the Rotary Club of Westmount

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Haunted house at lawnbowling club to be a Monster Mash

Halloween safety tips shown in colouring book

By LAUREEN SWEENEY

With Halloween less than two weeks away, students at seven Westmount elementary schools are being urged by Public Security and police this week and next to plan their costumes and trick-or-treating activities carefully.

“We’re telling them to avoid wearing masks, but if they do wear masks to be sure the eye holes are large enough,” said Public Security Sgt. Stephen Payne. “They should also have light-coloured costumes and ones they won’t trip over.”

To help drive the message home, public safety officers will distribute colouring books that also contain safety tips geared to both kids and parents when the officers visit kindergarten to grade 4 classes at The Study, Roslyn, St. George’s, Selwyn House and Westmount Park.

They will also invite children to the city’s haunted house on October 31 from 5 to 8 pm. This year, the attraction will take on the theme of “Monster Mash” at the lawn bowling clubhouse, adjacent to city

hall.

Police community relations officer Guylaine Julien said police will visit grades 3 and 4, also at Westmount Park, as well as St. Marcelline and St. Léon schools, and will emphasize the importance of not eating candies until getting home and having someone check them out.

Police handing out flashing lights

To help reinforce street safety, police will give grade 3 students flashing lights to be worn around the neck “to be sure they are well seen in the street.”

All residents planning to welcome trick-or-treaters at the door are reminded to turn on front porch and stair lights and avoid the use of open flames, lighted pumpkins or other decorations where they can obstruct safe passage.

Public Security has ordered reflective pumpkin stickers that can be put on costumes while police said they should know this week whether or not they would have a supply of reflective tape or other costume markings available.

Public Security: Beware of swords and other accessories

With this year’s proliferation of costumes that include numerous types of swords and wands, parents planning or buying outfits are being asked to pay special attention to these potentially harmful accoutrements.

“Swords should be made of bendable plastic in case a child falls,” said Public Security’s Stephen Payne. Swords can even be homemade from cardboard. Children should also be instructed not to use a sword to play fight with other trick-or-treaters.

Hit-and-run remains under investigation

A hit-and-run incident involving several vehicles on Sherbrooke near Metcalfe September 30 remains under investigation, police said October 14. The truck, which hit cars parked eastbound shortly before 2 pm, bore Ontario licence plates belonging to a company in Scarborough but it was not known who was driving, said community relations officer Guylaine Julien.

Damaged itself, the GMC truck was left at the scene while the driver escaped in a vehicle driven by another person along with at least two dogs and several puppies. The truck was taken to the police investigation centre.

Originally reported to have hit six cars, police said that four between Melville and Metcalfe were found to have sustained either light or heavy damage (see October 11, p. 23). They belonged to residents of Hampstead, Montreal, Pierrefonds and Vermont.

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Arena Q&A

How will the arena/pool affect water flows?

Councillor Patrick Martin, the chair of the arena/pool project committee, has invited Westmounters to write him with questions and comments about the project and plan. You can contact him with further questions at pmartin@westmount.org. Your questions and his answers will appear in subsequent issues of the *Independent*, space permitting. Please indicate whether you want your name published or not.

For reasons of space, Councillor Martin has paraphrased the questions.

Questions: As Lansdowne residents, we feel there is an important issue of water flow underground that needs to be addressed: water back-up during a recent storm in several areas along the underground stream, urgent sewer work on St. Catherine, damage to homes on Lansdowne due to water pressure causing cracks. What will be the impact on the flow of underground water with two underground hockey rinks embedded in the path of these waterways? Have there been adequate engineering studies? Could the results be published?

– Georgina Smith, Lansdowne Ave.

Our building on St. Catherine has had a few floods due to heavy rain. Will the water flow in the ground be altered and concentrated into a smaller area on each side of the rinks, and could it impact build-

ings to the east, west and south? Can I please get a copy of the geotechnical studies?

– Resident, St. Catherine St.

Answer: Given some of the water and sewerage problems in the area recently, it is understandable that residents may be concerned that construction of the Westmount Recreation Centre (WRC) might exacerbate the problems. However, the opposite is true; construction of the WRC actually will help improve local drainage.

- *Drinking water:* many of the pipes in the area are 100 years old or more. Construction work undertaken by the city of Montreal caused a temporary increase in pressure that led to problems for certain Westmount residents whose homes are not equipped with pressure control valves. There is no doubt that city water pipes will need to be rebuilt or relined over the coming years, and such work in this area is starting next week with the construction of a new eight-inch line serving Academy Rd. and Park Place, increasing volume and improving safety for apartments with sprinkler systems.

- *Groundwater:* the water table is at least 45 feet below the surface, so there is absolutely no effect caused by the WRC construction, which will require only a 35-foot excavation. So for example, if you wanted to dig a well there, it would need to be at least 45 feet deep before you could capture

any significant amount of water.

- *Underground streams at the WRC:* this is an urban myth; none have been found and none are expected. Residents recall that old streams once flowed through the ravines in this area. But those were not underground streams – it was surface water coming down the mountain (mixed with sewage in the early days, I'm sure). Those ravines were all filled in 100 years ago. And the water that once fed the streams from the mountain has long ago been channelled into sewers. Any remaining underground water would normally find its level at the water table, 45 feet down.

- *Sewers:* the sewer system near the WRC is about 10 to 20 feet below the surface. Only one sewer (built in 1911) will be affected by the project, and work should begin next week to rebuild it and provide a new sewer of higher capacity for Academy Rd. and Park Place. Other old sewers in the area may also require relining or reconstruction, but that work is unrelated to the WRC.

- *Surface water:* rainwater currently falling on the 25,000 square foot roof of the old arena generates a surge of water into the sewer system after a heavy rain.

The grassy surface atop the new WRC will act as natural water-retention for rainwater, such that it is released slowly toward the sewers. There should be a general improvement to drainage in the area as a result of construction of the WRC. It will decrease the amount of water in the nearby sewers, thus increasing the ability of the sewer system to drain Lansdowne and St. Catherine.

- *French drains:* there will be French drains around the building to capture any undesirable water that might accumulate against the walls, and send it away from the building, in some cases to the sewer. There will not be an increase in the amount of such water compared to the present; in fact, it will decrease, due to the above-mentioned water retention effect of the additional acre of green land.

As for the geotechnical studies, several were undertaken during 2008, 2009, and 2010. The 300 pages of studies have been available to the public on the Westmount website for about a year. The information can be found at http://www.westmount.org/sections.cfm?Section_ID=24.

– PM

Anti-fighting by-law allows for optional ticketing

BY LAUREEN SWEENEY

City council's adoption October 3 of a by-law prohibiting fights in public places went with little comment.

It raised questions, however, among some observers as to why police had requested such a law to be enacted island-wide when physical fighting and assault are already against the law.

The reason, explains local police commander Stéphane Plourde, is that the new law specifically calls for fines that can be issued in lieu of criminal procedures in the same manner in which graffiti enforcement can be carried out.

"It's an extra tool," he explained. "Most of the time when we are called to break up a fight, no one involved wants to lay charges, so we just have to walk away."

Now, offenders will pay – literally with police having the ticket option.

The by-law explicitly prohibits participating in a fight "or any other act of physical violence" on public property and/or on an outdoor field adjacent to public property. Public property means areas such as streets, lanes, parks, bike paths and rights of way beyond a thoroughfare (up to the line of bordering properties).

According to the by-law, the fine for a first offence is at least \$500 but not exceeding \$1,000. Second and subsequent offences call for fines between \$1,000 and \$2,000, and from \$2,000 to \$3,000 respectively.

The same by-law is being adopted by Montreal and all the island's demerged suburbs.

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Wanted: 16 to 18 year-olds for youth exchange with Nicaragua

The search is on for four participants between 16 and 18 to participate in a cultural exchange program organized by the Westmount YMCA and the YMCA of Nicaragua.

The youth exchange program takes place from October 2011 to July 2012.

Selected participants will attend two-hour weekly meetings on Thursday evenings to discuss, research and prepare for activities relating to Quebec and Nicaraguan cultures. Bi-weekly Spanish lessons will be provided.

Four Nicaraguan youth and a youth leader will be visiting Montreal for two weeks in January, and Quebec participants will visit Nicaraguan communities for two weeks at the end of June.

For more information, contact the Westmount Y's Megan Ropeleski at 514.931.6770, ext. 224.

See story on the program in its previous form ("Westmount Y hosts Nicaraguan teens," January 12, 2010, p. 11).

WEDNESDAY, OCTOBER 19

Discover Iceland with **David Franklin**, honorary consul of the island nation, 2 pm in the Westmount Room of the Westmount Public Library., Register: 514.989.5299.

THURSDAY, OCTOBER 20

• **Frederick Tees** will talk about his memories of playing sports at various athletic fields in Westmount while attending school at Selwyn House and Westmount High School, from 7 to 9 pm at the Westmount Public Library. Cost: free for Westmount Historical Association members; \$5 for non-members at door. Info: 514.989.5510.

• **Philip Johnston** gives a talk on "William Henry Drummond – One Hundred Years On," with recitations from his poems, 12:30 pm at the Atwater Library. Free. Info: www.atwaterlibrary.ca.

SATURDAY, OCTOBER 22

• "Guess the Giller" breakfast, 10:30 am, with Westmount Public Library staff, who will discuss the five Canadian novels shortlisted by the Giller. Register: the adult circulation desk or call 514.989.5299.

• **Swing Ballroom Blitz Big Band** at Victo-

Comin' Up

ria Hall. Doors open at 7 pm for people to participate in learning various dance styles with instructors. Band begins to play at 8 pm. Cost: \$20 in advance or if wearing Big Band era attire; or \$25 at the door. Info: 514.989.5226.

• **Parents' and kids' (18 months to four years) yoga** at Centre Greene (1090 Greene Ave.), from 9 to 10 am. Cost: \$10 drop-in or \$80/10 weeks. Info: 514.931.6202.

• **Animated musical activities** at Centre Greene: from 9 to 10 am for kids aged over 3 years; from 10 to 11 am for parents and children aged 6 months to 4 years. Cost: \$5 drop-in. Info: 514.931.6202.

SUNDAY, OCTOBER 23

"The ABCs of palliative care," with Sue Britton, from 1 to 3 pm at the Unitarian Church of Montreal (5035 de Maisonneuve Blvd.). Sponsored by the Council on Palliative Care. Free. Info: 514.499.0345 or fmpa202@aol.com.

• Canadian Friends of Peace Now and Temple Emanu-El-Beth Sholom present **Between Two Worlds**, 7 to 9 pm, with moderator Stephen Scheinberg. Info: Rabbi Julia Appel at 514.937.3575, ext. 212 or rabbiappel@templemontreal.ca.

• Westmount's **Lynx Lacrosse team** competes in season's last game against Richelieu at the Kahnawake Sports Complexe (route 132, Kahnawake, J0L 1B0) at 12 noon. Info: Oliver Sugden, team manager, 514.969.5927 or HTOsports.com/LYNX.

• "Sacred Music Concert," 3:30 pm at **Ascension of Our Lord Church**. Special tribute to David Szanto with a selection of renaissance, baroque and romantic music. Donations. All welcome.

MONDAY, OCTOBER 24

The Montreal Branch of the Royal Commonwealth Society host an illustrated talk by Edwina and Joe Mattinson on "Cycling through India," 7 pm in the Westmount

Room of the Westmount Public Library. Coffee and Cookies will be served. Info: 514.935.1674.

WEDNESDAY, OCTOBER 26

The **University Women's Club of Montreal** honours Elizabeth Monk with a panel discussion on "Women in the Law in Québec," moderated by Anne Marie Trahan at the Atwater Club (3505 Atwater Ave.). Dinner at 6 pm. Newcomers welcome. Cost: \$30.76, Reserve: Carly 514.288.9765, or Margaret 514.932.3922.

FRIDAY, OCTOBER 28

Far From The Madding Crowd, 7 pm at Victoria Hall. A theatre adaptation of the Thomas Hardy's novel by Persephone Productions. Also, Saturday, October 29 at 7 pm and Sunday, October 30 at 1:30 pm. Cost: \$25, and \$14 for students. Tickets available at Victoria Hall.

• **Open house at the Argyle Institute**, 4150, St. Catherine St., suite 328, at 12 pm for speakers, including keynote Professor Angela Burlton, and awards; 12:30 pm for lunch reception. Register: Edna Mendelson at emendelson@argyleinstitute.org.

SATURDAY, OCTOBER 29

Ian Rankin, crime and mystery author of *The Impossible Dead* speaks at 2 pm at Victoria Hall. Cost: \$5, or \$3 for students or seniors. Info: 514.845.5811.

SUNDAY, OCTOBER 30

Marianopolis College hosts its open house noon to 4 pm at 4873 Westmount Ave. Free parking on campus. Info: www.marianopolis.edu.

MONDAY, OCTOBER 31

Halloween haunted house: "Westmount Monster Mash," 5 to 8 pm at the Lawn Bowling Clubhouse.

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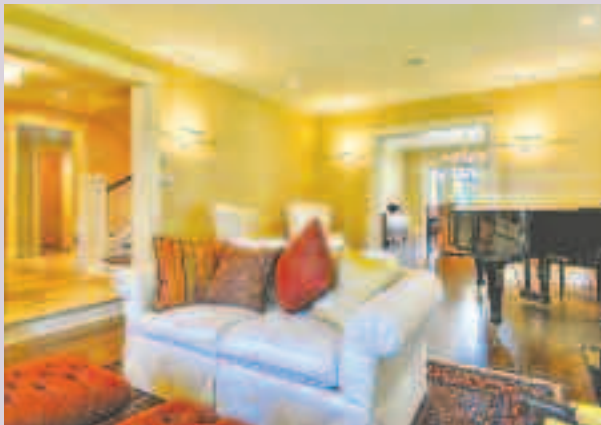
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Visual Arts Centre
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The Visual Arts Centre has decided to celebrate its 65th anniversary next month with a "square foot" fundraising event.

During "Square Affair," which runs from Tuesday, November 22 to Saturday, November 26, the centre's McClure Gallery will be filled with works created by artists, students, teachers, staff and friends on wood panels measuring a square foot.

Participants will receive a free square panel from Avenue des Arts, an art supply store at 328A Victoria Ave. A \$25-ticket gala evening is also being held on Wednesday, November 23 at 6 pm.

– MCB

Ever been told to 'stand up straight'?



Nine-year-old Westmounter Jane Platt had her posture evaluated by chiropractor Dr. Andrew Kerklaan during Children's Posture Awareness Day held at the Westmount Y on October 13. According to Dr. Steve Tucker, Kerklaan's associate at Greene Avenue Complementary Health Center, children, whose spines are developing, typically carry too much weight in their backpacks these days, which can lead to back problems in later years. During the two-hour event, they saw kids who were carrying up to twice as much as what they regard as safe.

Photo: Martin C. Barry



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548 Lansdowne Av., Westmount: Lovely home features: beautiful original oak woodwork. Cross hall plan, eat-in kitchen, 3 spacious bedrooms, unfinished high + dry basement, parking apron... A-1 location steps to parks, YMCA, Victoria Hall... new family wanted! **\$889,000**

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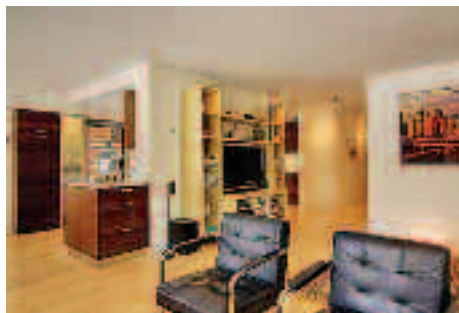
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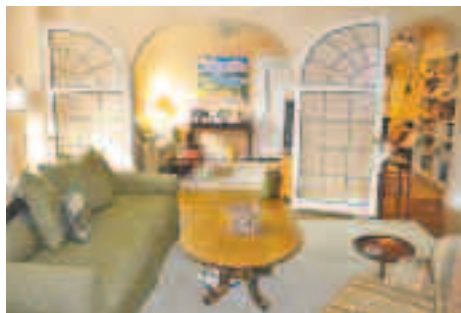
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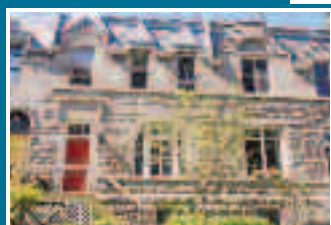


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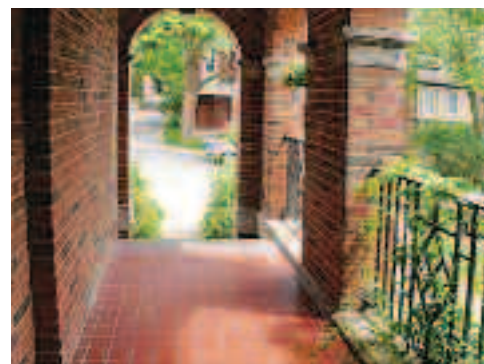
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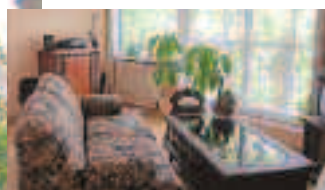
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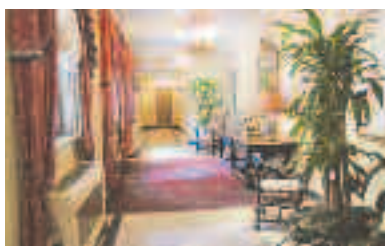


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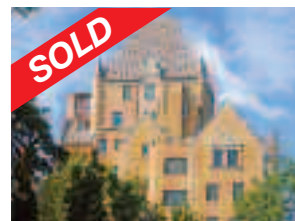


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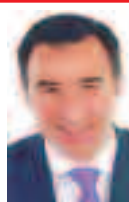
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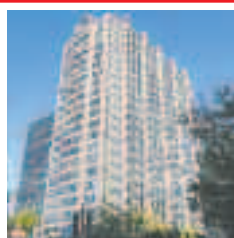
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Pedestrians urged to wait for walking signals

By LAUREEN SWEENEY

While pedestrian lights have been in place at some intersections in Westmount for more than 40 years, police expressed amazement last week at how many people defer to the red and green traffic lights instead.

“We’re standing right there at the cor-

ner, and people are still crossing when they aren’t supposed to,” said Sgt. Marie-Claude Dandenault.

“Chatting up” pedestrian safety with many passers-by October 12 at the intersection of Sherbrooke and Arlington, Dandenault, along with constables Julie Côté and Karim Filali, was pointing out the bad habit *continued on p. 25*



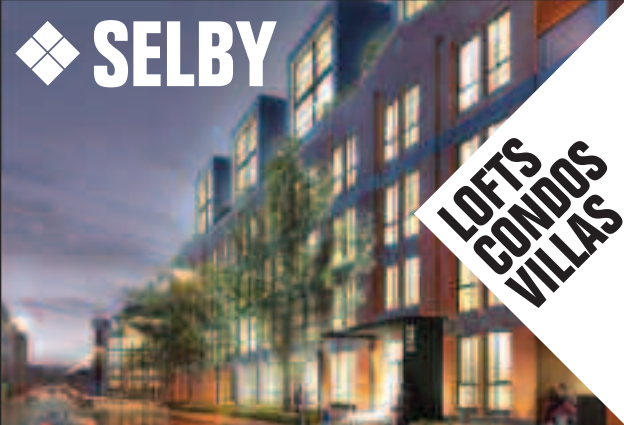
Wait for the walk signal, cautions Sgt. Marie-Claude Dandenault as one of several pedestrians attempted to cross on the “hand” despite the presence of Dandenault, and constables Julie Côté and Karim Filali (on the far corner of Sherbrooke and Arlington). The three were positioned October 12 outside the Westmount Y.



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
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New OSM hall venue for Quebec cancer foundation event



Social Notes from Westmount and Beyond

VERONICA REDGRAVE

The Soirée des présidents event was held on September 15 in the new hall of the Orchestre symphonique de Montréal

A short *vin d'honneur* was held before the concert, during which **Dr. Pierre Audet-Lapointe**, one of the foundation's founders, explained that the lodgings offered by the organization are in Montreal, Gatineau, Sherbrooke, Quebec and Three Rivers.

Honorary president of the evening **Hugh O'Neil**, president and director general of Sanofi-aventis, also addressed the audience.

The musical program, performed by



Dr. Pierre Audet-Lapointe and Hugh O'Neil.

Cherrier and R & E Traiteur, with wines from LCC vins & spiritueux and delicious Quebec cheeses.

Among the chicly-clad guests were Westmounters **Manon** and former Westmount city councillor **Gérard Limoges**, **Ghislaine** and **Irwin Brownstein**, **Bunny Berke** and **Larry Lusko**, and **Michel** and **Louise Vernier-Blouin** – classically chic in

mink-lined cashmere and shimmering Tahitian pearls – who was on the honorary committee with **Jean Brault**, **Michel Brunet**, **Nicole Dubé**, **Martin Dumont**, **Monique Jérôme-Forget**, **Denis Laflamme**, **Natalie Larivière** and **Pierre Laurin**.

The sold-out evening of 500 guests raised \$170,000 for the Fondation québécoise du cancer.



Westmounters Michel and Louise Blouin, Bunny Berke and Lawrence Lusko.

Photo: James Ian Morgan

(OSM). And what a hall it is! The clean-lined architectural elements are light and elegant.

Hosted by Laval-based pharmaceutical company Sanofi-aventis, the fundraiser was held for the Fondation québécoise du cancer.

Founded 30 years ago by five doctors, the foundation offers housing for families and patients who have to travel for treatment.

members of the OSM, was chosen to showcase the sound capabilities of the new hall. Quintets by Mozart and Dvorak, a Ravel piano sonata, an overture by Prokofiev and many different songs sung by **Natalie Choquette** amply illustrated that all ranges of sounds could be appreciated in the new hall.

After the concert, guests enjoyed a cocktail *dînatoire* catered by Simpléchic, Le Latini, Le Reine Elizabeth Traiteur, Le Café

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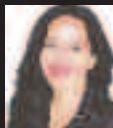
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<div></div> <div>Westmount vous informe...</div> <div>Westmount vous informe...</div> <div>Westmount</div> <div>Page</div>		<div>www.westmount.org info : 514 989-5200</div> <div></div> <div>Vol. 5/19 Publié par Westmount • Published by Westmount</div>	
<div></div> <div>HÔTEL DE VILLE Journée du mieux-vivre Quels informations ou services qui pourraient améliorer votre qualité de vie en ce moment? Quels conseils-experts aimeriez-vous avoir à votre portée? Le Projet ville en santé de Westmount vous invite à la Journée du mieux-vivre, une foire ludique et fascinante de 26 kiosques le samedi 5 novembre prochain entre 11 h et 15 h au Victoria Hall. Consultez le site www.westmount.org pour plus de détails. 🌿</div> <div></div> <div>ÉVÉNEMENTS COMMUNAUTAIRES La galerie du Victoria Hall La galerie du Victoria Hall est fière de présenter les œuvres de Mark P. Andrews du 13 octobre au 5 novembre 2011. Info : 514 989-5521.</div> <div>Bénévoles demandés pour la Popotte-Roulante Tâche : Livraison de repas aux personnes démunies. Les repas sont déjà préparés et prêts. Un chauffeur privé est à votre disposition. 2 heures - les lundis ou les jeudis - 10 h à 12 h. Dans les environs de l'église Saint-Matthias de Westmount. Télédhoner Bob : 514 846-0024.</div> <div>Soirée Swing Ballroom Blitz Cet orchestre de 22 musiciens est de retour à Westmount le samedi 22 octobre. Les portes s'ouvriront à 19 h pour une séance de démonstration et cours de danse avant le début du concert à 20 h. Billets: 20 \$ en pré-vente (au Victoria Hall) ou 25 \$ à la porte. Bar payant. Info : 514 989-5226.</div> <div>Maison hantée de l'halloween À l'halloween, surveillez bien les esprits revenir à la vie dans la maison hantée du pavillon du bowling pour une nuit terrifiante. Génial pour les jeunes de tous les âges. Venez déguisés ! Entrée gratuite. Info : halloween@westmount.org. 🌿</div> <div></div> <div>BIBLIOTHÈQUE Les vendredis du cinéma Avez-vous une passion pour le cinéma? Alors notre club de film est tout à fait pour vous ! Joignez-vous à nous le vendredi 21 octobre à 18 h 30 pour regarder le film <i>The High Cost of Living</i> et ensuite en discuter. Âges 13+. Info : 514 989-5386.</div>		<div></div> <div>CITY HALL Smart Living Day What are the things that could improve your quality of life right now? If you could have access to expert advice, what would you ask first? The Westmount Healthy City Project invites everyone to its Smart Living Day, a fun and fascinating information fair featuring 26 exhibitors on Saturday, November 5th between 11 a.m. and 3 p.m. at Victoria Hall. Consult www.westmount.org for more details. 🌿</div> <div></div> <div>COMMUNITY EVENTS The Gallery at Victoria Hall The Gallery at Victoria Hall is pleased to present the works of Mark P. Andrews from October 13th to November 5th, 2011. Info: 514 989-5521.</div> <div>Volunteers needed for Meals-on-Wheels Task: Delivery of meals to shut-ins. The meals are prepared and ready. You will have your own private chauffeur. 2 hours - Mondays or Thursdays - 10 a.m. to 12 noon. Vicinity of St.Matthias Church in Westmount. Phone Bob: 514 846-0024.</div> <div>Ballroom Blitz Big Band Dance This 22-piece orchestra is back by popular demand at Victoria Hall on Saturday, October 22nd. Doors open at 7 p.m. and the public can participate in learning various dance styles with instructors prior to the dance at 8 p.m. Tickets are \$20 in advance (at Victoria Hall) or \$25 at the door. Cash bar. Info: 514 989-5226.</div> <div>Halloween Haunted House On Halloween, watch the spirits come alive in the haunted house at the Lawn Bowling Clubhouse for one bone-chilling night. Great for kids of all ages. Costumes a must! Free admission. Info: halloween@westmount.org. 🌿</div> <div></div> <div>LIBRARY Friday Film Club Do you have a passion for film? If so, our Film Club is for you! Join us on Friday, October 21st at 6:30 p.m. to view the film <i>The High Cost of Living</i> and then discuss it afterwards. Age 13+. Info: 514 989-5386.</div>	
<div>DATES À RETENIR</div> <div>Le 6 novembre à 14 h Cérémonie du Jour du Souvenir Cénatophe de Westmount</div> <div>Le 7 novembre à 20 h Séance du conseil Hôtel de ville</div> <div></div> <div>Aide aux devoirs Devenez bénévole à la Bibliothèque Publique de Westmount ! Êtes-vous en secondaire III, IV ou V? Aimeriez-vous aider les enfants à faire leurs devoirs en français? Les bénévoles "Aide aux devoirs" travaillent de façon individuelle avec des étudiants du primaire pour les aider à lire et écrire en français. Info : 514 989-5357 ou www.westlib.org/adosteens.</div> <div>Petit déjeuner – Guess the Giller Venez rencontrer Shelley Pomerance et le personnel de la Bibliothèque qui discuteront des six romans canadiens présélectionnés pour le prix Giller, le prix littéraire le plus prestigieux du Canada le samedi 22 octobre à 10 h 30. RSVP : 514 989-5386.</div> <div>Rencontre d'auteur Venez rencontrer Ian Rankin, l'auteur écossais de romans policiers au Victoria Hall le 29 octobre à 14 h. Billets nécessaires. Info : 514 989-5386. 🌿</div> <div></div> <div>TRAVAUX PUBLICS Collecte RDD le 15 octobre Disposez en toute sécurité de vos restes de peinture et de solvants, piles usagées, pesticides et autres substances dangereuses en les apportant au stationnement de la Bibliothèque le samedi 15 octobre entre 9 h et 17 h. Une collecte de vêtements usagés et d'équipements électroniques usagés aura également lieu. Info : 514 989-5390. 🌿</div> <div></div> <div>SPORTS ET LOISIRS Stationnement - aréna Veuillez noter que les usagers de l'aréna peuvent se prévaloir des espaces de stationnement à l'arrière de l'édifice de l'École orale de Montréal pour les sourds au 4670, rue Ste-Catherine aux heures suivantes : du lundi au vendredi entre 17 h et 23 h et le samedi et le dimanche entre 8 h et 23 h. 🌿</div>		<div>DATEBOOK</div> <div>November 6 at 2 p.m. Remembrance Day Service Westmount Cenotaph</div> <div>November 7 at 8 p.m. Council Meeting City Hall</div> <div></div> <div>Aide aux devoirs Become a volunteer at the Westmount Public Library! Are you in Secondaire III, IV or V? Would you like to help younger students with their French homework? Homework Help (<i>Aide aux devoirs</i>) is a programme where teen volunteers work one-on-one with elementary students to help them with their reading and writing in French. Info: 514 989-5357 or www.westlib.org/adosteens.</div> <div>Guess the Giller Breakfast Join Shelley Pomerance and Library staff as they discuss the six Canadian novels on the Giller's shortlist, Canada's most prestigious literary prize Saturday, October 22nd at 10:30 a.m. RSVP: 514 989-5386.</div> <div>Author Event Come meet Scottish crime writer Ian Rankin at Victoria Hall on Saturday, October 29 at 2 p.m. Tickets required. Info: 514 989-5386. 🌿</div> <div></div> <div>PUBLIC WORKS HHW Collection October 15th Safely dispose of your leftover paints, solvents, used batteries, pesticides, etc. by bringing them to the parking lot of the Westmount Library on Saturday, October 15th between 9 a.m. and 5 p.m. Used clothing and used electronics will be collected the same day. Info: 514 989-5390.</div> <div></div> <div>SPORTS & RECREATION Arena parking Please note that arena patrons may take advantage of additional parking space in the lot behind the Montreal Oral School for the Deaf at 4670 St. Catherine Street during the following times: Monday to Friday between 5 and 11 p.m. and Saturday and Sunday between 8 a.m. and 11 p.m. 🌿</div>	
<div>Westmount, à votre portée. Pour toute question ou commentaire, veuillez nous contacter : Westmount at your fingertips. Contact us with any comment or question:</div> <div>www.westmount.org assistance@westmount.org</div>			

Adventures in Urban Farming

Time to bring the party indoors

BY MARCI BABINEAU

This is a sad transition for most gardeners as we begin to pack up our outdoor living for another year. And, it is a busy time for most of us.

When our survival counted on what we could store for the winter, it was a time of endless gathering. People would wait for the first frosts to gather seeds and harvest dandelion roots for winter tonics. Greens, broccoli, cabbage and cauliflower are relishing the cool air, but tomatoes have come in to the windowsill. Nasturtiums and dahlias are enjoying the cooler temps. Asters and chrysanthemums are coming into their own.

Our raspberries have had a stellar second yield as well. It is time to begin gathering leaves to mulch and protect the root systems of your trees and perennials before the snow comes.

For the more hard core, it is time to establish cold frames for the last outdoor planting of greens and cold rooms for storage of root vegetables and cabbages.

Apples in the basement

Last year, I covered a shelf in my basement with Spartan apples picked in the third week of October. This room maintains a fall/winter temperature of between 0 and 4 degrees Celcius.

When you store fruit or vegetables like this, select only undamaged pieces. It should not be washed and stems should be left on. In addition, the pieces should not be touching to allow air to circulate between them.

By April, I had some wrinkly apples that were perfectly delicious and crisp below the skin!

Besides getting your winter apples “in,” temperature-sensitive plants must be able to deal with. Scout out places near the doors for your houseplants so they can get back outside on the warm days. Potted fruit trees like citrus or fig trees will need to store as much sunshine as possible if they are to fruit in their next season. It is a good time for repotting and to provide them one last gulp of organic fertilizer.

When the plants come in for good, many need a simulated winter in a darker cooler place. Potted fruit trees will do best if stored in a cool basement for the winter months, with a small amount of water. One idea for watering these plants is to pack snow around the top of the pot once every month so the water can trickle in as it melts. Potted figs and grapes can come out of their pots and be buried in a sheltered place to over winter “underground”.

A student in one of my gardening classes asked how was it sustainable to ship exotic plants from foreign greenhouses to Canada, so as to remind ourselves of warmth and sun when we are surrounded by several feet of snow. Houseplants help maintain air quality during the winter (while our houses are shut tight) by inhaling carbon dioxide and exhaling oxygen, and they offer humidity from their soil. As a reminder of the beauty of nature, they sustain us spiritually. In January and February, that can be invaluable.

Smart Living Day

continued from p. 3

Children’s Hospital. Tips to help an aging population live healthier and safer will include the latest in medical devices and homecare, as well as info on the Rotary Club’s Life Line.

There will also be testing of blood pressure, glucose, cholesterol and balance, and demonstrations on how to prepare a first aid kit and a 72-hour disaster-survival pack. Details on body mass index, organic foods, diets and even animal nutrition will also be available.

A city table will provide information on recycling, composting, parking, permits,

sports and recreation, library and other city services. The Westmount brigade of St. John Ambulance will also demonstrate CPR and other life-saving techniques.

“Many new people have moved into Westmount since the last Smart Living Day in 2007,” Wallace said. There are also many new issues and needs that have arisen and can be addressed by resources right here in the community, she added.

“It’s time to bring everyone together.”

In 2008, the Healthy City Project held an off-shoot of Smart Living Day called “Live Smart, Live Green” that was dedicated to environmental concerns.

Sweer: ‘re-energizing the mission’ of The Study

BY MARLENE EISNER

Even before Nancy Sweer knew she was ready for a new challenge, the universe was setting the stage for change.

Sweer, the new head of school at The Study, was in her sixth year as principal at the West Island’s John Rennie High School when she got “the call.”

different from that of John Rennie. She said she spent a good deal of time reading and researching the topic.

“I knew girls learn differently,” she explained.

“They learn by seeing and doing, they are verbal learners and they like collaborating.”

But it’s more than just how they learn;



From her office, Nancy Sweer, new head of school at The Study, discusses, October 11, how her first semester is going.

“The school [John Rennie] was running well, and I was looking at how I could help young people reach their potential,” said Sweer in an interview with the *Independent* October 11.

“Then I received a call asking if I would be interested in interviewing for the position of head of school at The Study. By the second interview, I knew it was going to be a good fit.”

Making the switch from a public, co-ed high school of more than 1,400 students to a small private all girls’ school of 300 elementary and secondary students seemed like a natural progression for Sweer, an educational professional with more than 30 years experience under her belt.

Originally from Scarsdale, New York, where she was an educator in the public high school system for 13 years, Sweer married and moved to Montreal 20 years ago and for the last 11 years has worked as a vice principal and principal at a number of Montreal-area schools.

Before starting in her new position in September, Sweer was aware that The Study environment would be strikingly

the homogenous gender environment seems to allow the girls to fully concentrate on academics, and according to Sweer, with positive results.

“In an all-girls school they don’t get caught up in the ‘din’ of boys. They have an opportunity to display self-confidence, to really be out there. That’s what I notice: that the girls are extremely articulate and self-confident. They seem to have a higher self-esteem within the school environment.”

Slightly more than two months into the job, Sweer has settled in nicely.

“I’m feeling as though I have always lived here,” she said.

But perhaps her greatest sense of inspiration comes from the school’s founder, Margaret Gascoigne, whose goal 97 years ago was to create strong women for the future.

“It feels for me as if I am re-energizing the school with her dream. I really do believe in the mission in terms of creating strong women leaders of the world. When I came here, I knew we had the resources to help the girls realize that dream.”

BUILDING PERMITS 🏠 *What's permitted*

The following permits for exterior construction, alterations and renovation were approved at the October 3 meeting of city council.

740 Upper Lansdowne: to build a two-storey extension at the rear and an addition on top of the garage;

15 Willow: to transform a split level into a bungalow by raising part of the roof



15 Willow

788 Upper Lansdowne: to replace windows, modify some openings at the rear and add a door;

507 Claremont: to replace the windows;

724 Upper Belmont: to landscape the side and rear, including construction of a pool;

462 Strathcona: to build a rear addition, a new rear deck and alter the garage;

3255 Cedar: to rebuild a side retaining wall and plant a new cedar hedge;

5 Belfrage: to replace the windows and front door and modify a rear opening to introduce French doors; alterations to the rear veneer of the garage;

33 Rosemount: to build a new front canopy;

4299 Montrose: at a Category I house, to landscape the property including new plant beds, a new fence and retaining wall and new surfacing of terraces and walkways;

4918 Sherbrooke: to erect a sign for "Boutique Made in Italy;"

4328 Montrose: to change a rear opening into a French door;

458 Argyle: at a Category I house, to replace some doors and windows.

and adding a one-storey extension at the rear;

3741 The Boulevard: to transform a bungalow into a cottage by adding two floors;



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Disorderly conduct

A 20-year-old woman living on Kensington Ave. was issued a \$75 ticket October 8 for disorderly conduct after a public safety officer saw her hurl a brown bottle onto St. Catherine St. at Hillside Lane. It shattered into three lanes of traffic. The glass was subsequently cleaned up. The woman had been spotted yelling at 12:34 am.



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Hello, Westmount

IMADAKE PUB



Chef Nelson Tam prepares to rustle up a tasty plate at Imadake on St. Catherine St.

BY MARTIN C. BARRY

When Kevin Fung decided to open his own restaurant at 4006 St. Catherine St. after 20 years as a chef at some of Montreal's leading Japanese eating establishments, he wanted it to be more than a sushi parlor.

While the restaurant landscape has become saturated with sushi, Imadake takes Japanese food a step beyond.

In Japan, a place like Imadake is called an *izakaya*, which is the word they use for a casual after-work tavern or pub.

"The focus is more on the company than on the meal," said Fung.

Although pubs and brasseries are nothing new around here, *izakayas* remain somewhat of a rarity.

At Imadake, you'll sit down in a typical *izakaya* and enjoy a Japanese beer or a glass of *sake*, while snacking on Japanese *hors d'oeuvres*.

The menu also includes an assortment of ramen soups and exotic delicacies like grilled cow tongue.

Spartan but quaint, the decor features boxy wooden seats set at low tables and hand-written menus hanging on the walls.

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Patience and *le pacifique*



Parenthood Uncensored

SOPHIE TARNOWSKA

There are things I knew I would excel at as a parent, and others I suspected I would need to work on. I knew that I would easily teach my child to love words and reading as much as I do – and she does. I knew also that I would pass my sense of humour onto my daughter, and I have. “Mama, my friends voted me the funniest kid of all!” she announced this weekend (she’s funny, not humble).

On the other hand, I knew I would need to work on being patient, and I am. Yet, I was surprisingly patient when, as a baby, she would unwittingly vomit on me or scream so loudly that my nervous system would literally exit my body to hide under the sofa. She was too little to understand what she was doing. Those days are long gone, and I often feel as though my patience is too.

Basically I’d rather be coated in bodily fluids than deal with my child rolling her eyes at me or answering back, because the latter are deliberate acts of defiance. And given that she’s only 7, and that my friends gleefully point out, “My, she’s cheeky. I wonder where she got that from?” with a cackle, it seems that I am partially to blame. Sometimes we teach our kids things by mistake.

Damaged for life?

Occasionally we clash so much in that two-hour period before she leaves for school, I spend the rest of the day convinced that I’m damaging her for life, and that if only I could find the patience to learn the equivalent of Vulcan mind tricks to get her to do my bidding willingly, she would miraculously cooperate. Enter guilt, along with the suspicion that I am ruining my daughter for life – and this is all before

8:30 am

Then I remember how well my brother turned out – in spite of my mother having stuck a cigarette up his nose (by mistake) when he was 6 – and I feel better. I now believe that my child was assigned to me by the Head Stork to teach me patience and new methods of discipline that do not involve shouting or threats of punishment. And she has.

A few weeks ago I was ranting and raving along the lines of: “How-many-times-do-I-have-to-ask-you-to-make-your-bed-why-are-your-clothes-all-over-the-floor-don’t-you-dare-roll-your-eyes-at-me-or-you’ll-lose-privileges-that-I-can’t-think-of-right-now-but...ARGH!”

My daughter just watched and waited for me to finish with the kind of patience that doctors employ when waiting for their patients’ sedatives to kick in. Then she said, in French, “Mama, can you listen to me please? I want to tell you what I learned at school – it’s called ‘*le pacifique*’ – being peaceful. Instead of shouting, you have to use the words ‘I feel,’ ‘because’ and ‘I would like it if,’ to explain how you feel to the other person.

Say what?

‘Mama, can you please try to use *le pacifique* with me?’

Pacific parent

Um, ok. Let me just pick my jaw up off the floor first. “I feel annoyed, because I have asked you to do these things over and over again, and yet you don’t do them unless I shout. I would like it if you would do what I’ve asked without being told to, and without me having to shout.”

“Okay, Mama. I apologize. I will do my best.”

Her best didn’t last long, but she’s just a kid after all. I think many grown-ups I know, myself included, could use a lesson in *le pacifique*, so I’m trying to remember to use it more often – and if not, she reminds me to. Guess I haven’t ruined cheeky child yet.

Lab runs into truck

A dog suffered a bleeding lip when it ran into the path of a truck on Church Hill September 30, Public Security officials said. The Labrador had just been taken off the leash in front of its home at about 11 am when it ran into the street. The driver stopped and exchanged information with the dog owner.

Luck runs out after 5 warnings

A contractor who was warned five times about working before 7 am was finally issued a ticket for \$267 on October 6, Public Security officials said. Banging and other noise from the work could be heard when officers answered a noise complaint from a resident on Winchester at 6:32 am.

ON THE SHELVES

Among recent reading and audio-visual material at the Westmount Public Library singled out by staff are:

Magazines

“Our money, ourselves: A *Time* special report on where we spend, how we save and whether money can really buy happiness,” by Rana Foroohar, in *Time*, October 10, 2011, p. 26.

“Social power and the coming corporate revolution: Why employees and customers will be calling the shots,” by David Kirkpatrick, in *Forbes*, September 26, 2011, p. 72.

“Emplois 2012: L’embarras du choix! Une conjonction de facteurs fait que les emplois prometteurs sont plus nombreux que jamais,” by Dominique Forget, in *L’Actualité*, October 2011, p. 26.

Adult fiction: Murder most foul...

The Borgia Betrayal: A Novel by Sara Poole – A year after helping Rodrigo Borgia to become Pope Alexander VI, court poisoner Francesca is charged with safeguarding his position, an agenda that exposes her to a violent plot to destroy the Borgia family and seize control of the Catholic church.

Long Gone: A Novel of Suspense by Alafair Burke – When her dream job turns into a living nightmare, causing her to become the prime suspect in a murder investigation, art gallery manager Alice Humphrey must prove that she has been set up – a deadly mission that plunges her into a high-tech criminal conspiracy that is shockingly linked to her own family.

Adult French – Goncourt nominees

Retour à Killybegs by Sorj Chalandon – This novel’s main character is Tyrone Meehan, an ex-IRA chief. Considered a hero by many, he turned out to be a double-agent. Every villager knows about this when, at

81, he returns to the place of his birth. In spite of that, he refuses to be labeled a traitor.

Les souvenirs by David Foenkinos – The narrator’s grandfather dies and he realizes how he missed out on their relationship. He then becomes very close to his distraught grandmother and successfully brightens her life. However, on learning that her apartment has been sold, she runs away. This book has been described as a meditation on time, memory and family rela- *continued on p. 26*

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Party host fined for dog on the loose

While patrolling at the Summit lookout at 10 pm September 30, a public safety officer discovered a brown Labrador wandering around alone. The owner was traced to a house on Summit Circle, who said the dog must have escaped while he was hosting a large dinner party. He was issued a \$75 ticket.



REWARD for Rankin
Last seen 10 PM October 15, Irvine/Abbott (below Ste Catherine), no collar, green eyes, sore spot on left foreleg, gentle and shy, 16 lbs, desperately missed, any sightings please call:
514 932-7056 – animots@sympatico.ca



The Underdog Club

CYNTHIA LEE

Scooby-Doo where are you? A question not likely posed to our Scooby since she's pretty hard to miss.

Tipping the scales at over 38 pounds, this dumpling of a dog is something to behold. But look carefully and underneath the rolls of fat lies a puggle – a designer dog, a mix of a pug and a beagle.

How did she get this way? Seems her former people liked to feed her and feed her and feed her, until Scooby could no longer be fed. Then they decided they had had it with her and jettisoned her off to the pound. Like fattening up a turkey for Thanksgiving.

Though obesity is a national epidemic amongst humans, who would have thought it would also slip into the canine world?

The fat is no longer funny since Scooby developed kidney stones, a condition

Fat and fabulous



Scooby

associated with poor nutrition and having packed on such poundage.

Her fosters at Gerdy's Rescue and Adoptions will take care of removing the stones, but nothing can be done until Scooby sheds some fat first.

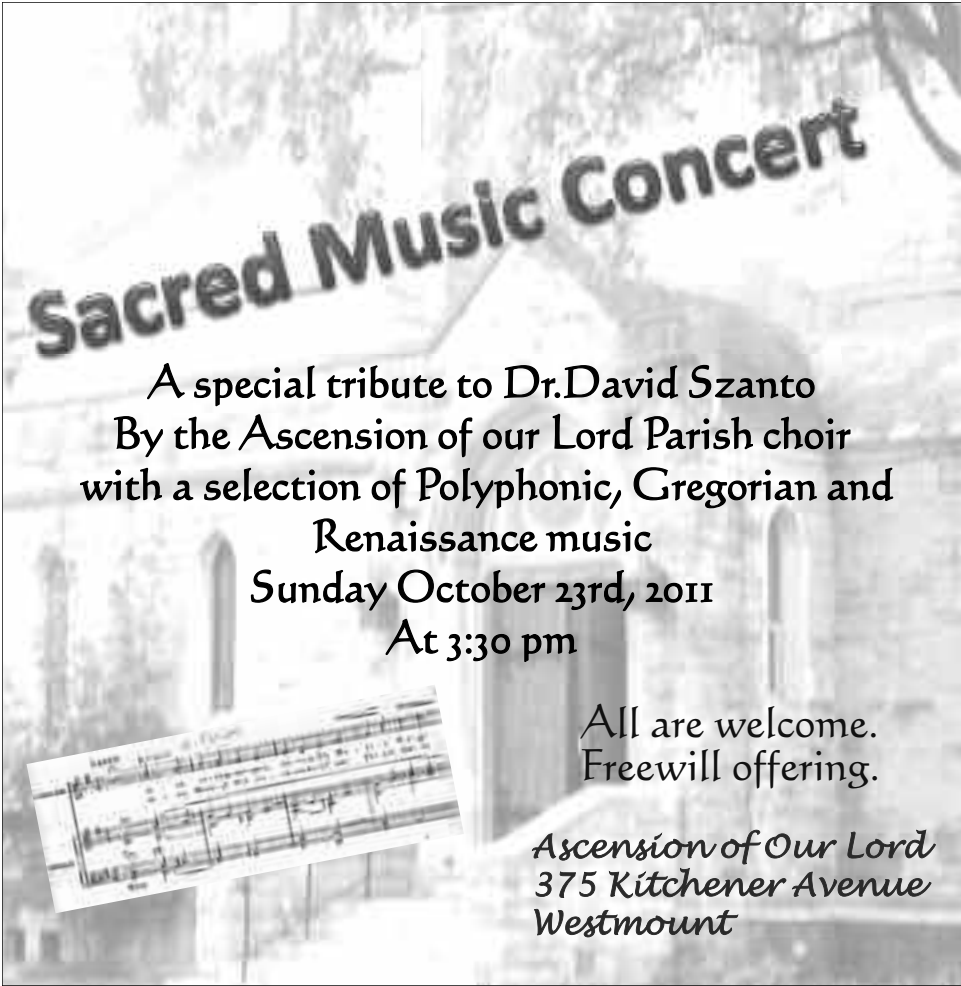
This puggle is only two years old and nearly twice her ideal body weight of 19 pounds. Suffice to say she needs some hardcore loving, and by caring types, who know a bit about how much and what to feed a dog, like a special diet, perhaps, and no table scraps.

As she stands now, Scooby is too fat to play, but her good nature still shines through. An exercise routine has begun for her in the form of short walks to condition her and not put too much stress

on her joints and heart. Gradually, this exercise combined with a proper diet will have her back in shape again, faster than those ladies who sign up to be on a fat farm with Oprah.

If you are interested in what fascinates Richard Simmons, contact info@gerdys-rescue.org. or 514.203.9180.

The Underdog Club promotes the hardest-to-place dogs – the old ones, fat ones, sick ones and the ones who need to be taught better manners. Visit other underdogs at www.underdogclub.org.



A special tribute to Dr.David Szanto
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Donation box set up at Little Bear for recent Clarendon dog seizure

Little Bear currently has a donation box for people to drop off towels, blankets, newspapers and other supplies for HSI Canada, which recently lead the rescue and emergency sheltering operations of 527 neglected dogs and puppies from a large-scale commercial breeding operation in Quebec. Little Bear, an independent pet supply store, is located at 4205 St. Catherine St., just west of Greene.

On the Market

Tower in the sky on Metcalfe

PHOTOS AND STORY BY
MARTIN C. BARRY

Claim to fame: The 8th most expensive house below Sherbrooke at press time.

Built around 1900 when Westmount was entering a residential construction boom, this three-storey semi-detached house stands out from virtually every other nearby property, with its distinctive tower jutting skyward at the corner of Metcalfe and Ingleside avenues.

Elizabeth Laroche and Benoît Bourgon, who have owned the 10-room house since

the early 1990s, fell in love with it almost immediately.

While the exterior is classically conservative, the inside has been painstakingly done in a European style by renowned Montreal designer Jean-Michel Laberge. Divided into separate dwellings on the first and second storeys during the 1960s, they were later reunited as a single unit.

Laberge was inspired by the tower's high interior imprint to fully extend access to an attic-level floor. At the same time, he allowed natural illumination to stream down the deep stairwell from a skylight on the roof, through sturdy wood and steel

truss bridges found on each of the landings.

Breathtaking could describe the feeling a first-time visitor gets on reaching the top of the first flight. You look down, suddenly realizing there are at least 12 feet between you and the floor beneath. While the concept greatly enhances the stairwell space, some may find it takes getting used to.

According to Bourgon, the previous owner was an Italian man with a religious penchant. One result is that the mantle over the stone fireplace is inscribed with Roman Catholic symbols in a few places.

The house's back yard, which is located

beneath a shady green canopy of trees, is peaceful year around since it is just off a dead-end street.

Address: 234 Metcalfe Ave.

Asking price: \$1,695,000

School and municipal taxes: \$8,795

Broker: Jeannie Moosz, Groupe Sutton Centre-Ouest.

On the Market is content written entirely by the *Independent* and is not paid for by real estate sellers or their agents.



Elizabeth Laroche and Benoît Bourgon are the owners of 234 Metcalfe Ave.



Outside view of the tower.

Pedestrian safety campaign

continued from p. 18

to several people who had casually stepped off the curb to cross on the green but against the illuminated hand of the pedestrian signal.

The problem, Dandenault pointed out, is that at intersections without pedestrian lights, the red/green signals prevail for pedestrians.

The police trio – members of station 12's bike patrol and the MAP (Module d'actions par projet) – are going around Westmount during an island-wide pedestrian safety campaign to sensitize people to pedestrian responsibilities and regulations.

The campaign, launched in Westmount October 11 with a large police presence at Greene and St. Catherine, coincides with the increasingly shorter daylight hours

and slippery streets when pedestrians in darker clothes are most at risk.

It has long been claimed that pedestrian signals originated in Westmount at the initiative of the old Westmount Police Force when such a light was installed on St. Catherine more than four decades ago near Westmount High using the outline of the hand of Frank Pilkionis, a traffic officer, who later headed the Westmount detective office.

Leaf blowers

While the fall period for permitted leaf blowers stretches from October 1 to November 15, one landscaper working on Roslyn, it seems, forgot to check out legal holidays. He was warned against using the machine on Thanksgiving Day before 8 am, Public Security officials said.

Scratch-tagging

Stores and an apartment building on Sherbrooke near Claremont have been targeted with a new form of graffiti: scratching. Several storefront picture windows, lobby mailboxes and interior marble were scratched with tags overnight October 8-9. It likely took the perpetrators longer to execute than traditional spraypaint tagging, but no witnesses have yet come forward according to local merchants.

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In conversation with

Michael Prupas on the *The Kennedys*

BY HEATHER BLACK

We have an Emmy award winner in our midst. Recently, Westmounter Michael Prupas returned from the prestigious Los Angeles ceremony with five Emmys, including four for the television miniseries *The Kennedys*.

Starring high-profile actors Greg Kinnear and Katie Holmes, the production was not without controversy. Recently, the *Independent* spoke to the CEO and founder of Muse Entertainment at its St. Jacques St. office.

Casting

For Prupas, the challenge of docudra-

mas is to find actors who physically resemble the characters and can pull in an audience. Prupas assembled an illustrious cast to play the Kennedy roles – Kinnear as Jack, Holmes as Jackie, Barry Pepper as Bobby and Tom Wilkinson as Joe Senior – and was impressed with the actors' "huge effort to research their characters."

He noted in particular Pepper's determination to master the challenging New England accent. Awarded the Emmy for "Outstanding Lead Actor in a Miniseries



Michael Prupas

or a Movie," make-up and a nose prosthetic allowed the British Columbia actor to convincingly play the part. Not surprisingly, the show also won the "Outstanding Hairstyling for a Miniseries or Movie" and the "Outstanding Make-up for a Miniseries or a Movie."

But was it difficult to attract actors to the project? Prupas confessed that there

was a certain "me-tooism" at play. For example, Kinnear had a clause in his contract that allowed him a say in the choice of female lead, though it turns out he had no argument over the choice of Holmes to be the lead female – and his controversial wife.

Controversy

How did the project start? Prupas relayed that *The Kennedys* was suggested to him by Joel Surnow of Asylum Entertainment with whom he had a good working relationship. Initial development was funded by the US History Channel, and the script's authenticity was approved by network historians.

However in January, the History Channel announced that the project "didn't fit their brand" and airtime was cancelled. At the time Prupas was surprised by the decision, yet confident that another American network would pick up the miniseries.

His optimism was justified. In the end, it ran on the American digital channel ReelzChannel, as well as Canada's History Television, Global, the UK History Channel and BBC Two.

There were also criticisms on content accuracy with some Kennedy fans, who mounted an internet campaign against the program. Prupas surmised that A&E, the History Channel's parent company, may have been influenced by Kennedy family members to drop the miniseries.

When asked about the famous Marilyn Monroe "Happy Birthday, Mr. President" moment, Prupas acknowledged that "it was shot, but as it wasn't needed, ended up on the editing floor."

For Prupas "the irony is that the UK History Channel, which is 50 percent owned by the History Channel, aired the show."

Rewarded effort

For Prupas, the awards for *The Kennedys* – three Gemini and four Emmy – are particularly gratifying in light of the controversy. And acknowledging the tough Emmy competition, he is particularly pleased that all four awards for the show went to Canadians.

Although Muse Entertainment is better known for fictional series, *The Pillars of the Earth*, which was also awarded an Emmy, another docudrama is in the works. Based on the life of legendary actress Grace Kelly, for the moment, Prupas "is happy to stay away from politicians."

Shelves

continued from p. 23

tionships.

Books for children – Just in time for Halloween!

Attack of the Vampire Weenies and Other Warped and Creepy Tales by David Lubar – Prepare to be scared as you read these 33 creepy talks by a master storyteller.

La baguette de nuit noire by Anne Didier – When Juliette picks up a strange looking stick that she finds in her elevator, she immediately feels a tingling running through her fingers. She soon discovers that the black stick is magic, but when some of her wishes start to come true, she isn't sure how to get everything back to normal.

DVDs

Irena Sendler: In the Name of their Mothers – The true story of Irena Sendler, who saw the suffering of Warsaw's Jews, reached out to her most trusted colleagues for help, and outwitted the Nazis during World War II. Together, they rescued over 2,500 Jewish children. Expertly captured is the will and character of the women of the resistance against the backdrop of occupied Poland.

Forks over Knives – This documentary examines the claim that most, if not all, of the degenerative diseases that afflict us can be controlled, or even reversed, by rejecting animal-based and processed foods.

Reference

2012 *Writer's Market*.

Top scorers, Westmount bridge club

Westmount tally bridge winners with top accumulative bridge scores for the three best sessions in September were:

1. Lucie Kirmoyan with 8,440 points
2. Shigeko Betts with 6,500 points
3. Florence Belfer with 6,070 points
4. Eithne Taylor with 5,870 points
5. Margaret Glassford with 5,400 points.

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SWAT warms up in Maine for annual December fundraiser



Westmount's senior Westmount All Star Team (SWAT) was the winner of a tournament held during the second week of August. From left, back row: loyal fans Kevin Auerbach and Elbaz Jr., and players Alain Elbaz, Mike Deegan, Dave Lapointe, Nick Matossian, Norm Richer, Jim West, Pat Baldwin; front row: Larry Dionne, Dominic Agostino, Leo Cauzo (holding the Summer Cooler Trophy) and Mike Auerbach.

Photo courtesy of Nicolas Matossian

Westmount All Star Team (SWAT) players were warming up at Biddeford, Maine's Summer Cooler Old Timers Hockey Tournament for the 23rd annual SWAT Westmount tournament in benefit of the children's hospitals.

It was the tenth appearance at the tourney for Westmount's hockey representatives. This time SWAT, playing teams from New Hampshire, Maine and Massachu-

setts, recorded its best performance, with five consecutive victories, and a cliffhanger of a victory in the final to earn its first ever Summer Cooler Trophy.

SWAT returns in early December for its regular season and to organize its tournament. Already, the Maine Old Boars team, who previously lost to SWAT, is looking for a "grudge" match and will make its fifth appearance at the SWAT tournament.

Asch wins new tennis title



Rosie Asch, left, accepts the trophy for Canada with Huguette Fontaine and Joan Bak.

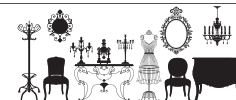
Photo courtesy : Mount Royal Tennis Club

A news bulletin from the Mount Royal Tennis October 15 states that Rosie Asch of Lansdowne Ave. had just captured the gold medal for Canada in the super-seniors category of 80+ at the World Team Championships in Manavgat, Turkey. Asch, who holds the world title in singles and doubles, teamed up with Canadians, Huguette Fontaine and Joan Bak in the team victory.

Work stopped at four sites on Thanksgiving

Construction was stopped at four worksites in Westmount on Thanksgiving Day, Public Security officials said. The use of heavy equipment is not permitted on a legal holiday. The work was found in progress on Redfern, Lansdowne, Montrose and at Marianopolis College.

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TRENDSETTERS

MARTINE DE SAINT HIPPOLYTE

By VERONICA REDGRAVE

I have heard, on a few occasions, a charming French accent while I was wandering on Victoria or lunching on Greene. I discovered that the lady in question was indeed from Paris – that consummate city of style. Martine de Saint Hippolyte has lived in Montreal for years now, but has retained her chic Parisian style. She is not only elegant but is the only female auctioneer in the country. She co-manages an auction house started by her husband Iegor de Saint Hippolyte. The Iegor Auction House, formerly at the Ritz, is now located on the outskirts of Westmount in an old St. Henri church he purchased and restored. Martine often handles auctions here and in Quebec City. I chatted with her over a civilized cup of tea – with lemon of course – on her return from summering in Corsica.

STYLE

How would you describe your own style?

Contemporary-chic. I mix couture and casual. I often wear pearls – both the classic white and Tahitian – with everything. *(The day I met de Saint Hippolyte, she wore both – a beautiful bracelet with grey, silver and green-hued Tahitian pearls, and a double strand of white ones.)*

What is your favourite way of dressing?

Comfortable and chic. I like beautiful clothes and shoes but would never sacrifice comfort. For daytime wear, I have a collection of ballet flats – some are decorated, some are plain. But for nighttime, I love to wear high heels.

On weekends, what do you like to wear?

Casual-style clothes. I usually wear a cashmere sweater around my shoulders no matter what the weather. I love to mix jeans with a beautiful blouse, and never wear jeans-style tops, such as sweatshirts or t-shirt with jeans.

And in Paris? Corsica?

I'm always myself. I adapt my clothes to the weather. In Paris during the day, details are important, like the right bag and scarf. Then in the evening with friends, we relax and actually dress down. In Corsica in the summer, it is the opposite. For daytime we are all very relaxed, but at night, we dress up – stilettos and all.

LIVING

If you had a choice, where would you live (money being no object)?

I love to travel but I enjoy my life in Montreal very much. I have visited Russia, Italy, England, Egypt, Tahiti and Australia. But for a city in which to live and work, Montreal is the best.

Who would you invite to a dinner party if you could have anyone in the world and from any era?

I am curious about interesting people. I love to read biographies. For dinner, I would invite Nicolas Sarkozy and his wife Carla Bruni-Sarkozy, Cleopatra, Simone Weil and Winston Churchill.

FASHION

Today many stores, such as Forever 21 and H&M, offer the very latest looks at an affordable price. Possibly Armani is the last old school designer to be still creating. What do you think of today's fashions?

I find today's fashion somewhat sad. There is little elegance. I was just in St. Tropez, and it was *triste*. That is why I mix couture and other items. You make your own fashion.

Who are your favourite designers?

Diane von Furstenberg and Moschino. And, of course, vintage Chanel, Vuitton, Dior. I use this lovely leather Hermès Birkin bag a lot, as you can see.



Martine de Saint Hippolyte amidst preparations for the next auction at Iegor de Saint Hippolyte auction house.

Photo: Ralph Thompson

Not Westmount, but close






The new MUHC super-hospital is not building any permanent buildings on the Westmount portion of its campus at this time, but these ones are very close. They were photographed October 17 from the parklet at York and St. Catherine St., which is in Westmount.

Photo: Westmount Independent

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RMR holds first Veteran Appreciation Night

The Royal Montreal Regiment Association launched the Remembrance Day period October 13 with its first ever Veteran Appreciation Night, in which it welcomed home the latest contingent from Afghanistan.

“Each new veteran walked the line of older veterans, being individually welcomed to the family,” said Lt. Col. Colin Robinson, former commanding officer. “Based on the success of the event, we are

planning to make it an event.”

Among those participating were Lt. Col Paul Langlais, commanding officer, RSM C. W. O. Crawford, Mayor Peter Trent, former honorary colonel, and Hampstead mayor William Steinberg as well as families and friends.





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Glory may be fleeting, but plastic is forever



This treed plastic bag at St. Catherine and York has not moved or changed much since being photographed for our February 24, 2009 issue (p. 8). Inset photo: Treed plastic bag, photographed October 17.

Photos: Westmount Independent



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ACCREDITED MEMBER



By-law: turn wheels to curb even on flat

Despite a “wheels-to-curb” campaign launched by Public Security on hilly streets in the wake of a runaway car on Church Hill September 29, a second parked vehicle rolled forward into a parked BMW outside 1 Wood Ave. on October 10.

And the latest incident on the relative flat points to merits of a little known provision in Westmount’s traffic by-law 726, says Public Security director David Sedgwick.

Section 58 requires that no vehicle may be permitted “to stand unattended on any street unless the doors and ignition have been locked, the parking brake has been firmly set and the front wheels are so turned that if the vehicle so moves it will be blocked by the nearest curb.”

While rarely enforced, this serves as a preventive measure in the event a car is hit from behind or suffers mechanical failure, he points out.

In relating the latest incident, Public Security officials said the culprit, an Acura having a manual transmission, appeared to have been left in neutral without the handbrake in use. Both also contravene by-law 726. In the absence of its driver, officers placed bricks in front of the tires to prevent further movement shortly after 1:08 pm. The BMW, whose driver was present, was reported to have sustained minor damage.

While Public Security did not issue any tickets, the decision is left to the discretion of the officer on the scene, Sedgwick explains, and “this was a case where a ticket could have been issued.” – LS

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Highway, a burning issue

A Westmount woman called Public Security October 7 to report a fire under the Ville Marie Expressway near 188 Selby. Officers used an extinguisher to douse it but called the fire department, which added water to the smoldering debris. Firefighters stated it was the third small fire at the location in two months. A camper van had been seen in the area, and it was suspected that someone was lighting cooking fires.



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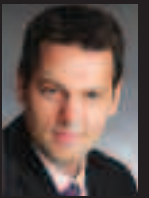
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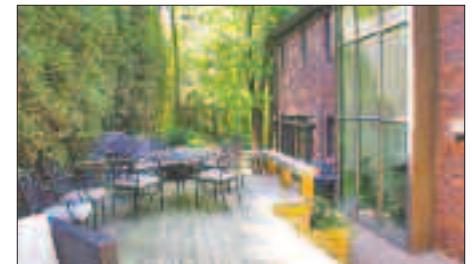
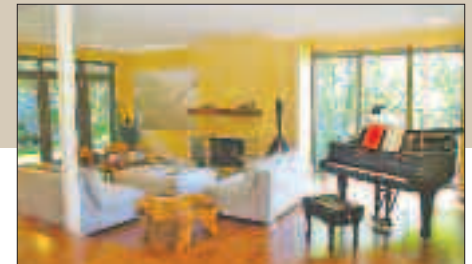
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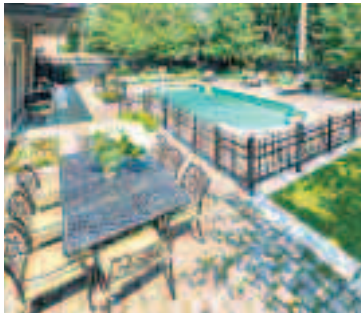
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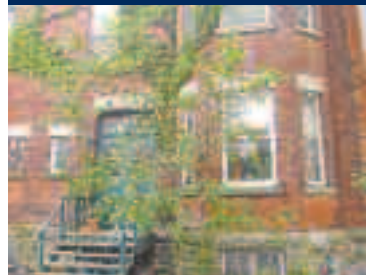
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