

Dark Sky event this Sunday kicks off Earth Hour stargazing March 27

BY LAUREEN SWEENEY

Westmount's expanded celebrations of Earth Hour this year are being kicked off a week in advance with a special Dark Sky presentation Sunday, March 21. The event is expected to offer spectacular up-close views of the heavens.

The prelude feature takes place at the Westmount Library at 3:30 pm as a springboard to stargazing at the Summit lookout during Earth Hour on Saturday, March 27.

During the worldwide observance of Earth Hour, Westmounters are being asked to turn off their lights and other electrical devices between 8:30 and 9:30 pm in symbolic support of energy reduction and action on climate change.

Organized by the Healthy City environment committee and the Westmount Municipal Association, the library event will feature a presentation by Westmounter and astrophysicist Tony Moffat on the impact of light pollution "and why we need dark skies, even in the city."

He also plans to follow up with an exploration of the heavens through a series of slides, which he says are "gorgeous pictures of the sky, really quite spectacular."

These will help set the stage for Earth Hour at the lookout when telescopes will be mounted to provide a closer look at Mars and Saturn. Church bells at St. Leon's as well as at Trinity Memorial on nearby Northcliffe in NDG will peel.

Because last year's summit celebration attracted hundreds of residents, people are being asked to leave

their cars at home and walk, or to take advantage of a shuttle bus the city will operate from city hall starting at 7:30 pm. The last bus is to leave the lookout at 9:45 pm.

Anyone bringing along an incandescent light bulb will be given an energy-saving compact fluorescent one in exchange, one per person.

Refreshments also will be served and a sing-along provided by entertainer and former city councillor George Bowser and Mayor Peter Trent. Westmount MP Marc Garneau, Canada's first man in space, is also slated to participate.

Westmount Hydro will turn off all lights in Sunnyside Park below the lookout, and Scouts and others are planning to

canvass homes in the area to encourage them to do the

continued on p. 18

See also Eve Aspinall's column on Earth Hour, p. 18.

Anne Lindsay at Bon Appétit books



Healthy food cookbook author Anne Lindsay was at Appetite for Books on March 14 to promote her newest release Lighthearted at Home: The Very Best of Anne Lindsay.

Photo: Martin C. Barry.

Don't Miss It

Westmount Y's presentation of *The Velveteen Rabbit*, Sunday, March 21 at 2 pm. See p. 21 for details.

Anglo papers banned from local SAQ

BY MARTIN C. BARRY

Officials at the Société des alcools du Québec's (SAQ) head office have yet to explain why its outlet at Victoria Ave. and Sherbrooke St. is not allowing English-language publications to be left in the entranceway.

While copies of the Independent are being systematically removed from the SAQ entranceway, copies of the *Examiner* remain available in the same spot, although no one at SAQ headquarters has been able to provide an explanation.

Marise Lavallée, manager of this Westmount SAQ store, confirmed the com-

pany's policy is to allow only francophone publications at the entrance. "The *Examiner* is not supposed to be there," she said, while adding that she wasn't completely familiar with all SAQ protocols since she'd only been on the job two weeks.

Michael Doucet, who operates the service that delivers the *Independent* to drop sites around Westmount, recounted that when he tried to leave copies of the paper at the SAQ, a store employee told him not to bother if they were English. Doucet said he noticed that francophone publications were available, but that anglophone ones were not.

"She said she didn't

continued on p. 6

profusionrealty.ca
christiesgreatestates.ca



Exclusive Affiliate of
CHRISTIE'S
GREAT ESTATES

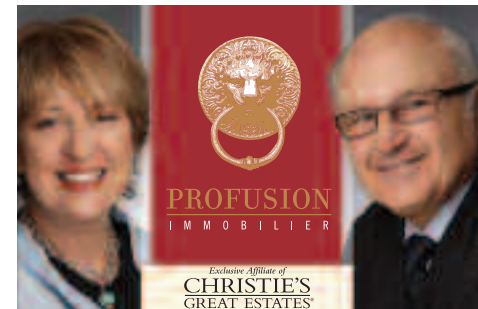
PROFUSION
REALTY INC.



CLAUDE BOULAY
Affiliated Real Estate Agent
514.250.5800

EXCLUSIVE
MARKETING OFFER

Profusion Realty Inc. • Chartered Real Estate Brokers



Vivian Grant
514.592.4636

Brian Grant
514.249.1500

Selling? – Buying?
We bring BUYERS and SELLERS together
Locally and Internationally

MacDougall, MacDougall & MacTier Inc.
invites you to a book signing for

*Staying Connected – How MacDougall Family
Traditions Built a Business over 160 years*
by James Ferrabee and Michael Harrison

Nicholas Hoare Book Store 1366 Greene Ave.
Thursday, March 25, 6 pm to 8 pm

Michael Harrison and members of the firm will be on hand.



MacDougall, MacDougall & MacTier Inc.

Service to investors since 1849

www.3macs.com



Integrity, Independence, Service, Performance and Trust



BRIAN DUTCH



Respected



Recommended



Results

What **really** counts when you're looking for a great agent to sell your home?

"Efficient"

"You were very efficient, provided an excellent service and were very good in negotiations with the buyer."

"Hard work"

"Your experience and hard work paid off and we are very pleased with the transaction we finally made."

"Attention to detail"

"We were very pleased with the successful outcome. We appreciate your kindness, experienced eye and attention to detail."

So, what are **you** looking for?

ANOTHER JUST LISTED!



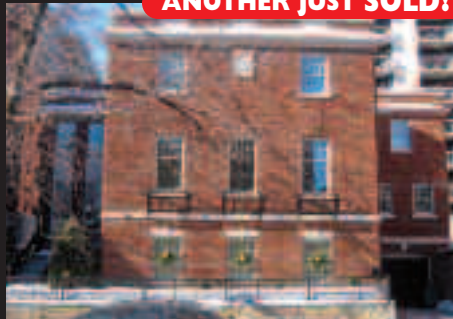
Westmount, 621 Belmont Ave.
Beautiful 4 bdr + den home backing on Murray Hill Park! A/C. Garage.
\$1,595,000

ANOTHER JUST LISTED & SOLD!



Westmount, 414 Roslyn Ave.
\$1,695,000
Exquisitely renovated and restored 4 + den home.

ANOTHER JUST SOLD!



Golden Square Mile, 1523 Summerhill Ave.
\$2,495,000
A showpiece! Spectacularly restored/rebuilt heritage home.

ANOTHER JUST SOLD BY BRIAN!



Westmount, 175 Cote St. Antoine
\$1,395,000.
Modern, detached 4 bedroom home. A/C. 2 car garage.

ANOTHER JUST SOLD BY BRIAN!



Westmount, 418 Wood Ave.
\$1,300,000
Stunning Victorian facing Barat Park.

RECENTLY LISTED!



Westmount, 746 Lexington Ave.
\$2,350,000
Spectacular 5,000 s.f. home. Most desirable location!

NEW PRICE!



Westmount, 3764 The Boulevard
\$5,100 mo.
Charming 4 bedroom detached stone house.

RECENTLY LISTED!



Golden Square Mile, 2 Chelsea Place
\$1,425,000.
Urban living at it's best! Downtown's most distinguished address.

WWW.BRIANDUTCH.COM
514 386 2902

Affiliated Real Estate Agent RE/MAX WESTMOUNT Inc. Chartered Real Estate – Broker/Independently owned & operated

Sports and Rec tries new space guaranteed registration

BY LAUREEN SWEENEY

A new registration policy for the city's spring and summer sports and recreation activities goes into force with the start of the sign-up period March 22, guaranteeing a place to all Westmount residents who register by April 1 at the arena.

Only one program, "Introduction to the Music World" for children under 5, is exempted from the guarantee. This is because of an anticipated high demand and the challenge of working with the younger age group.

After April 1, the programs will be open to late registrants and non-residents alike, as space permits.

The guarantee applies only to the two-week period and to the upcoming season, said Sports and Recreation administrator Dave Lapointe. It is too soon to know how it might be extended to the hockey season, he explained. "We'll have to see how it works out."

The process replaces the previous "first come, first served" basis that resulted in long line-ups and waiting lists. "I hope people will take advantage of the longer

time frame and not line up unnecessarily," said Councillor Kathleen Duncan, Sports and Recreation commissioner.

Residents can arrive with their completed forms and proof of residence during specified hours, which are indicated on the city website.

Registration details are outlined in the new program booklet that was to be distributed to all households by Canada Post starting March 8.

Campbell Cohen Worsoff

Avocats
Barristers and Solicitors

ESTATE LITIGATION
WILLS AND ESTATES
INSURANCE CLAIMS



Michael Worsoff

215 Redfern, suite 118
Westmount, QC H3Z 3L5
Tel: 514 937-9445 Fax 514 937-2580
mworsoff@canadavisa.com

Westmounters take part in a rainy St. Patrick's parade



The steady rain which fell all day March 14 didn't discourage this group representing the city of Westmount from taking part in the annual St. Patrick's parade. Gathering at Victoria Hall before heading downtown, participants either rode atop the float sponsored by the city or walked beside it. It was the first time in around 20 years that the parade was rained upon. Organizers managed to erect a canopy over the top of the float and a number of umbrellas were also brought along. On a more sombre note, a young man was killed by the flatbed carrying the Marianopolis College float when he lost his footing and fell under one of its tires. Marianopolis spokesperson Kathryn Haralambous confirmed to the Independent the following day that he was not affiliated in any way with the CEGEP. She also said that the college is offering counseling to its community as they need it.

Photo: Martin C. Barry

SERGE GABRIEL

ET / AND

MANON SÉNÉCHAL

Agents immobilier affiliés / Affiliated real estate agents

(514) 917-2228 (514) 481-0241

WWW.SERGEGABRIEL.COM

Email: clients@sergegabriel.com

CONTACT US FOR A FREE PROPERTY ESTIMATE!



3458 Marcil \$858 K

Exceptional and oversized 5 bedroom Victorian Townhouse on Marcil, facing N.D.G. Park.

Built in 1910, completely renovated and restored in 2000.



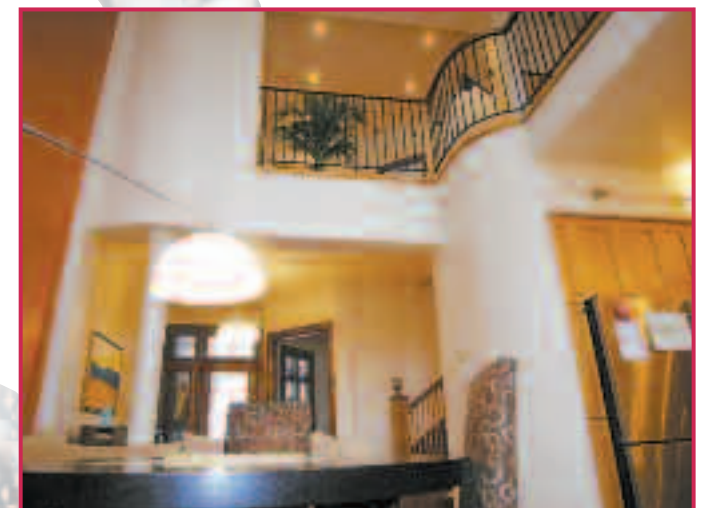
COTTAGES

NDG Marcil Ave.
NDG Hingston Ave.
NDG Patricia Ave.

5 BDR, 3 stories, one of a kind
Det., 3 BDR, large lot
Det., 3 BDR, charm

SOLD 4241 Hingston, Cottage
2049 Marlowe, Upper
4826 Melrose, Upper

Sold in 2 days
Sold in 7 days
Sold in 11 days



5765 ave. Monkland Ave., Montréal, QC, H4A 1E8

Tél : (514) 917-2228 Fax : (514) 487-0667

Courriel / Email : clients@sergegabriel.com

ROYAL LEPAGE
GROUPE NEWTON
courtier immobilier agréé
PLACEMENT PROFESSIONNEL ET AUTOSOMME DE NOTRE CARRIÈRE

LETTERS TO THE EDITOR

ALL POTENTIAL USERS OF ARENA SHOULD SPEAK UP

I am in complete agreement with Mr. Schachter ("Over 60, hockey-playing and arena skeptical," March 2, p. 9). It would be outrageous if anyone suggested that the city of Westmount build a new arena "to subsidize a couple of dozen seniors/executives" as if that were the only reason for a second hockey surface.

Fortunately that is not the case.

Until the council study is finished, I wish all the naysayers would stop throwing out rationalizations concerning parking, traffic and cost. It is understandable that those living in the area adjacent to the existing arena might be concerned about traffic and parking, even if they live in high-rise apartments with underground parking.

The Vancouver Olympics demonstrated that our youth can participate in many more exciting skating activities than men's hockey, namely short-track speed skating, women's hockey and figure skating. Currently there is only one women's hockey team in Westmount and it is for adults. Girls who want to play in their own league have to go to other arenas.

Figure skaters get three hours per week on the large rink. Families and individuals get four hours for skating. The executive hockey league is for men over 35, which means that my four children are old

enough to play on my team. Three of them are women so unfortunately they would not be eligible.

If we are to argue that we need to consider family incomes, I am also on a "fixed income," but I am willing to make the effort to support a sports complex that demonstrates vision and leadership. If we are using national statistics to help define the arena project perhaps we should also look at obesity statistics, which leads me to argue that we should be creating accessible, inexpensive winter exercise programs for our community.

In closing I must admit that I might be totally wrong. What I see as a creative, lasting and positive project for all of Westmount may be only my own view. I would hope that those readers who can see the benefits of future programs and current needs would speak up.

PETER NAYLOR, ABBOTT AVE.

STEEL WHEELS OVER RUBBER IS A WESTMOUNT ISSUE

As a cash cow for the aggro, Westmount and the other suburban municipalities are again being forced to sit back and face the cost-sharing consequences of another very expensive and unnecessary boondoggle, as the city of Montreal is calling the shots just like it did on the disastrous water meter contract. Only this time the unwarranted cost premium is much greater.

The refusal of the Société de transport de Montréal (STM) to consider a bid for new Metro cars that would run on steel wheels overlooks a potential \$2-billion cost saving and the possibility of millions of dollars more in savings for ongoing maintenance and construction costs when new extensions are added to the Metro system.

The transition to steel wheels could be easily accomplished because steel tracks are already installed in the Metro system as a precaution to cope with tire failures, to allow the cars to be switched between tracks at the end of each line and to access their maintenance facilities. The transition would be accomplished with no disruption to Metro service.

The proposed new Metro cars with steel wheels would be built in Montreal and create many jobs here in full compliance with the requirement for Canadian content, so that cannot be a valid reason for rejecting, out of hand, an innovative proposal that could save billions of tax dollars.

Any new tramway system that might be provided in Montreal would run on steel wheels with significant cost savings to be realized if the tram cars could transit the Metro system to share its maintenance facilities and avoid a duplication of skilled maintenance staff.

Rubber tires were originally adopted for Montreal's Metro system as a copycat of Paris, but now that city has seen the light and has made the transition to steel wheels. Why is Montreal unable to even consider a similar move?

Someone in government needs to get their priorities right. Allocating \$2 billion towards healthcare would benefit everyone much more than rubber tires on Metro cars.

JOHN DOREY, VICTORIA AVE.

CYCLISTS CAN BE NUISANCES

Regarding Stephen Chin's rant in his February 24 letter, cyclists are in many cases a nuisance and outright menace to pedestrians, such as when they careen along local sidewalks and pass through red lights, as is too often witnessed.

Bikers never use bells as horns on handlebars, as I recall seeing in decades past, yet Mr. Chin admits in his letter he doesn't use proper equipment: lights, flags, reflectors, mud and chain guards!

Omitting this "has not landed me in a body cast," he boasts, but doesn't mention the same condition could happen to any pedestrian struck by a speeding cyclist.

He thus contradicts any points he may have tried to make.

DOUGLAS FALES, CLARKE AVE.

AGGLO EXISTS TO GET SUBURBS' SUBSIDIES

Our mayor is preparing a lengthy memoir to prove that the agglom is making the loyal, Liberal, demerged suburbs subsidize Montreal.

But that was the whole point, the *raison d'être*, as it were, of the agglom.

So, don't hold your breath, Mayor Trent.

JEAN-CLAUDE TURGEON,
MT. STEPHEN AVE.

HOLY LADY STILL MISSING

We recently noticed that the statue of the holy lady (Virgin Mary) which stood silently on the rooftop of Dawson College has vanished, for reasons unknown to us.

This statue represented goodness, inspiration and, above all, love. It was never meant to be an object of worship but the best example of human lifestyle.

That being said, we trust that the "figure" was not removed for ethical or religious reasons which, in and of itself, would be that of bad faith.

VANIA DE GREGORIO, CÔTE ST. LUC RD.

Editor's note: The Independent reported in its October 6, 2009 issue (p. 34) that workers removed the Notre Dame de la Garde statue on top of the Dawson College building on September 25. It was reported the Madonna-and-child statue needed to be refurbished.

Szilasi receives arts GG award



Westmounter Gabor Szilasi was one of eight to be awarded a 2010 Governor General's Awards in Visual and Media Arts recently. The awards are a collaboration between the Canada Council and the Governor General of Canada "to honour excellence in visual and media arts."

Correction

In our March 3 edition ("The Velvetene Rabbit, starring Una Kay"), we misidentified the medium of *The Velvetene Rabbit*. It is a film.

WESTMOUNT INDEPENDENT

We are Westmount.

Weekly
Presstime: Monday at 10:30 am

PUBLISHER AND EDITOR: David Price
DEPUTY EDITOR: Kristin McNeill
CHIEF REPORTER: Laureen Sweeney
PROOFREADER: Stella Mindorff

LETTERS & COMMENTS:
We welcome your letters, but reserve the right to choose and edit them.
Please check your letter carefully.
We may be unable to make subsequently submitted changes. If you do make amendments, please "redline" them instead of resending the whole letter. Please email any letter and comments to
indie@westmountindependent.com.
Every letter of support helps us with advertisers!

—HOW CAN WE HELP YOU?—

Stories and letters

Kristin McNeill: 514.223.3578
indie@westmountindependent.com

Advertising & Sales

Arleen Candiotti: 514.223.3567
advertising@westmountindependent.com

Accounting

Beth Hudson: 514.223.6138
office@westmountindependent.com

13,789 copies

Audited by



OWNED AND PUBLISHED BY:

Sherbrooke-Valois Inc., 310 Victoria Ave., #105, Westmount, QC H3Z 2M9
Fax: 514.935.9241

Boomers should continue transport work – and more



Civic Alert

DON WEDGE

Boomers step forward! Westmount needs your know-how and skills. There are a lot of issues, beyond the arena/pool project or the Greene Ave. refurbishing, waiting for experienced workers. This request is prompted by the meeting to be held on transportation at Contactivity the afternoon of Tuesday, March 23. Facilitated by community organizer Stephanie Dupont of CSSS Cavendish, it is also concerned about the gaps in transportation services.

It is a subject all Westmounters, irrespective of age, have an interest in. Even those who get the car out to visit nearby friends benefit from the public transport, biking or walking options that so many others take, as it gives drivers more road space.

Unfinished issues

There is much unfinished transport business, even at the local level. Too many bus stops do not have shelters or even benches. Services are sometimes too crowded. The 24 bus, in particular, is crammed in the rush hours, while it is too infrequent in the evenings. There are too few north-south routes in Westmount or direct links to the hospitals.

There are too many stairs at the Metro. Sidewalks could be better, and it is time a permanent solution was found to the lakes that form during run-off and summer storms at Sherbrooke/Victoria and other major intersections. Also more benches everywhere would help many pedestrians, not only seniors but adults with children and shopping.

Two decades ago, the Seniors of Westmount Action Group (SWAG), which had begun as a breakaway from Contactivity, took the transportation issue very seri-

ously. The westward branch of the Metro, particularly the intermodal station at Vendôme, had transformed the local bus routes and citizens' travelling choices.

After some federal funding was obtained, SWAG members researched other places, including on-site investigation of developments in Winnipeg and Toronto.

Subsequent recommendations, including the introduction of low-floor buses, were taken not only to the Westmount city council, but downtown to the transit board and the Montreal Urban Community (MUC) council.

Views encouraged

SWAG's presentations were received with encouragement, but change always takes a long time. The group had dispersed before the low-floor buses arrived.

As the transit board implemented the changes, Robert Bourassa's provincial government made savage cuts to public transport funding. Nevertheless the board persevered.

Unfortunately, there were unintended consequences to the innovation – fewer seats. Nevertheless, low-floor buses have become accepted internationally.

I first travelled on one in the Plateau for an early evening journey. At a stop, a young couple boarded with a stroller. It was so easy compared with the previous struggle up the steps!

The previous generation of buses looked as though they had been designed by engineers for use by engineers: steel tubes dominated the interiors and tough, spare-no-survivor seats were the norm. They contrasted poorly with the Metro cars that had arrived with bright Expo colours and materials.

Although most critics regarded the first generation of low-floor buses as lemons, today's models seem better in many respects – including more cheerful interiors.

At the same time as SWAG made its pitch for improved buses, it polled residents, retaining a graduate student supervised by Denis Roy. He was a public health

doctor who had previously helped Sally Aitken launch the Healthy City Project. They surveyed Westmount seniors' most common use of transport and proved that it was not private cars, buses, the Metro or even taxis that topped their needs, but walking.

Fred Caluori, the city engineer, was given the poll results and invited to explain his department's approach to sidewalks.

I've recalled these events because they showed what Westmount activists could achieve at the regional and local levels. Did the forced mergers push these subjects off the agenda? Certainly a decline in local reporting of such efforts did not help.

A main proponent of low-floor buses was the late Neill Currie of Roslyn Ave., noted gardener and community volunteer, who had been a bank official. He was in his early sixties in this period, and I hope those preparing for this phase of their lives will consider emulating him.

While many seniors would benefit from transport improvements – and boomers will soon be seniors – these are facilities that the grandkids can use, now and in half a century.

They are not the only issue. How about forming the infantry to fight the unfair aggro taxes?

Citizen activist Don Wedge's email address is dwedge@sympatico.ca.

Westmounters revive McGarrigle era scene

Some of the veterans of the Montreal folk scene have reformed and are giving small concerts – including on Saturday, March 20 at the Centre St. Ambroise. They call themselves the What Four and friends.

Among them are John Knowles of Somerville Ave., Peter Weldon of Academy Rd., Jack Nissenson and Jane, the eldest McGarrigle sister.

Weldon and Nissenson were members of the Mountain City Four that went on to fame in the 1960s with its two female singers, Kate and Anna McGarrigle. The sisters' replacement in What Four are Lily Lanken (Anna's daughter), a former Westmount resident, and Kathleen (Weldon's daughter), who lives on Melville Ave.

The group, which has been rehearsing for many months mainly in Westmount, also includes Stephen Barry, leader of the Blues Band.

Sunday's concert is being produced by John Fretz of Lansdowne Ave., with proceeds going to the Kate McGarrigle Fund at the Royal Victoria Hospital. – DW

(For details of the Contactivity meeting and the What Four concert, see *Comin' Up*, p. 21).

ST. PATRICK SQUARE



3½

APRIL MAY JUNE

Active Community Living
6767 Côte St. Luc Road
514-481-9609



Penthouse for Rent

Westmount Square – 3175 sq. ft.
\$9700/month, April 1st
Tel. Penny 514-843-4295

One call lets you reach 85,000 people via quality publications!

**WESTMOUNT
INDEPENDENT**

ARLEEN CANDIOTTI, WESTMOUNT

514.223.3567

advertising@westmountindependent.com

**THE NDG
FREE PRESS**

DAVID PRICE, NDG

514.935.4537

advertising@ndgfreepress.com

Opinion

Many options exist for bike racks, parking meters

BY STAN GROSSMAN

The city of Westmount is considering new digital parking meters and is contemplating the installation of additional bike racks.

Considerations for new parking meters:

- Since the meters will likely function digitally, can a variety of parking time limits be controlled? For example, shorter times at certain hours and longer times at meal times?
- Merchants should be consulted as to their needs to attract clientele.
- In most of Westmount presently, parking meters have been installed at curb side. In many Montreal areas, the posts exist on the sidewalk side, away from the road. The final decision should also take into account the placing of bicycle racks.

Considerations for bicycle racks:

- These should be abundantly available at shopping areas, parks, schools, sporting and meeting facilities.

- At parking areas, the meter posts are used for racks to allow for a small foot print. I have constantly urged the city to turn the loops on the meters 90 degrees to facilitate the locking of two bikes, rather than just one.
- Other systems may offer easier attachment but occupy more space. Toronto provides a good system in busy areas. Another type was at the northwest corner of Sherbrooke and Grey last season.
- The powers-that-be can inspect many options on the internet.
- Some municipalities avail themselves of sponsored bike racks, which do not make a dent in their expense budgeting.
- All systems should facilitate the use of bolt attachments, which are much more theft resistant than cable or chain ones.

Stan Grossman is a resident of de Maisonneuve Blvd.



André Papanicolaou at work at the Swiss Watch Shop.

The Swiss Watch Shop has been fixing, buying and selling timepieces in the west end for 42 years.

It has been on the same north-side block of Sherbrooke St. (between Marlowe and Vendome) since its founding by Joe Fluri in 1968. The current owner, André Papanicolaou, sees its first-floor location as an advantage. “We are not at street level, which offers discretion to clients who want it.”

In 2006, André purchased the shop from the estate of Fluri, who came from a family of actual Swiss watchmakers. André is a Graduate Jeweller who began his career at Birks and is proud to carry on the shop’s tradition.

The main activity of the shop is repairing watches, clocks and jewellery, “...people have

valuable vintage watches that they don’t even think of as timepieces, but they could be.”

The Swiss Watch Shop also buys and sells jewellery, clocks and collectable watches. The price of gold is very high these days, and if you have some in any form, including gold and silver coins, we will buy it from you. All calculations are made in front of your eyes, and we check prices twice a day.

The shop is open from 9:30 am to 5 pm (Mondays to Wednesdays) and 10 am to 7 pm (Thursdays to Fridays).

5165 Sherbrooke St. West #103
Between Marlowe & Vendome
514-489-1444 • 514-489-5539
www.swisswatchshop.ca

Advertorial

SAQ HQ silent on ban of English publications in Westmount store

continued from p. 1

want any anglophone papers,” he said the SAQ employee told him. “If they were English-language they didn’t want them.” Doucet said he wasn’t sure if the woman was speaking for herself or implementing a company policy. He decided to try to clear up the confusion by calling SAQ headquarters.

A public relations employee told him he was not aware of any ban on English-language publications. “He seemed to be at a loss for words,” the contractor said of the representative’s reaction. “They took my name and they never got back to me.” The *Independent* also left several messages with an SAQ public relations person, but she hadn’t responded by deadline.

“I can only shrug my shoulders,” commented Kensington Ave. resident Alan

Nutik, founder of the currently inactive political party Affiliation Quebec. “This is an inconsistency that’s consistent with Quebec’s discrimination.”

“I abhor the fact that the *Indie* is discriminated against at the SAQ,” he added. “But what are we going to do about it? We could lead a demonstration to the premier’s house up the street on Victoria, but he won’t hear anything, and he probably doesn’t read the *Indie* because it’s English. We scream at the government about language issues at public institutions, and yet the discrimination goes on and they don’t stop.”



Publication rack in entranceway of SAQ outlet on Sherbrooke and Victoria March 11.



santé • health
NOVAmontréal

High Risk Foot Care Clinic

Do you have Diabetes,
foot pain, poor circulation?
If so, you have high risk feet

Our Nurse Specialist can help

514 866-6801
Cost: \$50 first, \$45 follow up session

Queen Elizabeth Health Complex

Seniors Transportation

Free Information & Discussion Session

What is available for you now? What more is needed?

Hosted by the Table des Aînés de Montréal Centre-Ouest
at **CONTACTIVITY CENTRE**
4695 de Maisonneuve W.

Tuesday, March 23rd at 2 PM – Open to All

514 932-2326

Opinion

Modern architecture is a historic Westmount style

By Gavin Affleck

I am writing both as a concerned native of Westmount and as the architect of 493 Lansdowne in response to your articles of March 2 (“Council reviews another two projects”) and March 9 (“Permit for new Lansdowne house pulled from council agenda”).

Since your articles include a quote from Mayor Peter Trent describing our project as “radical”, and a second unattributed quote as “ultra-modern”, I would like to clarify our design approach.

Our firm worked closely with the Planning Advisory Committee (PAC) on 493 Lansdowne to create a project respectful of the streetscape that gives new life to Westmount traditions. The PAC demanded excellence and the respect of integration criteria, and, in rigorous conformity with municipal guidelines, did not dictate architectural style.

Project not ‘radical’

The resulting project is not “radical” in any sense – it a sensitively scaled private residence of contemporary expression solidly grounded in two Westmount historic styles: Arts and Crafts architecture and Modern architecture. The PAC was impressed with the conceptual approach, and the project has received its favourable recommendation.

The Westmount I grew up in during the 1960s and 1970s was one of Canada’s most intellectually active communities, and English Montreal was a centre of progressive thinking in Canada. Many of the modern social institutions to which we owe our current quality of life in Canada found their genesis here.

Modern architecture was introduced to Canada by John Bland at the McGill School of Architecture, and most of the professors and leading practitioners of Modern architecture lived and built in Westmount. The body of work they created is recognized today as a historic style in its own right.

I would suggest your reporter, or Mayor Trent, is on a slippery slope when it is implied that Modernism is not a historic Westmount style: “There is some concern about agreeing to a radical building design because there are already a number of derogations from traditional Westmount style on the street,” said Trent. I am concerned that there is a dangerous and irresponsible erasure of history operating here.

The recognition of Modernism’s historical contribution and the promotion of contemporary design as a strategy for the protection and consolidation of historic neighbourhoods are not “radical” and have been standard urban planning policy in greater Montreal for many years.

How has Westmount fallen so far behind? The building of simulacra and the mimetic rendering of historic styles provide comfort, but their imitative forms and debased craftsmanship generate parodies of history.

Preservation, not mimesis

The key to keeping history and tradition alive is not mimesis but carefully integrated contemporary architecture that provides continuity by respecting the history that precedes it, reinterpreting craftsmanship in a language of our time and maturing into the history of tomorrow. Discouraging contemporary architecture will not protect a community. It will only accelerate its decline by inhibiting its ability to renew its traditions.

Public acceptance of new art forms moves slowly. Modern architecture is younger than 19th century styles and is not fully accepted by the general public, no more than contemporary dance, abstract painting or atonal music.

How should Modernism and contemporary architecture be dealt with in the public realm? Should we prohibit and exclude the new and the different, or should the public character of architecture be used to include difference, promote tolerance and educate the public?

More to the point than the personal bias implicit in this rhetorical question is the fact that tolerance, inclusion, intellectual curiosity and progressive thought are part and parcel of Westmount’s tradition of Modernism, and are precisely the values that Modern architecture seeks to promote and defend.

Gavin Affleck is with Affleck and de la Riva Architects.

CYGEST
Property Management
Residential and Commercial
(514) 923-8943

February crime statistics

Traffic focus doubles ticket count

By Laureen Sweeney

While criminal activity in Westmount during February showed little change in recent trends, the number of traffic tickets issued by police for moving violations almost doubled the typical number. The crackdown on speeding and other infractions followed complaints voiced at recent city council meetings.

“This is important to me, and I’m trying to put greater emphasis on it,” said Station 12 commander Stéphane Plourde.

Many of the 424 tickets in February related to two specific problem streets – Argyle and Côte St. Antoine, he said. This compares with 281 tickets in January and 210 in December.

Large radar speed indicators were put in place on both roads as warnings to motorists a few days before police were brought in to enforce speeding and other moving violations.

While none of the crimes reported last month involved the theft of iPhones, he said Westmounters should be on the lookout for people who might try to snatch these devices from them while in use. This has been happening in the Ville Marie portion of Station 12’s jurisdiction, he said. One such incident occurred in February in the Montreal section of Alexis Nihon Plaza.

Pedestrian safety campaign April 5

On the traffic front, police will be undertaking a pedestrian safety campaign April 5, Plourde announced.

It remains illegal under the Quebec Highway Code to cross intersections such as Victoria and Sherbrooke on the diagonal even though pedestrian lights may be stopping traffic in all directions, he warned. “I went to the intersection myself and found that there is enough time to cross both streets one at a time,” Plourde said. Citizens have previously been ticketed for taking the shortcut.

Street gang risks addressed at WHS

Among the station’s activities in February was a prevention presentation at Westmount High School on the dangers facing girls lured into street gangs. A presentation to a group called Expression Life dwelt on how vulnerable young teens can be to recruitment tactics used by gangs, with one aim being prostitution.

“There are no problems of street gangs at Westmount High,” said community relations officer Adalbert Pimentel, “but we want students to be aware of the way gangs work.” Expression Life is a joint program of the Black Community Centre and the English Montreal School Board.

Crime sampling from Station 12						
September '09 to February '10 – Westmount						
Type of crime reported	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.
Break and enter	17	15	5	6	2	3
Robbery (theft with violence)	2	2	1	3	0	2
Theft from vehicles	15	10	15	16	10	10
Theft of vehicles	4	2	2	0	5	2
Graffiti	9	17	20	6	7	11

Parking changes approved

City council approved parking changes at four locations in Westmount at its meeting March 1.

These involve no parking at entrances to two parks to alleviate congestion and free up access for emergency vehicles if required.

These are for Prince Albert Park, on the west side of Prince Albert Ave., and for the Westmount Athletic Grounds (WAG), on the west side of Hallowell St.

Parking will be prohibited during the winter in the last (most southerly) parking space on the west side of Columbia Ave. to facilitate snow clearing and improve emergency access to the WAG.

On the north side of Côte St. Antoine Rd., in front of Selwyn House School between Argyle and Stanton, the 10-minute parking maximum is being extended by two hours to allow for picking up students until 6:30 pm Monday to Friday. The time-period begins at 7:30 am.

Hogg Hardware is open!

In order to get our new Westmount location ready, we have moved to the corner of Vendome Ave. and Sherbrooke St. (5128 Sherbrooke St. W., near À Votre Santé)

	Vendôme	Grey	Claremont
Bureau en Gros			Sherbrooke
	Hogg Hardware	Pharmaprix	

The grand opening of our new location will be in May 2010: 4855 Sherbrooke St. W. (corner Victoria, old SAQ location)

Our phone number has not changed: **(514) 934-4644**

No change to our Nuns' Island location: 7 Place du Commerce – (514) 761 4441

Reporting from Station 12

Educating kids about bullying

BY DAVID GOLDBERG

Being a kid has never been easy, but in today's world of the internet some aspects of growing up are even more difficult.

One example is how bullying has now become even more insidious with the advent of cyber-bullying through the internet.

"Cyber-bullying can be done on social networks like Facebook, through text messages, on blogs and chat rooms," said Station 12 constable Adalbert Pimentel. "The bullies can go a lot further because they are anonymous on the internet."

Pimentel said kids can spread lies and other hurtful messages on the internet, and some can be even more creative.

"Sometimes, with older kids, a guy may take suggestive pictures of his girlfriend and promise never to show them to anyone, and then get mad and post them on the internet," he said.

For it to be considered bullying, the actions must be repeated several times. Once it becomes intimidation, it contravenes the Criminal Code. And the effects can be devastating.

Victims become depressed

"The victims can become depressed or withdrawn; they're afraid to go to school, and their marks go down," said Pimentel. "In the most extreme cases, it can even lead to suicide."

Of course, there are measures that adults can take to make sure children don't become victims of bullying, whether or not it's of the cyber kind.

"Parents have to be vigilant, and they should know what their kids are looking at on their computers. It can be hard, because a lot of kids have laptops and iPhones," he said. "If you see your child seems more withdrawn or comes home

from school crying, you must try to get them to tell you what's wrong."

The key, said Pimentel, is that victims must tell someone if they are being bullied.

"It's hard for the victims because they feel alone and isolated, and that they have no support. For them, it feels like climbing a mountain; it's such an uphill battle, but often the problem seems bigger to them than it is," said Pimentel.

To help get that message out, Pimentel goes to Westmount schools to talk with students.

"We tell the kids about the consequences of bullying, and sometimes kids tell us they've been picked and ask what to do," he said. "One kid who was a bully told the class he did it because he felt everyone was picking on him by calling him stupid."

Tell someone

And Pimentel tells the students that if they see someone being bullied, they should tell a teacher or another trusted adult.

"It's hard, because they feel they're being snitches if they tell," he said. "But you can't justify this, and being a bully or being bullied is unacceptable."

So far, Pimentel has visited Westmount schools about 15 times during the current school year, and he's willing to visit as often as needed.

Meanwhile, if you think your child is being bullied at school, Pimentel advises you call the school administration and let them know. If you believe that bullying includes criminal acts, like assault or theft, you can call Pimentel at 514.280.0412.

Other resources include Tel-Jeunes at 514.288.2266 and the Kids Help Phone line at 1.800.668.6868.



Luxury CONSIGNMENT Showroom

Antique... Modern... Vintage... Art Deco... Contemporary

AFFORDABLE LUXURY

DRESS YOUR SPACE WITH OUR HOME COUTURE



Specializing in NEW & PRE-OWNED home furnishings, tableware, decorative accessories, giftware & lighting from Montreal's Finest Homes, High-End samples, overstock & discontinued products from some of the World's most exclusive showrooms.

Galerie M, 8160 Devonshire Road
514-564-3600 – www.galeriem.ca



Faites le bon choix
Make the Right Choice

Béatrice
BAUDINET

Agent immobilier affilié / Affiliated Real Estate Agent

B. 514.934.1818
C. 514.912.1482
www.baudinet.ca

DIAMOND
AWARD
WINNER
for 2009
(awarded to the top 3% of Royal LePage Realtors in Canada)

ROYAL LePAGE
HERITAGE
COURTIER IMMOBILIER AGEE
REALTOR ASSOCIATE IN CANADA

Building litigants look back

By MARTIN C. BARRY

Call it what you will – water under the bridge, letting bygones be bygones. Two Westmount homeowners who were involved in major house renovation controversies over the past few years were asked for their thoughts now that the projects have been completed.

In both cases, the owners eventually won the right to build based largely on court rulings that city council had discretionary powers to award building permits.

“It was an aggravating situation to go through,” said Juliana Cytrynbaum, whose plans for an addition on her home at 164 Edgehill Rd. were opposed by neighbour

Louis Audet, who lives in the house next door.

“We did everything by the book and had to go through that emotionally,” she added. “It was a big burden. But at the end of the day, we’re happy about the outcome because it ended up in our favour, as we knew it would. It was just sad that a young family that was so excited about their home and making it beautiful had to undergo this. It just put a damper on the whole thing.”

In an interview, Audet noted that the Cytrynbaums weren’t able to proceed with their project exactly as planned and had to undo some work that had already been completed. Not satisfied, he launched a

lawsuit, although it failed. “You will find totally outsized homes which have been recently constructed, some of which have not even been finished yet,” he said.

“You will find them on Summit Circle, one on Summit Crescent, one on Sunnyside. They’re so large they look like hotels in what is otherwise a continued on p. 12



27 Bellevue Ave. with renovation in question circled.



164 Edgehill Rd. with renovation in question circled.

Looking through old Indies at building litigation

Bellevue/Sunnyside:

- Resolution: “Court throws ball back to city in Bellevue ruling” (December 17, 2008, p. 2)
- Background: “Council adopts permit change” (September 16, 2008, p. 1)

Edgehill:

- Resolution: “Court upholds city’s discretionary powers” (December 9, 2008, p. 1)
- Opinion: “Needed: Tighter building permit by-laws, more neighbour consultation” by Louis Audet & Jocelyne Francoeur-Audet (March 24, 2009, p. 6)

Get creative with your next cocktail reception.
GALERIE D'ESTE
 contact Samara at
 evenement@galeriedeste.com
 1329 Greene Ave / galerie@deste.com / 514-866-1515

GALERIE WALTER KLINKHOFF

ADVISING ART COLLECTORS FOR OVER 50 YEARS

www.klinkhoff.com | 1200 Sherbrooke St. West, Montreal, Quebec H3A 1H6 | 514.288.7306



Albert H. Robinson, RCA



Sarah Robertson

We Sell Paintings of Quality

If you are considering selling important works of art kindly contact us for a confidential consultation:
 info@klinkhoff.com

M.-A. Suzor-Côté, RCA



Yehouda Chaki, N.W. Toba River 0904

Westmount Art Scene

A hint of spring on Greene: Fischer, Chaki and Baxter

BY HEATHER BLACK

Spring blossoms, green grass and trees bending in the wind have transformed Greene Ave. Or is it the art of Peter Fischer, Yehouda Chaki and photographer Bonnie Baxter that puts a spring in our step?

Peter Fischer at Galerie D'Este

Fischer’s paintings convey a lyric realism. With vistas of fields, seas and skies, the viewer is transported to Kamouraska,

Magog and the Lower St. Lawrence. “Kamouraska Misty Morning II” reveals a green expanse and a stand of trees against a grey sky. The artist’s use of fine brushstrokes and smooth surfaces captures nature’s calm.

Painting tranquil, almost sentimental scenes, Fischer’s colours recreate our local landscape. Pink flowering trees enliven “Misty Blossoms”, while the deep blue pools and water lilies of “Spencer Creek II” suggests the art of French impressionist Monet.

Drawing on simple forms – a row of trees against a field, a bar of pink blossoms – Fischer recreates a calm and inviting beauty. An Ontario resident, his work is on exhibit until March 21.

Yehouda Chaki at Galerie de Bellefeuille

In contrast, Chaki’s trees, mountains and flowers dance and sing. Painting in oils, Chaki turns his talent to a recurring subject – flowers in a vase – for “Window 0926”. Here bold, tactile brushstrokes define petals against layered colours.

Yellow hills dominate the Greek landscape “Keratsini 0916”, as clouds fly across blue skies. In “Illoupoli” a tree with multicoloured leaves swirling in the wind, creates a rich kaleidoscope of colour.

“N.W. Toba River 0904” captures British Columbia’s majestic fiords. Painted on a 20 by 80 inch panel, coastal cliffs rise above colourful reflections. Similar to the river scene “After the Toba River 0929”, the two dominate this exhilarating exhibit. Chaki’s work is on display until March

continued on p. 12



Distributeur des portes et fenêtres Lepage Millwork

LES INDUSTRIES

MARTIN

INDUSTRIES

Since 1977

Distributor of Lepage Millwork

Need Windows or Doors?

We Know Westmount!

~ Marty Cooper

We also provide a complimentary service of obtaining the required city permits for you.

Take advantage of the new renovation tax credit

Save up to \$3850 !

(514) 486-4635

Free Estimate

Visit our web site or showroom - 8178 Montview (corner Ferrier)

www.martinindustries.ca

LEPAGE Millwork

Energy Star



La rumeur no.1, 2009, Graphile, 42 x 68 cm - 16 1/2" x 26 3/4"

BENOÎT SAITO

Vernissage March 25, 2010, 5 à 7

Beaux-arts des Amériques

3944 St Denis, Montréal T 514.481.2111

www.beauxartsdesameriques.com

BUNNY BERKE

Affiliated Real Estate Agent

514 933 8037



Featured property
Westmount, 2 Westmount Square, apt. 1502 – \$1,895,000



Westmount, 3302 Cedar
\$1,575,000



Westmount, 673 Grosvenor
\$1,495,000



Westmount, 3605 The Boulevard
\$1,556,000

I have clients desperately looking for 4 to 5 bedroom homes; I welcome your call.

BUNNYBERKE.COM ...

THE ADDRESS TO FIND YOUR NEXT ADDRESS.



JJ Jacobs Realty
NOW YOU'RE GETTING SOMEWHERE™
Chartered Real Estate Broker

Art scene on Greene

continued from p. 10

24.

Bonnie Baxter at Division Gallery

This photographic series entitled “Jane’s Journey” suggests the story of every woman, a “plain Jane” or a “Jane Doe”. Here, a woman in a blonde wig – the photographer herself – is featured but her face is never seen. Mannequin-like, the effect is somewhat humorous, yet somehow tragic.

In “Fog 1”, the luminous figure in red stands isolated against an intense blue-green sky. Resembling a set design, the figure in “Voyage 1” sits in a beached, red canoe. In another “Monarch Beach 4”, she

sits – like a timeless Marilyn Monroe – swarmed by seagulls unaffected by her presence.

This series captures the photographer’s personal odyssey to her Texas and California roots. But in Baxter’s storytelling, nature becomes a backdrop for common experiences. Personal, yet universal, here the trivial becomes epic. A Val David resident, Baxter’s work is on display upstairs of Galerie sur Greene until April 24.

Creative spring

Spring suggests new life, new beginnings. But these Greene Ave. exhibits – Fischer’s warm tones, Baxter’s beach scenes and Chaki’s flowers – remind us that creativity is life’s perpetual spring.



Bonnie Baxter “Monarch Beach 4”

Sotheby's
INTERNATIONAL REALTY

Québec

sothebysrealty.ca

DOWNTOWN

INTRODUCING



LE CRYSTAL
\$1,240,000



PH AT THE UNITY BUILDING
\$1,189,000
MLS 8286750

**LOUISE
LATREILLE**
AGENT IMMOBILIER AFFILIÉ



514.577.2009
www.louiselatreille.com

LONDRES | NEW YORK | VANCOUVER | MONTRÉAL | PARIS | MIAMI | VENICE

290 Place d'Youville, Old Montreal 514.287.7434

Chartered real estate broker | Independently owned & operated



The ultimate Polish/European
Bakery & Delicatessen



**Famous PONKI
donuts**

baked fresh on premises

6/\$4.50 or 12/\$8.00 \$6.00

with this ad – 1 coupon/customer – while quantities last

You can call to reserve

5499 Sherbrooke St. W.
corner Girouard, NDG

514.483.1042

Open 7 days a week

To see our full line of specialties visit:

www.wawelpastryshop.com

Too large?

continued from p. 9

dential neighbourhood. And such displays of *nouveau riche* wealth is totally inappropriate.”

A counterpoint to his view comes from Allyson Kassie Goldberg, whose plans to add an extra storey onto her home at 27 Bellevue Ave. were challenged by her neighbours, Mireille Raymond and John Keyserlingk, who complained the addition would obstruct their view. While they too sued, they also did not prevail.

“My feeling is Westmount is really becoming a stale neighbourhood,” said Goldberg. “It’s unfortunate that we can’t keep up with some of the better cities in this country in terms of keeping it an exclusive neighbourhood with big homes that are well kept.” Keyserlingk and Raymond were unavailable earlier this week when the *Independent* tried to contact them.

RONDA BLY
B.COM., M.ED., CPPA

ESTATE & MOVING SALES
HOME CONTENT LIQUIDATION
CERTIFIED APPRAISER
COMPLETE CLEANUP AVAILABLE

514-236-4159

ivyb2000@hotmail.com



RE/MAX WESTMOUNT INC.

CHARTERED REAL ESTATE BROKER independently owned and operated

**Offices on Greene and Monkland
to better serve you.**

514 933-6781

www.remax-quebec.com/westmount

514 482-3347

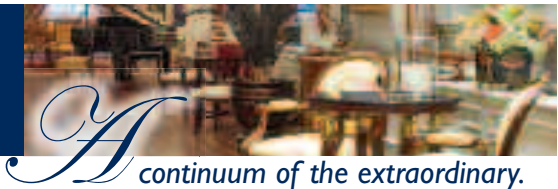
e-mail: remax-westmount@remax-quebec.com



Sotheby's
INTERNATIONAL REALTY

Québec

sothebysrealty.com



INTRODUCING



CHATEAU WESTMOUNT | 2 STUNNING UNITS
MLS 8310295 \$2,200,000 | EXCLUSIVE \$2,200,000

INTRODUCING



ARCHITECTURAL MARVEL
WESTMOUNT \$1,899,000

INTRODUCING



SUNDAY SHOWCASE 2 PM TO 4 PM

3712 THE BOULEVARD | WESTMOUNT \$1,498,000
MAJESTIC MID-LEVEL

INTRODUCING



STUNNING HOME | RIVER VIEWS
WESTMOUNT | MLS 8308754 \$1,298,000



HERITAGE INSPIRED CONTEMPORARY \$2,798,000
WESTMOUNT | MLS 8242982



STATELY STONE | FORDEN CR.
WESTMOUNT | MLS 8236597 \$2,375,000



MOUNTAINTOP RETREAT \$1,749,000
WESTMOUNT | MLS 1427106



CHARMING 3-STOREY COTTAGE \$1,598,000
WESTMOUNT | MLS 8307128

INTRODUCING



RECENTLY PURCHASED

DISTINCTIVE FAMILY HOME \$1,275,000
COTE-ST-LUC | MLS 8301605



IMMENSE BUNGALOW \$1,100,000
WESTMOUNT | MLS 8233288



CLASSIC COTTAGE STEPS TO GREENE \$999,000
WESTMOUNT | MLS 8297719



300 DES SOMMETS | NUN'S ISLAND \$898,000
SPECTACULAR VIEWS | MLS 8235926

RECENTLY PURCHASED



SECLUDED SOPHISTICATION
WESTMOUNT \$3,800,000



PRIVATE MOUNTAINTOP RESIDENCE
WESTMOUNT \$2,950,000

RECENTLY PURCHASED

EXCLUSIVE | WESTMOUNT \$3,295,000
DUPLEX UNIT | WESTMOUNT SQUARE \$1,800,000
LANSDOWNE AVE. | WESTMOUNT \$1,699,000
ALBION RD | HAMPSTEAD \$1,485,000
REDPATH CR. | GOLDEN SQUARE MILE \$1,475,000
FORT DE LA MONTAGNE | WESTMOUNT ADJ. \$925,000
CARRÉ DU MUSÉE | GOLDEN SQUARE MILE \$869,000
1228 SHERBROOKE ST.W. 5TH FLOOR \$2,642,178
1228 SHERBROOKE ST.W. 9TH FLOOR \$4,675,283
1228 SHERBROOKE ST.W. 11TH FLOOR \$3,126,863

LIZA KAUFMAN

Chartered Real Estate Agent | Managing Director

Sotheby's International Realty Québec LK

Chartered Real Estate Broker



514.232.5932

lkaufman@sothebysrealty.ca

To view all my listings please visit

lizakaufman.com

NEW YORK | TORONTO | LONDON | WESTMOUNT | MONTREAL | TREMBLANT | WEST ISLAND | PARIS | VANCOUVER

I Westmount Square #446, Westmount

Chartered real estate broker | Independently owned & operated

AMR

Proud supporter
leucan
ASSOCIATION FOR CHILDREN
WITH CANCER

Tim Richardson launches new book on gardens at Nicholas Hoare books

PHOTOS BY RALPH THOMPSON



Tim Richardson chats with Molly Fripp, president of the Garden Club of Montreal. In the background, from left, Marc Delplace and Alexander Reford.

Author Tim Richardson presented his most recent book *Great Gardens of America* at Nicholas Hoare book store on Greene Ave. March 12 with co-contributor

and photographer Andrea Jones. The book showcases 25 gardens in America – from Thomas Jefferson’s 18th century Monticello to John D. Rocke-



Tim Richardson, left, speaks with his associate and photographer Andrea Jones. Nicholas Hoare stands in background.

efeller’s 20th century Kykuit and Beatrix Farrand’s Dumbarton Oaks in Washington, DC. One chapter is dedicated to the International Garden Festival at Les Jardins de Métis (the Reford Gardens) located on the south shore of the St.

Lawrence River. In attendance were owner Nicholas Hoare and Alexander Reford, director of the Reford Gardens and greatgrandson of their creator Elsie Reford.

New heights IN SENIOR LIVING



Now you can discover the one address in town that brings harmony to a changing senior lifestyle – without compromise. Right beside the Old Fire station where Victoria meets The Boulevard, Westmount One promises unparalleled levels of security, comfort and quality living. EXCEPTIONAL PANORAMIC VIEWS INCLUDED.

EVOLVING NEEDS, ONE ADDRESS

Above standard services to make you feel at home including exquisite meals, housekeeping and laundry. Personal care and assistance can be progressively added when and if the need arises.

Westmount One accommodates both independent and assisted living.

WESTMOUNT



ne

For more information call 514 487-8282
4800, chemin de la Côte-Saint-Luc, Montréal

www.westmountone.com

Egg-tosser photos released

Belvedere Rd. resident Leonard Gorski has released photos of the two or three young white men who threw eggs at his house the morning of March 7, as previously reported. He is offering \$1,000 for information leading to an arrest and \$4,000 for information leading to the conviction of the ring leader.





PHARMACIE
Lackman & Masella
PHARMACY

"All pharmacies are not created equal."

- Free pick-up & delivery
- Personalized medication reports
- Blood glucose tests
- Complete diabetic centre
- Home healthcare products
- Blood pressure tests
- Complete INR services
- And many more products and services...

5462 Westminister Avenue
Cote St-Luc, QC
H4X 2A5

Tel: (514) 489-4909
Fax: (514) 489-8985
Toll Free: 1-888-489-4909
Email: info@lmpharmacy.ca



PROFUSION
REALTY INC.

christina miller 514.934.2480

Chartered Real Estate Agent

www.christinamiller.ca

love where you live



FEATURING – Set on quiet street with mature trees, beautiful stone-front Victorian row-house offers 3 bedrooms, 3+1 bathrooms, high ceilings, freshly varnished floors and detailed mouldings. Kitchen has heated floors. Located steps from boutiques & restaurants on Greene Avenue, Dawson College & Concordia University. MLS 8297269 Asking **\$949,000**



FEATURING – On one of Westmount's most sought after street, charming family row-house steps from WSMT & Murray Hill parks, and Victoria Village. 4+1 bdrms, 3+1 bths, eat-in kitchen. Gorgeous hardwood floors, high ceilings & crown mouldings. Finished basement w/bedroom, bath, and cedar closet. Double parking in front. MLS 8290892 Asking **\$1,085,000**



mls 8270633 | **Outremont adj.**
Le Sanctuaire – Asking \$1,080,000



mls 8295514 | **Westmount**
10 Belvedere – Asking \$1,575,000



mls 8226838 | **Town Mount-Royal**
196 Strathcona – Asking \$2,150,000



mls 8255806 | **Dorval**
870 Lakeshore #X3 – Asking \$825,000

THINKING OF SELLING? I HAVE SERIOUS BUYERS!

FAMILY OF FOUR

wants a home with south western exposure, 4 bedrooms and a patch of grass. Young children so a quiet street is ideal.

WEST ISLANDERS

who can't fight Highway 20 any longer! Need a 4 bdrm home with a garage and a garden for their dog. Kids will be attending local schools.

CLIENT

desires good home on good street close to Victoria Village & the Westmount "Y" w 3+1 bdrms and nice layout. Doesn't mind renovations.

FAMILY

with 5 kids looking for a large detached house with 6 bedrooms, backyard and parking on or near the Westmount flats.

SOLD PROPERTIES:

49 Allée des Becs-Scie – Asked: \$449,000 | 727 Upper-Roslyn – Asked: \$1,175,000 | 80 Somerville – Asked: \$850,000

Profusion Realty Inc. – Chartered Real Estate Broker

1361 Greene Ave., Westmount

Exclusive Affiliate of
CHRISTIE'S
GREAT ESTATES

1032 offices • 34,000 agents • 42 countries • combined annual sales volume: \$128 billion

Perfect 3-legged Ginny

BY BRENDAN MURPHY



When you've got a dog as blue-eyed, beautiful and sweetly obedient as Ginny, it would almost be unfair for her to be strolling the Earth on four legs – which is maybe why she only has three.

Along with 40 other dogs, Ginny was rescued from a pretty harrowing hoarding situation up north. She was not just the only husky but the only furry tripod saved that day.

It's not known how she lost that leg, nor how she managed to come out of that awful predicament as well as she has. Somehow, she still loves being around people and is great with kids, dogs and other animals. No anger, no resentment – just sweet as a candy dipped in more candy. She's a Gloria Gaynor-level survivor. If Gloria had one more leg,

But Ginny, who is somewhere between one and three years old, did more than just survive. Despite the vet's predictions, not to mention being small and underweight, she recently gave birth to six fuzzy puppies that will be up for adoption on April 1. She has proved to be the caring, attentive mother that we'd expected her to be.

She's not perfect, of course. There's the missing leg, which we're hoping to find a prosthetic for, but she's very mobile. Plus, all the people in the know are saying that three-legged dogs are totally in for 2010.

Ginny has some broken teeth, which need fixing. She's had diarrhea, which seems to be under control with the use of Fortiflora and a specific brand of fairly expensive food. In short, when someone came up with the expression "good dog," Ginny was exactly what they'd had in mind.

If you would like to help Ginny out, call Erika at 514.938.8114 or visit underdogclub.org. (Donations can be made online.)

Dog Bless you.



Ginny

Westmount for Haiti, Part V

Two Westmount teens, Megan Dolski and Elyse Lefebvre, have organized a charity concert for the victims of the Haiti earthquake, which will take place on Thursday, March 18, 8 pm at Excentris (3536 St. Laurent Blvd.). The concert will feature local Haitian band Ti Kabzy and several local Montreal acts including Colin Moore, Golden Isles, and more. A silent auction featuring the works of Montreal street-scene artist Carole Spandau is part of the event. Proceeds go to the Canadian Red Cross and to Haitian community centres.

For questions or ticket information, contact non-profit event planner Pearlstar Inc. at 514.909.1864 or jonathan.moyal@pearlstar.ca.

Each day at The Study is carefully designed to give our girls a better understanding of the world of tomorrow. Now, more than ever, your daughter's future begins at The Study.

The world needs **me**

The Study
THE WORLD NEEDS GREAT WOMEN

FOR A PERSONAL TOUR OF OUR SCHOOL
PLEASE CALL PATTIE EDWARDS, DIRECTOR OF ADMISSIONS,
AT **514.935.9352 EXT 229**
An independent school for girls (K to 11)
offering a fully bilingual experience
3233 The Boulevard, Westmount

thestudy.qc.ca

Acceleration Training™

POWER PLATE.

25 min. session twice a week
with a personal coach

- reduce body fat
- improve bone density
- improve flexibility
- increase strength

Call 514-931-3323 for free trial

www.massodermfe.com

Electronic *Independents* available

Enjoy the *Indie* at supper time on Tuesdays!

Sign up by writing us:

office@westmountindependent.com.

Insider speaks out on rebuilding Afghanistan

Daunting task lies ahead

BY LAUREEN SWEENEY

The rebuilding of Afghanistan is a daunting challenge that will take years to accomplish, says a Westmouter who has been working there for six years as a political affairs officer with the UN.

As insurgents move closer to Kabul and capitalize on the growth of frustration with the lack of government services, the need to create a skilled civil service becomes more and more critical and challenging, said Greg Raikes, during his latest home leave from Kabul.

“It will take years and years to improve and rebuild from ashes,” he explained.

Raikes will be winding up his work shortly after his return to Afghanistan in April.

Working until a few months ago as a field officer in outlying provinces, Raikes met regularly with tribal elders and members of the community to gain greater insight into their needs and feelings.

Access more difficult

“The last couple of years have certainly become more difficult because our physical access to the community – to be with the people and hear what they are saying – has become more limited. With growing insecurity and violence, we’ve been forced to curtail movement by road, and we often have to rely on them coming to us.”

When Raikes last spoke with the *Independent* more than two years ago, he expressed concern over deteriorating conditions.

After his move into Kabul in October 2009 to the headquarters of the UN Assistance Mission in Afghanistan (UNAMA), its international staff has had to be pulled from the office he established a year before in the province of Uruzgan, a hot seat of insurgency.

Since then, Raikes has been devoting much of his time to working with government and foreign embassies on policy issues for what is being called “reintegration.”

This, he said, includes a plan to bring in “low-level insurgents” to the government sphere through the creation of jobs and other incentives.

It is key for the international community, working as a team, to develop supporting strategies, he said. “It’s a collective effort. The challenge is to create a plan everyone agrees to.” And to work in a worsening climate.

Attack changes life

“I was only in Kabul two weeks when we had this life-changing attack on a guest house, where a number of foreign workers were killed. It changed the dynamic and created an environment of fear and panic. Everyone was worried we’d be looked at as a target.

“We had to move to a bigger compound. As the situation deteriorates, movement around the city is becoming more and more difficult with roads being blocked for security reasons. Everybody realizes that anything can happen. Our threat levels are fairly high.”

While the US increases its number of civilians there, such as reconstruction technicians and experts in agriculture, the UN is doing the same. “We have a huge recruitment push because ideally, as military operations decrease, civilian strength is becoming more important.”

Reasons for the advancement of insurgents, he explained, include unemployment, intimidation and an “unrealistic expectation” of the services that could be delivered by the Karzai government. Insurgents are offering subsistence pay for foot soldiers and spies.

“The difficulty in creating a civil service throughout the country lies in part on a lack of highly skilled people. The head of one provincial education department, for example, is illiterate. Pay is not good, and the work comes with high risk. The biggest cliché is that you can’t have development without security or security without development.”

Thousands of foreigners now work in Afghanistan in the embassies and many NGOs such as CARE, Oxfam, the Red Cross and UN agencies.

“One of most frustrating things,” he said, “is that some of the same mistakes

are being repeated – such as lack of coordination when there are so many players and vested interests involved. It’s difficult to coordinate people who don’t want to be coordinated. And a lot of money is invested in things that require a united approach. It’s one of the challenges that people are trying to address.”

Afghanistan, Raikes said, “has always provided me with a new challenge because what we do is very important and constantly changing. I feel I’ve done what I wanted to do and have contributed what I can. It’s time for the next person to carry on.”



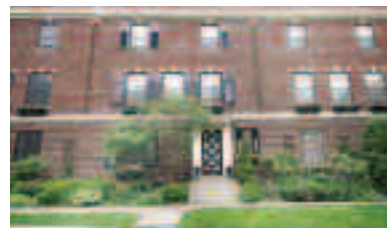
Greg Raikes, left, visits checkpoints at the Afghan/Pakistan border.

ROYAL LEPAGE **GROUPE NEWTON**
 courtier immobilier agréé
 FRANCHISÉ INDÉPENDANT ET AUTONOME DE ROYAL LEPAGE
514 481-0241
 CHARTERED REAL ESTATE BROKER

THE NEWTON FAMILY TEAM



Janice, Nancy Jr., Matthew Larsen, Nancy, Michel W. Duguay, Dale and Deborah Newton



Golden Square Mile

**Spectacular 5 + 1 bdrm
 Georgian style townhouse!**
\$1,390,000

**For other properties
 & interior photos
 Please visit us @**

www.famillenewton.com

It's time to add more value to your real estate transaction

As an Affiliated Real Estate Agent with **Royal LePage Heritage**, I can help you make the best deal for your home. However, my services don't end there.¹

I include:

- **Free Full-Service Executive Move²**
- **Free Home Closing Protection³**
- **Free Home Warranty Protection³**

**Let's talk.
 Paul Filgiano**

ROYAL LEPAGE

Affiliated Real Estate Agent with
 Royal LePage Heritage Brokerage,
 an independent franchisee
 paulf@royallepage.ca | phone 514-934-1818

Direct Line: 514-924-9456

¹This is not intended to solicit properties currently for sale by a broker. Offer expires June 1st, 2011. ²Subject to certain conditions. Moving executed by Meldrum The Mover Inc., (member United Van Lines) ³Administered through Ogilvy & Ogilvy and underwritten by Aviva Insurance.



SHOP WESTMOUNT!

AP Dresses.
ASTRI PRUGGER DESIGN
322 Victoria Ave. (at de Maisonneuve)
514 369-4799
www.astripruggerdesign.com

Avenue des Arts
Fine Art Supplies
Serving the Westmount art community
7 days a week
328A Victoria Avenue 514-843-1881

Le Club du Village
Now Open for Lunch
Tuesday-Friday
4 Somerville, Westmount
(coin Victoria)
514 485-2502

Centre Ballroom Dancesport
Free trial lesson
With or without partner
5034 Sherbrooke West
514.484.8346
info@BallroomDanceSport.ca

Sharyn Scott on Consignment
Women's and Men's
Quality, gently used clothing,
shoes, handbags and jewellery
4925 Sherbrooke St. West (at Prince Albert)
(514) 484-6507

trink Custom Jewelry
322 Victoria Ave. (at de Maisonneuve) 514.830.8354
www.trinkjewelry.com

NEALY BEAUTE
CARING FOR MEN & WOMEN SINCE 1990
Customized facials / Microdermabrasion
Laser hair removal / Massotherapy
Photorejuvenation / Permanent makeup
2040 Decarie Blvd #001/ 514.482.9616

Salon Sophie
HAIR STYLING FOR MEN
514.484.5987
4970 Sherbrooke Street West

MODICA MEDISPA
Laser/IPL
40% Off
first IPL treatment
514 667-6886
320 Victoria
modica.ca

CENTRE DE MASSODERMIE™ DE MONTRÉAL
Reduce body fat
Improve flexibility
Improve bone density
Increase strength
POWER PLATE®
4141 Sherbrooke W. suite 640 - Westmount, QC H3Z 1B8
514-931-3323
www.massodermie.com

Folklore I
Silver Jewellery
Clothing & accessories
4879 Sherbrooke W. 514 486-8852

Tango Martini
Chinese Antiques & Collectibles
New... handmade butcher bloc,
custom made jewelry,
& furniture repairs
4500 St. Catherine St. W., Westmount
514.937.6034
tangomartiniantiques.com

TAO Restaurant
Fine Asian Cuisine
Lunch Special from \$7.25
514.369.1122
374 Victoria near Sherbrooke

WE'VE MOVED!
50% Off Sale!
BODYWARES
5175B Sherbrooke West corner Marlowe
514-482-4702

Earth Hour is one small step

In February, Don Wedge wrote about the plight of the remaining 20,000 polar bears, many suffering from health problems due to global warming and lack of polar ice. In other parts of the world, many other species are threatened and may soon become extinct. This is not good news, especially in 2010, the International Year of Biodiversity.

Significant contributors to global warming are the greenhouse gases emanating from the emissions of industrial processes, the generation of heat and energy, and automobiles.

At the recent conference on global warming in Copenhagen, exploitation of the Alberta tar sands brought widespread condemnation and shame on Canada. The failure of the conference highlighted the reluctance of wealthy nations to change their extravagant waste of energy and natural resources.

Westmount, while espousing sustainability, has above average amounts of noxious emissions compared to other cities. The excessive use of energy, the high consumption of goods associated with affluence coupled with a sense of entitlement, is not conducive to healthy environmental practices.

Last year's Earth Hour ceremonies illustrated our duplicity. An unexpectedly large number of people took part in the gathering at the summit, viewed the celestial sky through telescopes and looked out over our city and over Montreal.

Ideally the summit should have been in total darkness to provide greater visibility. Many of the houses in the vicinity had been visited by a city councillor and an Earth Hour committee member requesting their cooperation in turning their lights off, but many of these and surrounding houses were ablaze with lights during the event. While more houses in the mid-level were in darkness, there were at least as many with their lights still on. At least Hydro Westmount succumbed to pressure and turned off the brightest

Living sustainably

EVE ASPINALL

street lights on and near the summit.

While Hydro Westmount did see a drop in energy use during Earth Hour 2009, it was miniscule – not nearly enough to save the world! What could be achieved is an awareness of how much energy we use and encouragement to look for better ways to curb our high level of energy consumption.

For one little hour a year starting at 8:30 pm, we should refrain from using our appliances (stoves, washing machines, dryers, TVs, etc.), turn off all our lights and join the rest of the world in celebrating Earth Hour. Our Earth Hour 2010 event will be held at the Westmount Summit Lookout on Saturday, March 27 from 7:30 to 9:30 pm. (In case of stormy weather, the venue will be Victoria Hall.) How about reminding your neighbours to turn off their house lights – especially the exterior ones?

Also, on Sunday, March 21, a pre-launch event will be held from 3:30 to 5 pm at the Westmount Library, where professional astronomer Tony Moffat will talk about why we need dark skies, followed by an open discussion and refreshments.

For public safety during Earth Hour, most of the street lights will, unfortunately, not be turned off. This will however demonstrate just how much light pollution they cause, particularly the Washington and Cobra lamps, which should be lighting only the roadway and not creating glare.

Often the expectation is that it is the city administration's responsibility to reduce energy, however they cannot do it alone. It is up to each and every one of us to diminish our own dependence.

Library to host special Earth Hour exhibit

continued from p. 1

same.

In case of stormy weather, activities will take place at Victoria Hall.

Also to mark Earth Hour, the library is mounting a display of books on related

topics, which Moffat said he hopes will interest Westmount residents – especially naysayers – in the quest for dark skies.

"Achieving it may be a pipe dream," he said. "But if we don't strive for the ultimate, we'll never get there."

Study wins Midget basketball banner



The Study's gymnasium erupted with cheers February 23 as the school's Midget basketball team completed an undefeated season with a win over LCC for the Greater Montreal Athletic Association (GMAA) banner. In addition, grade 8 student Emilie Palisaitis won the GMAA Midget (Division 3) Most Valuable Player award. Westmounter Stephanie Mouchbahani-Constance was awarded the Most Improved Player award. Chantale Lewis, who coached the team this year, said, "Our Midget players showed great leadership and on court ability to make passing decisions quickly."



**SPRING/SUMMER 2010
REGISTER NOW**





D Discover Dawson

Centre for Training & Development

Spring/Summer 2010

Office hours:
Monday – Friday
8:30 a.m. to 4:30 p.m.

For additional information and a complete list of our offerings, please visit our web site or contact us

Registration online available

www.dawsoncollege.qc.ca/ctd

- **Arts and Drama**
Singing for the Beginner, Drawing and Creative Expression, Portfolio Preparation, Staged Combat, Scriptwriting for Hollywood, Creative Writing, Sitesell.
- **Languages**
French, English, Chinese, Japanese, Spanish, Italian
- **Multimedia**
Microsoft Suite: (Word, Excel, PowerPoint), 3D Animation, Autocad, Dreamweaver, Flash, Illustrator, InDesign, Photoshop, HTML, Illustrator for Fashion Design...
- **Photography**
Camera Basics, Digital Photography, Photographing People, Creative composition, Wedding Photography, Documentary Photography...

4001 de Maisonneuve Blvd. West,
Suite 2G.1, Montreal, QC H3Z 3G4
Tel: (514) 933-0047



FREE

frames*

Over 200 models
at each store!





50%

off

on
designer
frames*

NEWLOOK

e y e w e a r

25

years of
VISION

Le Faubourg Ste. Catherine

1620 Ste. Catherine St. W. (corner of Guy St. ☐ Guy-Concordia)

514 905-0471



Eye examinations on the premises by optometrists
Outside prescriptions accepted
www.newlook.ca 1 800 463-LOOK (5665)

*These offers are valid for a limited time on a selection of frames. Offer applies to the purchase of prescription lenses with scratch-resistant treatment. Cannot be combined with any other rebate or promotion. Frames for reference only. Details in stores. Michel Laurendeau, optician.

The skinny on fat



Health round-up

BARRY NASHEN

Fat forms a category of lipid, and along with proteins and carbohydrates, is one of three nutrients used as energy sources by the body. Fats, which are broken down in the body by enzymes (called lipases) produced in the pancreas, are an important part of a healthy diet.

Examples of edible animal fats are meat, poultry, eggs and dairy products. Examples of edible plant fats are peanut, soya bean, sunflower, sesame, coconut, olive and vegetable oils.

Fats play a vital role in maintaining healthy skin and hair, insulating body or-

gans against shock, maintaining body temperature and promoting healthy cell function. Fats also serve as energy stores for the body. Each gram of fat contains about nine calories, which are broken down in the body to release glycerol and free fatty acids. The glycerol can be converted to glucose by the liver and thus used as a source of energy.

Fat is a buffer

Fat also serves as a useful buffer towards a host of diseases. When a particular substance reaches unsafe levels in the bloodstream, the body can effectively dilute – or at least maintain equilibrium of – the offending substances by storing it in new fat tissue. This helps to protect vital organs, until such time as the offending substances can be metabolized and/or removed from the body. While it is nearly impossible to remove fat completely from the diet, it would be unhealthy to do so.

Some fatty acids are essential nutrients, meaning that they can't be produced in the body from other compounds and need to be consumed in small amounts. We've been told for decades to lower our intake of saturated fat to guard against heart disease.

The rationale: Saturated fat can raise

LDL (bad) cholesterol in the blood, a risk factor for heart attack and stroke. Saturated fat is a fat that is solid at room temperature and comes chiefly from animal products. But according to a new report that will be published in this month's issue of the *American Journal of Clinical Nutrition*, there's no evidence that saturated fat is linked with a higher risk of heart disease. Really? Read on!

In the current analysis, researchers combined the results of 21 previous studies that followed nearly 350,000 adults, aged 30 to 89, for five to 23 years. During that time, 11,000 participants developed heart disease or suffered a stroke. Overall, there was no difference in the risks of heart disease or stroke between people with the highest and lowest intakes of saturated fat. These findings may seem odd: Shouldn't a lower LDL cholesterol level translate into less heart disease?

LDL cholesterol particles differ in shape and size: Small, dense LDL particles have been implicated as being more strongly involved in heart disease than larger, fluffy ones. Small LDL particles are able to slip through the lining of artery walls. They're also more easily oxidized, or damaged, by harmful free radicals that roam the body.

Oxidized LDL cholesterol is more likely to form cholesterol-rich plaques in artery walls. Research indicates that people with small LDL particles have a threefold higher risk of heart disease compared to those with large, fluffy particles. It turns out that the reduction in LDL cholesterol that's known to occur by curbing saturated fat appears to be specific to large, fluffy LDL particles.

Not all types of saturated fat raise cho-

lesterol to the same degree. The saturated fat in dairy products (called lauric acid) elevates LDL blood cholesterol, whereas that in meat (called stearic acid) does not. However, lauric acid also raises HDL (good) cholesterol, offsetting some of its negative effect.

As I have been saying for years, it is insufficient to focus on a single nutrient when it comes to diet and health. Growing evidence suggests your overall diet matters more than just your saturated fat intake.

The thinking on diet and heart disease is moving away from focusing on saturated fat. Limiting refined carbohydrates (for example, sugar and white flour products), losing excess weight and emphasizing polyunsaturated fats from vegetables oils and fish appear to do more to lower your risk of heart disease than simply giving up cheese.

Barry Nashen is a Westmount IT consultant who is interested in health issues and shares his personal experiences in this column. He is not a health professional and his comments should be read in that light. Medical problems should be discussed with a doctor or appropriate health professional.

For comments: barry@nashen.com, or <http://goodhealthguru.blogspot.com/>

Westmount Square

1 Bedroom, 1 Bathroom, renovated condo. Private, asking \$325,000

www.westmountsquare.ca

514-867-3545

Old Montreal

Historic 9-room auberge – \$3,450,000



Over 80% occupancy
owner-occupied 3-floor loft
3 private terraces
9 parking spaces



Possibility of a second commercial entrance: bar, boutique, art gallery



Charles Pearo, Ph.D.

Royal LePage Heritage

Chartered Real Estate Broker

cpearo@yahoo.com

B. 934-1818 – C. 704-1063

Melanie Dubois

Horizon Montréal Ltd

Chartered Real Estate Broker

www.melanieDubois.com

514 990-0020



Westmount Home Needed

Former Westmounters having lived away would like to return to Westmount. Looking in the \$3.5M to \$5M range. Quiet street preferred. Please call me in confidence. Discretion assured.

À votre écoute, depuis plus 25 ans

Sylvie Lafrenière

Chartered Real Estate Agent

514.895.7001

RE/MAX Westmount Inc



Peter Higgins

Affiliated Real Estate Agent

PROFUSION
REALTY INC.

Exclusive Affiliate of
CHRISTIE'S
GREAT ESTATES

1361 Greene Avenue,
Westmount

www.profusionrealty.ca

Chartered Real Estate Broker



**Electronic
Independents
available**

Enjoy the Indie at supper time on Tuesdays!

Sign up by writing us:
office@

westmountindependent.com.

Comin' Up

THURSDAY, MARCH 18

- **Art Focus** presents an illustrated lecture by UQAM professor David Hanna “A Step in the Right Direction: A Charter for Women’s Rights in 1848!” at the Westmount Library, 1 pm. Cost: \$15. Register: 514.937.6391.
- Westmount Historical Association offers a lecture on **Westmount Station** and the Canadian Pacific Railway with urban planner Justin Bur. Westmount Library, from 7 to 9 pm. Cost: free for members, non-members \$5 at door. Info: 514.989.5510 or 514.932.6688.

SATURDAY, MARCH 20

The What Four and friends perform at the Centre St. Ambroise, 5080-A St. Ambroise at 8 pm, with musicians Jack Nissenson, Jane McGarrigle, Marvin Segal, Stephen Barry, Andrew Cowan and Westmounters Peter Weldon and John Knowles. Donations go to the Kate McGarrigle Fund. Info: 514.939.5670.

SUNDAY, MARCH 21

- **Dark Sky** presentation by astronomer Tony Moffat takes place at the Westmount Library, 3:30 pm, followed by open discussion and refreshments.
- Information session for YMCA’s “Dance with Michelle,” a program for 6 to 9 year olds offered as part of a Master’s **research study on dance** for people with and without a physical disability. Westmount YMCA, 3 pm. Info: michelle.zitomer@mail.mcgill.ca or 514.812.4184.

- Westmount Y’s presentation of **The Velveteen Rabbit** at 2 pm at the Kosa Centre for the Arts (5325 Crowley, near Vendôme Metro station). Cost: \$10. Proceeds from the sale of tickets go to the Westmount Y Annual Strong Kids Campaign which supports children who cannot afford the full cost of Y programs and those with special needs.
- Mountainside United Church hosts **Maenad Ensemble** with mezzo-soprano Irene Feher. 4000 The Boulevard, 3 pm. Cost: \$15, \$12 for students and seniors. Tickets on sale at the door.

MONDAY, MARCH 22

- Mid-month council meeting to approve **building permits**, 5 pm at city hall.
- The Westmount branch of the Cummings Centre invites Dr. Kadeja Lefebvre to speak on the health benefits of the **Mediterranean diet** at Temple Emanu-El-Beth Sholom, 395 Elm Ave., 7 to 9 pm. Cost \$15. Reserve: 514.342.1234, ext. 7201.

TUESDAY, MARCH 23

- Information and discussion on **transportation and seniors**, 2 pm at Contactivity Centre (4695 de Maisonneuve Blvd.). Free. Info: 514.932.2326.
- **A public information session on noise**, 6 pm at city hall.

WEDNESDAY, MARCH 24

- **Free mini-facials** and hors d’oeuvres at Modica MediSpa, 320 Victoria Ave., from 10 am to 6 pm. RSVP by March 23: 514.667.6886.

THURSDAY, MARCH 25

Michael Harrison speaks about the book he co-authored with the late James Ferrabee, *Staying Connected: How MacDougall Family Traditions Built a Business over 160 years*, a history of Montreal’s investment service firm, MacDougall, MacDougall & MacTier, known popularly as the “**3 Macs**.” Atwater Library, 12:30 pm. Free, donations invited. Info: 514.935.7344.

SATURDAY, MARCH 27

- Westmounters are being asked by organizers to turn off their lights and other uses of electricity between 8:30 and 9:30 pm on **Earth Hour**.
- **Summit lookout event**. See p. 1 and 18 for details.

PREVENT CHILD ABUSE

You can help by donating any type of **BOOKS** to KidzSafe Foundation to fund educational programs for kids.
Call for pick-up 514.702.4930

Electronic *Independents* available

Enjoy the *Indie* at supper time on Tuesdays!
Sign up by writing us:
office@westmountindependent.com.



Home help for your Mac • iPod • iPhone

Very reasonable rates!

Jeremy Banks-Robertson
Cell: 514.262.5575
solutionmac



Notaries

Durso & Younanian

Andrea F. Durso • Arthur Younanian

4635 Sherbrooke West
Westmount, Quebec

T. 514.931.2531
F. 514.931.2534

Quebec Classifieds

Antiques

ABRACADABRA turn your hidden treasures into ready cash. International buyer wants to purchase your antiques, paintings, china, crystal, gold, silverware, jewellery, rare books, sports, movies, postcards, coins, stamps, records. 514-501-9072.

Companions

Always waiting to meet the right person to share your life with? Time to get serious and call Misty River Introductions, Quebec’s most successful matchmaking agency. (514) 879-0573 www.mistyriverintros.com.

Employment Opportunities

CHEAP TELEPHONE RECONNECT! Paying too much? Switch & save! Only \$39.95/month! Fast connections, flexible due dates, low rates – Call now! 1-877-336-2274 Phone Factory Reconnect, www.phonefactory.ca.

Financial Services

DEBT CONSOLIDATION PROGRAM. Helping Canadians repay debts, reduce or eliminate interest, regardless of your credit. Steady Income? You may qualify for instant help. Considering Bankruptcy? Call 1-877-220-3328 FREE Consultation Government Approved, BBB Member.

FINANCIAL PROBLEMS? Drowning in debt! Stop the harassment. Bankruptcy might not be the answer. Together let’s find a solution – Free Consultation. Bill Hafner – Trustee in Bankruptcy. 514-983-8700.

\$500\$LOAN SERVICE, by phone, no credit refused, quick and easy, payable over 6 or 12 installments. Toll Free: 1-877-776-1660. www.moneyprovider.com.

For Sale

The Quebec Community Newspapers Association can place your ad into 25 weekly papers throughout Quebec – just \$160. Book 10 weeks within a 6

month period and receive the 11th week free! One phone call does it all! Call Marnie at QCNA 514-453-6300. Visit: www.qcna.org.

#1 high speed internet \$18.95/month. Absolutely no ports are blocked. Unlimited downloading. Up to 5Mbps download and 800Kbps upload. Order today at www.acanac.ca or call toll free 1-866-281-3538.

Norwood SAWMILLS – LumberMate-Pro handles logs 34” diameter, mills boards 28” wide. Automated quick-cycle-sawing increases efficiency up to 40%.
www.NorwoodSawmills.com/4000T – FREE Information: 1-800-566-6899 Ext:4000T.

A FREE TELEPHONE SERVICE – Get your first month free. Bad credit, don’t sweat it. No deposits, no credit checks. Call Freedom Phone Lines today toll free 1-866-884-7464.

FUTURE STEEL BUILDINGS CLEARANCE – Pre-engineered and custom-

sized to your requirements. Factory-direct pricing. Some models discounted to half-price to clear. Call for free brochure and quote. 1-800-668-5111 ext. 170.

HOT TUB (SPA) Covers. Best Price, Best Quality. All Shapes & Colours Available. Call 1-866-652-6837. www.thecoverguy.ca.

Health

Lose up to 24lbs by May 24. Results guaranteed. Look great. Feel great. Lose weight. Call Herbal Magic for a free no obligation consultation. 1-800-926-4363.

Help Wanted

#1 IN PARDONS. Remove your criminal record. Express Pardons offers the FASTEST pardons, LOWEST prices, and it’s GUARANTEED. BBB Accredited. FREE Consultation Toll-free 1-866-416-6772, www.ExpressPardons.com.

Personals

DATING SERVICE. Long term / short term relationships, free calls! 1-877-297-

9883. Exchange voice messages, voice mailboxes 1-888-534-6984. Live adult casual conversations 1 on 1, 1-866-311-9640, meet on chat lines. Local single ladies 1-877-804-5381 (18+).

*PAST *PRESENT *FUTURE * #1 Psychics! *1-877-478-4410* Credit Cards / deposit or phone 1-900-783-3800 \$3.19 min (18+). For a psychic NOW! Meet us at: www.mysticalconnections.ca.

Services

CRIMINAL RECORD? We can help! The National Pardon Centre™ is RCMP accredited. For better price and better service visit: www.nationalpardon.org. Call 514-842-2411 or 1-866-242-2411.

Local Classifieds

Notice is hereby given that Schäfer Frere Inc. is requesting the Registraire des Entreprises for permission to dissolve in Montreal, March 10, 2010.

Parisian Laundry stunning venue for showcasing art



Social Notes from Westmount and Beyond

VERONICA REDGRAVE

Parisian Laundry, the beautifully renovated building at 3550 St. Antoine W. that, yes, used to clean laundry for Montreal hotels, hosted another enthralling vernissage in early January.

Guests were greeted by gallery director **Jeanie Riddle** and owner **Nick Tedeschi**, who astutely bought the building a few years ago and made it into a stunning site to showcase contemporary art.

Some of Tedeschi's own pieces were discreetly displayed when I visited. **Renaldo Sanguino's** sculpture – a gleaming black crown, about two inches high, mounted regally on an iconic blue Tiffany's box (part of the piece) – sat in silhouette against a high window. (I had marvelled at this piece last December at Art Basel Miami Beach, so I was thrilled to ad-

mire it once again!)

During the night of the vernissage, free beer attracted the young and the restless, as well as collectors who wandered in to wonder at the works of **Rick Leong's** "I am Nature" and **David Armstrong Six's** "The Dry Salvages". Leong's oil paintings showed Avatar-like, curvaceous, dense entanglements of branches inspired by his

walks in woods. Many of the paintings hold a secret: hidden words.

Armstrong Six's monument was shown in the basement, which is referred to as "the bunker." His monolithic construction was made *in situ* – built in and for the room itself. Randomly placed around concrete-coloured forms, the artist added commonplace objects – magazines,

mirrors – the bits and pieces of the flotsam and jetsam one tends to gather.

The titles of both shows were appropriate. Leong's showed the experience of nature, and Armstrong Six took as his title the fourth poem of T. S. Eliot's "Four Quartets," suggesting the gathered detritus of our lives.



Stéphane Laveur and Claude Abitbol, of Westmount's Mod's Paris, stand on either side of Westmounter Dorota Kozinska.



Brigitte Martin and Westmounter Clarence Epstein.

If you are interested in advertising exclusivity for this page, kindly contact Arleen Candiotti at 514.223.3567.

Please write to us!

For consideration, letters to the editor must be 300 words or less and must be identified as "for publication". Authors must provide customary first and last names, and street names, all of which will be published. Please also include contact information (for follow-up purposes only). We do not publish letters regarding consumer complaints or inter-neighbour disputes. Letters will be edited for length, content and style. Please check your letter carefully. We may be unable to make subsequently submitted changes. If you do make amendments, please "redline" them instead of resending the whole letter.



Artist David Armstrong Six.



Artist Rick Leong.



Marie Sicotte

Affiliated Real Estate Agent Groupe Sutton Centre-Ouest BKR

514.953.9808
514.299.3307

www.mariesicotte.com

“More and more women and men are choosing safe, non-invasive treatments that reverse the visible signs of skin aging and address a wide range of concerns.” Dr. Manish Khanna, FRCP

Three Easy Ways to Refresh Your Look as Days Get Warmer



VOLUME VICTORY

A more refreshed, softened you

Enhance, lift and add roundness to the cheeks

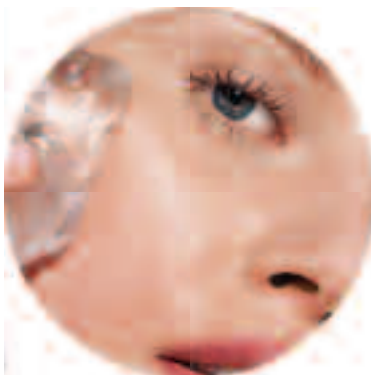
Reduce the appearance of smile and marionette lines

Contour the jawline and chin

Lighten the dark circle look under your eyes

Diminish the appearance of tear troughs

Lift the eyebrows.



SOFTEN WRINKLES

A more youthful you!

Soften frown lines, crow's feet and forehead lines.

Prevent new wrinkles from forming

Give a softer pout

Lift your brows for wider eyes.

Lift the 'sad' corners of the mouth.



LASER MIRACLES

A softer, smoother you

Improve appearance of wrinkles and fine lines.
Younger-looking skin.

Tighten pores
Have smoother, softer flawless skin.

Reduce unwanted pigmentation.

Improve skin irregularities due to acne scarring.

Rid yourself of unwanted hair (virtually pain-free !)

Director of Dermatologic Surgery at the Jewish General Hospital and at the MUHC,
Dr. Manish Khanna is the Medical Director at PEAU Medical Aesthetics,
the new centre for skin excellence,
offering non-invasive methods and state-of-the art skincare.

3550 Côte-des-Neiges, # 540
Seaforth Medical Building
(Corner Dr. Penfield)



esthétique médicale
p e a u

T: 514. 989.PEAU (7328)
peaumontreal.com

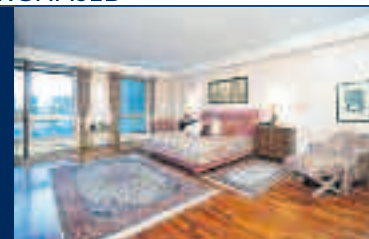
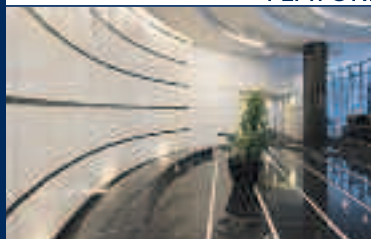
Sotheby's
INTERNATIONAL REALTY

Québec

sothebysrealty.ca

LIKE
NO
OTHER

FEATURED PROPERTY | RECENTLY PURCHASED



CHATEAU WESTMOUNT SQUARE | 15TH FLOOR

\$1,585,000

THE WORTH OF A HOME can be found in details that truly define uniqueness - as simple as a centuries old fireplace that retains the historic permanence of a time past, or as grand as a rooftop promenade overlooking the city lights. So, to us, it's not about the size of the property, the number of bedrooms, or even the price, but more about the distinct character that makes a house worthy of being called **home**.

This is our world...
because the worth of a home
is defined in its details.

We appreciate the opportunity to impart the many reasons of how we can showcase the best attributes of your home, whether it can be a cottage on one of the many tree-lined streets of Westmount or a luxurious apartment overlooking Greene Ave., we offer a service like no other.

Our success if measured... one family at a time
Our commitment to you is... results!



JILL & JOAN
PRÉVOST

Affiliated Real Estate Agents

514.591.0804
www.jillprevost.com

Chartered real estate broker | Independently owned & operated