## WESTMOUNT INDEPENDENT

January 30, 2008 We are Westmount Vol. 2 No. 1b





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Westmount's director general cited for integrity and respect

### Bruce St. Louis to retire

BY LAUREEN SWEENEY

After 15 years at the helm of Westmount, Bruce St. Louis planned to inform

members of city council on Monday that he intends to wind down his 33year career in the coming

He plans to stay on as director general until a new candidate can be found and brought "fully up to speed."

St. Louis, 54, has managed the city through some of its most tumultuous times, always buoyed by the next challenge regardless of its magnitude.

"It was never a job," he said. "It was an adventure."

Stayed on for transition

team in place, and this is the right time,"

His pending retirement, however, will

"The respect he has from council, citi-

Bruce St. Louis will be speaking at

the Westmount Municipal Association's

February 5 meeting (Westmount Public

he told the Westmount Independent.

certainly be a bittersweet departure.

St. Louis to speak Feb. 5

Library's Westmount Room, 7 pm).



Bruce St. Louis

titude has been his hallmark, Marks said. Eligible to retire in 2004, St. Louis "I call him the 'can-do reoften said he would stay to steer the city actor' because he always continued on p. 2 through its demerger process from Montreal. "We now have a strong management

#### Murray Hill tobogganing kicks off Winter Carnival

zens and staff will leave us with a huge

hole that will take a while to fill," said

'Incredibly loyal'

one who is incredibly loyal,

has loved the city as much or more than some residents,

and knows every department

inside out. In typical Bruce

fashion, he has given us plenty

of notice to ensure the transi-

tion is completely manageable.

It's in keeping with his in-

on for "as long as it takes" to share his knowledge with a

successor. "I will not leave

until everyone is comfortable."

He has a target date of Sep-

St. Louis said he would stay

tegrity and devotion."

His perpetual optimism and positive at-

"We have in Bruce some-

Mayor Karin Marks.

Westmount's 25th Annual Winter Carnival will begin with a family tobogganing event at Murray Hill (King George) Park on Thursday, January 31 from 6:30 to 9:30 pm.

For subsequent events on February 1 and 2, see p. 2.

#### New library bag for Valentine's storytelling



Caroline Proctor, adult circulation desk clerk, displays the Westmount Public Library's new bag. For full story see p. 3.

#### **DOWNTOWN**

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## St. Louis' whole career with city

continued from p. 1

says, 'I'm sure we can figure out a way to do that.'"

St. Louis bore the brunt of managing Westmount during the merger years with Montreal, often finding himself pitted between conflicting directives from his two masters, the borough and the mega-city.

But early on, he learned the dynamics of municipal politics, recognizing and respecting the role of the council as policy makers. In turn, successive councils appreciated his candor and opinion, which he was rarely shy in expressing.

The projects in which he takes the greatest pride were the completion of the refurbishment of Westmount Public Library and, organizationally, the creation of the Protective Services department that combined the Westmount Fire Brigade and the Public Security Unit.

Other milestones in his mandate included the renovation of the Protective



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#### notaries

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T. 514.931.2531 F. 514.931.2534 Services building, the restoration of the lawn bowling clubhouse and the underground electrical substation, management of the Ice Storm emergency and the extensive Y2K preparations – "so much work, so little outcome," he recalled.

St. Louis served his entire career with the city, beginning September 1975 as a civil engineer in Public Works straight out of McGill.

As such, he never lost the desire to be hands-on. As director general, he thrived on appearing at a fire scene in the middle of the night in his fire gear, never deterred by the drive in from his home in Beaconsfield.

He made a point of helping at Family Day with the children's races and carnival booths. He also cooked hamburgers at the Canada Day celebrations and the staff barbecue. He chose to personally proof read reports to the public and to prepare important project reports requested by the council.

His experience in both the operations and services branches of the city, along with his work with successive councillors, served him well.

But it was his appointment as director of Westmount Light & Power in 1986 that allowed him to shine. "It changed my career," he said. The position, which some emerging city managers might take as meaning exclusion from the action at city hall, instead helped bring out his skills and resourcefulness.

He impressed the council of the day by his business plan to update and expand the city's utility to meet rapidly increasing demands for electricity while turning a generous profit. And his loyalty to the utility has continued.

It is with "the guys" that he has always chosen to sit during the city's annual Quarter Century Club banquet for long service retirees and active workers. And during Ice Storm '98, he was insistent they be particularly well fed and treated.

Known for an unwavering loyalty to his team, staff and those he believes in, St. Louis has maintained an open-door policy and an enthusiasm that was infectious.

In July 1990, when the city council named him as the "heir apparent" to be groomed for the top position in three or four years, he said: "I just hope I can keep



Bruce St. Louis marked 30 years of service at the city's Quarter Century Club banquet in October 2005 along with his wife, Eileen, and son, Kyle.

their confidence and be responsive to the community, council and the press."

Almost everyone calls him Bruce. And because he spent his career with the city, it has been closely entwined with his personal life. Colleagues came to know his wife, Eileen, and remember the birth and first steps of their now university-aged son, Kyle.

He was even described during one of his council appointments as "the fearless leader of a city softball team, which has a perfect record."

Looking ahead, St. Louis said he intends to remain "very active" in the future. In that respect, he added: "Westmount is an amazing organization. I can't be more grateful to the city for my professional career. And it's thanks to the city that I can now look forward to pursuing other interests and spending more time with my family."

#### **Westmount Winter Carnival schedule**

Tickets for Victoria Hall events can and should be purchased in advance.

Thursday, January 31

Murray Hill (King George) Park, 6:30 to 9:30 pm

Friday, February 1

Family Carnival Jungle Cruise, \$10, Victoria Hall, 5:30 to 9:30 pm Carnival Casino Night (18 years and older), \$10, Victoria Hall, 9 pm to 1 am

Saturday, February 2

Broomball (12 and older, helmets required), Arena, 10 am to 11:00 am Family Scavenger Hunt (11 years and under with parents), Arena, 10 am to 11:30 am

Face Painting, Arena, 10 am to 12 noon

Old-Fashioned Sleigh Rides,

Westmount Park, 10:45 am to 4 pm Puck-shooting Contest, Arena, 11 am to

Sugar Shack, Westmount Park, 11 am to 3 pm

General Skating, Arena, 12 noon to 12:45 pm

Hot Dogs, Arena, 12 noon to 1:30 pm Races and Games on Ice, Arena,

12 noon to 2:15 pm

Bonfire, Westmount Park, 2 pm to 4 pm Snowshoe Races, Westmount Park, 2:30 pm to 3 pm

Family Skating, Arena, 2:30 to 9:45 pm Tug of War, Westmount Park, 3 to 3:30 pm

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#### Library bag to be launched at book sale/ storytelling event

from page 1

A newer, smaller, brighter – and less expensive – book bag is being offered by Westmount Public Library just in time for a mini-book sale of love stories and Valentine storytelling on February 13.

Made of a durable pop packaging material being used by many libraries, the bag will sell at \$3 or two for \$5.

"It's a departure from the canvas bag and folds nicely into a small square when not being used," said library director Ann Moffat.

The design by Naira Santana depicts an owl, the library's mascot, with a quizzical look of the face.

The bag will be launched at the special book sale at 7 pm being held by the Friends of the Library so buyers can use it to carry their purchases. The storytelling by Stéphanie Bénéteau and Selwyn House teacher Roman Pylat follows at 7:30.

## Chinese students visit Westmount High



Westmount High principal Michael Cristofaro with Shan Hua, principal of the visiting school.

45 students from the Second Middle School attached to Liaoning Province's Normal University visited Westmount High on January 23. The school is located in Dalian, a coastal city in northern China close to North Korea. The visitors treated their hosts to traditional and Western-style dances and instruments, as well as singing and skits in both English and Chinese. Calligraphy demonstrations were on the agenda for later in the day.



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## Thank you, Sandy

The *Westmount Independent* is bidding farewell to a valued member of its team, advertising salesperson Sandy Cobrin. This is Sandy's last issue.

Sandy came on board "before the beginning" and has been an invaluable resource from Day One. As an established sales rep (she had already worked for two other Westmount newspapers), she gave the *Independent* instant credibility with the advertising public.

Newspaper readers may be unaware of the frenzied back-and-forth that goes into getting a newspaper ready for press – and soliciting and proofing ads is one of the busiest areas of any media operation. Sandy handled it all with grace, cheerfulness and aplomb. We will have to work hard to follow in her footsteps.

Sandy has been a consummate professional. She *could do* what she said she could do and she *did* what she said what she was going to do. In a world full of people who can't, or don't, do what they say they will, I cannot think of higher praise.

Best wishes for the future, Sandy.

DAVID PRICE, EDITOR

#### Family Literacy Day at Roslyn



Katie Jones-Fraser with baby Jack.

Roslyn School observed Family Literacy Day on January 25 as part of the EMSB Library Week. The Born to Read Initiative presented a gift of books for their newborns to Roslyn families with new babies.

The initiative is being supported by the Quebec Home and School Federation and the Roslyn Home and School Association. There were several readings from students and staff of excerpts from their favourite children's books, highlighting the joy and importance of reading.

## WESTMOUNT INDEPENDENT

We are Westmount.

Three times monthly (1st, 3rd and last Wednesday of the month), next issue: February 6

Westmount (H3Y and H3Z): 10,000 copies by Canada Post 1,000 copies distributed to over 40 waiting-room drops

If you *don't want* to get our publication, Canada Post advises that you place a sticker on your mailbox that says, "No ad mail." Si vous ne voulez pas reçevoir notre publication: Malheureusement, nous ne sommes pas capable de bloquer une adresse individuelle. Il faut mettre une étiquette près de votre boite à lettres qui lit « Pas de média-poste ».

If you do want to receive our publication and you have a sticker on your mailbox (or are outside our distribution area), please send a cheque for \$1.50 times the number of issues left in the year. We will mail them to you for the rest of the current calendar year.

Most frequently restocked drop sites: Lobby of 310 Victoria Ave.; Sherbrooke St. exit to Metro grocery store at Victoria Ave. and Sherbrooke St.

Drop notice: Snow conditions may delay us getting around to all of our drop sites on Tuesday of publication week. Whatever the snow conditions, we still aim to reach our "most reliable" drops (Metro on Victoria, Westmount Square and 310 Victoria lobby) on Tuesdays.

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We welcome your letters, but reserve the right to choose and edit them. Please email them to indie@westmountindependent.com. Every letter of support helps us with advertisers!

#### The Contrarian: Kudos to Westmount





Everyone has a suggestion about city services. In this space, I've written about recycling in the wind. (Why not issue a piece of firewood to residents to weigh down that paper? Cheap and effective.) I've also written about the joy that the recycling contractors take in chucking the empty bins into driveways.

But as we point out how things can be *improved*, we often miss how the City of Westmount so often gets its right. The sound barrier at the end of Abbott Ave. was recently a target for vandals (left), but Westmount managed to get it quickly cleaned up (right) – despite the difficulty in securing safe, approved access to CP's tracks.

#### Peter Patenaude ('41-'08)

Peter Patenaude, who worked for Westmount for 25 years, latterly as the director general, will be remembered by many Westmount schoolmates and citizens.

His death on Jan. 24 at age 66 followed a second career in real estate on the West Island. A chapel service Feb. 2 follows a visitation 12 to 3 pm at Collins Clarke, 222 Highway 20, Pointe Claire. He is survived by his wife, Pierrette, sons, François and Pierre, and two grandchildren.

Patenaude grew up in Westmount and assumed the top administrative post in 1986 after the death in office of Frank Davis. He took early retirement in 1990 at age 48 following a stormy period during the council of Mayor May Cutler.

#### Letter to the editor

#### A HAPPY READER

Dear Sir.

I am yet another "Happy Westmount Reader" of your interesting newspaper. It is indeed refreshingly independent and unbiased – rare qualities these days!

With all good wishes for your continued success.

Yours sincerely,

Joanna Meyer, Kensington Ave.

## Rotary mulls 'all access' park at Superhospital

The Rotary Club of Westmount is considering taking a lead role in founding an "all access" park for both developmentally challenged and unchallenged kids at the future Glen Yards site of the English Superhospital, which is partially in Westmount. The concept (along with other large project possibilities) was put to the Rotary membership at their January 23 meeting and will be considered for six weeks before any further discussion.

Rotary president-elect Cynthia Campbell explained to the *Westmount Independent* that, "There is no park at the current Children's Hospital [where Campbell has worked as a nurse], only a terrace. I am passionate about developmentally challenged kids. The difficulty they face is not their handicaps, but exclusion. It would be so beneficial from a developmental point-of-view for them to have access to a park."

Campbell stressed that the proposal was preliminary for both the Rotary and the Superhospital and that the project was a long-term one, although the feedback has been positive from both groups. A neighbouring Rotary club, Vieux Montréal, has also shown an openness to getting involved.

#### At Second Glance:

## Election year 2008

BY HEATHER BLACK

For Westmounters, this may be the year for elections. Certainly a federal by-election or general election is in the offing and perhaps one for the province. And then there are the US presidential primaries. Most Canadians rate them as important – 79 percent in one CTV phone-in poll – and many are watching.

However, discussions on our common concerns – global warming and environmental agreements, Afghanistan, crossborder security and trade – are secondary to the politics of personal attack. Although Americans are increasingly concerned with health care and social security, the focus is on the candidate as symbol.

#### Prejudice by percentage

For Democrats, the race is between the "go-girl-go" and the "black guy." For Republicans, Mr. "9-II" is up against the "Washington warrior," the "Arkansas evangelist" and "Mormon Mitt". But what about new ideas and past accomplishments? Does Mitt Romney's innovative education scheme as former Massachusetts governor – free college tuition for the top 25 percent of students – or even his Olympic Salt Lake City success matter? A poll in early September reveals why Romney doesn't have a prayer.

According to the Associated Press, 25 percent of Americans are less likely to vote for a Mormon candidate in contrast to 5 percent who are more inclined. But 16 percent are less likely, while 19 percent are more inclined to support an evangelical Christian. For women candidates, 12 percent are less likely, while 15 percent are more likely to support a woman. Only 6 percent are less likely to vote for a black candidate, while 9 percent are more inclined. And then there's the "O factor." According to one Gallup poll, it will influence up to 19 percent. Oprah's Iowa rally for Barack Obama brought in 18,500 sup-

porters

But, as Americans are increasingly concerned about political corruption, what about character? *Chicago Tribune* writers David Jackson, Ray Long and Ray Gibson question Obama's earlier decisions to accept funds from Tony Rezko, for ballot manipulation that eliminated all competition from his 1996 Illinois senate race and for possible conflict of interest regarding grants linked to campaign donations. To some, these politically expedient decisions undermine his role as campaign finance reformer as well as any comparisons to a young JFK.

#### The world's a stage

In the American system, presidential advisors often influence, if not set, foreign policy. Republican candidate John McCain has the backing of former secretaries of state Henry Kissinger, George Shultz, Lawrence Eagleburger, Alexander Haig Jr., and former defense secretary James Schlesinger. Rudy Giuliani has the support of career diplomat and professor Charlie Hill.

Democrat Barack Obama has the support of former national security advisor Tony Lake and Zbigniew Brzezinsk, while Hillary Clinton is advised by former UN ambassador and Dayton Accord negotiator Richard Holbrooke, and former secretary of state Madeleine Albright.

The president and advisors will set the agenda on border security, international intervention and the environment. And with Americans still rating terrorism (45 percent) and Iraq (44 percent) as "extremely important," US foreign policy is also our concern.

Contrary to Stephen Harper's year-end reference to the presidential primaries as a "game", the recent murder of Benazir Bhutto reminds us both of the personal cost of standing for office and of the importance of democracy. So as we enter 2008, resolve to vote in whatever elections come your way. It's more than interesting; it's crucial.

Heather Black is a communication designer. Contact her: atcitizen@gmail.com

## January birthday party at Contactivity

Anyone over 60 with a January birthday is welcome to go celebrate at the Contactivity Centre (4695 de Maisonneuve, 514.932.2326). The event takes place on January 31 at 1 pm and costs \$6.

# An *Independent* welcome to Don Wedge

Community activist and columnist Don Wedge has joined the *Independent* team. Look for his Civic Alert column in these pages as of our February 6 edition.



Don Wedge



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## Westmount vous informe...

## Westmount Page



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Vol. 2/2

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#### RESSOURCES HUMAINES

#### **Emplois d'été**

#### Date limite : le vendredi 1e février

Westmount embauche des étudiants pour occuper différents postes durant l'été. Les formulaires de demande d'emploi pour l'été 2008 sont maintenant disponibles sur notre site Web, ainsi qu'à la réception de l'hôtel de ville. Info: 514 989-5210.



#### TRAVAUX PUBLICS

#### **Déneigement**

Ne jamais placer la neige venant des entrées privées dans les rues, ruelles et trottoirs publics. Il est possible d'ajouter aux bancs de neige existants avant les opérations de déneigement, mais il faut toujours s'assurer que les trottoirs et la voie publique ne sont jamais obstrués. Autant les propriétaires que les entrepreneurs sont passibles d'amendes pour toute contravention. Info: 514 989-5311.



#### ÉVÉNEMENTS COMMUNAUTAIRES La galerie du Victoria Hall

La galerie du Victoria Hall est fière de présenter les œuvres de Lily Lam et Barbara Wisnoski jusqu'au 9 février. Venez rencontrer les artistes le jeudi 31 janvier à 19 h. Info : 514 989-5226.

#### DATES À RETENIR

#### Le 31 janvier - 19 h

Rencontre avec les artistes Lily Lam et Barbara Wisnoski La galerie du Victoria Hall

#### Le 12 février - 19 h

Société d'horticulture de Westmount Conférencière : Linda Rutenberg Bibliothèque



La galerie du Victoria Hall lance un appel de propositions pour sa programmation de la saison 2008-2009 (septembre 2008 à août 2009). Cet appel s'adresse aux artistes et artisans qui habitent à Westmount. Les propositions doivent être transmises au plus tard le lundi 31 mars. Pour de renseignements détaillés, veuillez consulter notre site Web. Info: 514 989-5226.



#### BIBLIOTHÈQUE Club d'échecs

Aimez-vous jouer aux échecs ? La prochaine rencontre du club d'échecs aura lieu le vendredi 8 février à 14 h dans une ambiance amicale. Nous sommes toujours à la recherche de nouveaux joueurs. Info : 514 989-5386.



#### **HUMAN RESOURCES**

#### **Summer Employment**

#### Deadline: Friday, February 1

Westmount hires a number of students for a variety of positions during the summer months. Application forms for 2008 summer employment are now available on our Web site and at the City Hall reception desk. Info: 514 989-5210.



#### PUBLIC WORKS

#### **Snow Removal**

Snow from private driveways and walkways must never be placed on public sidewalks, lanes or streets. During snow loading, snow may be added to the existing snowbanks prior to removal, but this snow must never obstruct the public roadways or sidewalks. Fines may be levied on home owners and/or contractors who violate these regulations. Info: 514 989-5311.



#### **COMMUNITY EVENTS**

#### **The Gallery at Victoria Hall**

The Gallery is pleased to present the works of Lily Lam and Barbara Wisnoski until February 9. Everyone is welcome to meet the artists on Thursday, January 31 at 7 p.m. Info: 514 989-5226

#### DATEBOOK

#### January 31 - 7 p.m.

Meet the Artists

Lily Lam and Barbara Wisnoski The Gallery at Victoria Hall

#### **February 12 - 7 p.m.**

Westmount Horticultural Society Guest speaker: Linda Rutenberg Library



#### **Gallery Call for Submissions**

The Gallery at Victoria Hall announces a call for submissions for its 2008-2009 exhibition season (September 2008 to August 2009). Artists and artisans who are residents of Westmount are invited to apply. The deadline for submissions is Monday, March 31. For complete details, please consult our Web site. Info: 514 989-5226.



#### LIBRARY Chess Club

Do you enjoy playing chess? Our new chess club will meet on Friday, February 8 at 2 p.m. Drop by for a friendly game as we look forward to meeting new players. Info: 989-5386.

**Westmount, à votre portée.** Pour toute question ou commentaire, veuillez nous contacter : **Westmount at your fingertips.** Contact us with any comment or question:

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## Le 25<sup>e</sup> Carnaval d'hiver les 31 janvier, 1<sup>er</sup> et 2 février

L'hiver annonce la tenue de la 25° édition annuelle du Carnaval d'hiver, ponctué d'événements ayant lieu aux quatre coins de la ville.

Le jeudi 31 janvier : Toboggan en famille au parc King George Le vendredi 1" février : Fête familiale croisière du Carnaval Soirée Casino du Carnaval

Billets disponibles au Victoria Hall Le samedi 2 février : Plaisirs givrés au parc Westmount et à l'Aréna

Veuillez consulter notre site Web pour l'horaire complet.

## January 31, February 1 and 2 25<sup>th</sup> Annual Winter Carnival

Winter is here, and with it, Westmount's 25th annual Winter Carnival, with events across the city, including:

Thursday, January 31: Family Tobogganing at King George Park

Friday, February 1: Family Carnival Jungle Cruise

Carnival Casino Night

Tickets available at Victoria Hall

Saturday, February 2: Frosty Fun at Westmount Park and the Arena

Consult our Web site for the complete schedule.

## Public Security hires second-in-command

BY LAUREEN SWEENEY

Retired Montreal police officer Richard Bourdon has become the new captain and second-in-command of Westmount's Public Security Unit.

Hired on a three-year contract, Bourdon, 56, will assume day-to-day operation of the force, including responsibility for the parking inspectors, parking permits office and implementation of the 2008 action plan: doing more with less and with higher visibility.

"I am looking forward to this new challenge," Bourdon said shortly after his ar-

rival January 14.

A former station commander, the new captain will also oversee discipline, staffing, training, emergency preparedness and the grooming of a successor.

#### Proud of the calibre

"I am very proud to have a partner of his calibre," said Director Richard Blondin, who took over the reins of the force in June 2006 after his own retirement from the Montreal police service. "This gives our Public Security the advantage of having two former police commanders to help provide Westmount citizens with a service that meets their needs."

This is important, he said, in light of plans to study and update Public Security. As the director, Blondin will focus on strategic planning, budgeting, promotions, political liaison and citizen relations.

Bourdon's appointment fills the vacancy left in June by retiring John Everatt, who assumed the position in January last year when it was created. In earlier times, the second-in-command held a lieutenant's rank, but also was a police veteran.

#### Complementary team

Bourdon spent his 36-year police career with the uniformed branch, while Blondin's evolved into the investigational side. "So we complement each other and will make a good team," Blondin said.

Bourdon retired May I as commander of police station 48 on Notre Dame St. near the Lafontaine tunnel. He had held the position for 10 years following the implementation of community policing. The station is among seven that were closed in the recent police restructuring.

Previously, Bourdon was a shift lieutenant in Dorval and as a counsellor to the director of operations. Earlier, he was sergeant at the Lafontaine Park station. And,



Richard Bourdon

as a rookie some 35 years ago, he did a stint of a few weeks in Westmount.

"We both started and ended with Montreal police," Blondin said. They met in the same class of police recruits in November 1971 – the last one before the Montreal force was integrated into the MUC.

Bourdon, a resident of Repentigny, and his wife, Danielle Richer, have a grown daughter, a social worker. He holds several diplomas in management and human resources.

## Dancing at Vic Hall



A large, multi-generational group of dancers turned out at Victoria Hall on January 26 for ballroom dancing. The event was organized by Ballroom DanceSport (5034 Sherbrooke St., 514.484.8346) and open to the public. On tap were both dancing for participants, and exhibitions by students and teachers. Pictured here (from left): Westmounters Barbara Anne Howard, Stanley Baker and Suzanne Kell.

#### Victorian vandals





The Bead Emporium's Victoria Ave. window was vandalized sometime after the evening of Saturday, January 19. Although the window was badly cracked, the double glass prevented the culprits from breaking through into the boutique.

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#### The Inventory:

## Houses on the market in Westmount

The Inventory is content provided by the Westmount Independent for the benefit of the reader. It endeavours to list all of the real estate of the type specified (e.g. houses) that is for sale in Westmount at press time. If you are a real estate agent or private sellerwhose property has been overlooked, please write to us at indie@westmountindependent.com and we will work to include your properties in future editions.

\$559,000 4840 St. Catherine St. \$569,000 140-142 Irvine Ave. \$589,000 421 Claremont Ave \$595,000 III0 Greene Ave.



The most expensive: 3803 The Boulevard

\$595,000 71 Columbia Ave. \$640,000 address unavailable \$649,000 12 Chesterfield Ave. \$649,000 address unavailable \$655,000 address unavailable \$669,000 4628 St. Catherine St. West \$669,000 75 Holton Ave. \$675,000 541 Lansdowne Ave. \$685,000 address unavailable \$695,000 1116 Greene Ave. \$695,000 306 Roslyn Ave. \$729,000 4361 Montrose Ave. \$769,000 31 Thornhill Ave. \$789,000 382-382A Metcalfe Ave. \$795,000 69 Somerville Ave. \$799,000 638 Roslyn Ave. \$815,000 337 Metcalfe Ave. \$873,000 380 Lansdowne Ave. \$895,000 4742 The Boulevard \$895,000 17-19 Winchester Ave. \$895,000 312 Lansdowne Ave.

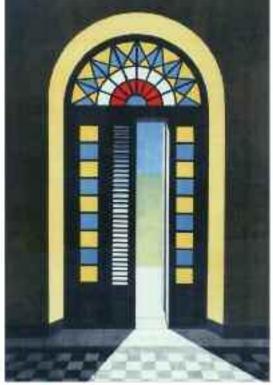
\$899,000 427 Mount Pleasant Ave. \$939,000 4293 de Maisonneuve Blvd. \$945,000 657 Lansdowne Ave. \$950,000 598 Victoria Ave. \$989,000 address unavailable \$1,075,000 address unavailable \$1,100,000 366 Kensington Ave. \$1,100,000 address unavailable \$1,130,000 305-307 Elm Ave. \$1,149,000 709 Grosvenor Ave. \$1,150,000 367 Melville Ave. \$1,155,000 628 Victoria Ave. \$1,195,000 4345 Westmount Ave. \$1,195,000 address unavailable \$1,195,000 792 Upper Lansdowne Ave. \$1,249,000 667 Belmont Ave. \$1,285,000 address unknown \$1,295,000 address unavailable \$1,295,000 address unavailable



In the middle: 782 Upper Belmont

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\$1,299,000 address unavailable \$1,299,000 782 Upper Belmont Ave. \$1,379,000 address unavailable \$1,395,000 address unavailable \$1,399,000 3186 The Boulevard \$1,399,000 address unavailable \$1,445,000 address unavailable \$1,450,000 4400 Montrose Ave. \$1,485,000 310 Côte St Antoine Rd. \$1,495,000 address unavailable \$1,550,000 659 Murray Hill Ave. \$1,575,000 address unavailable \$1,575,000 10 Willow Ave. \$1,595,000 322 Elm Ave. \$1,785,000 4287 Sherbrooke St. West \$1,799,000 311 Kensington Ave. \$1,825,000 352-354 Elm Ave. \$1,869,000 740 Upper Lansdowne Ave. \$1,995,000 110 Upper Bellevue Ave. \$1,995,000 Clarke Ave. \$1,999,000 30 Surrey Gdns \$2,250,000 address unavailable

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\$2,300,000 487 Mount Pleasant Ave. \$2,349,000 or \$15,000/monthly 65

Next week: Real estate transfers





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Westmount Set in an elegant row of charming Victorian townhouses (1898), steps from Greene. Four bedrooms, 1 bath, 1 powder room. 11-ft ceilings, new oak floors. Fin. basement, prize-winning private fenced garden, parking. Asking \$640,000

Photos: www.mcguiganpepin.com/1399557



Westmount This duplex in lower Westmount has endless restoration possibilities. Original pine flooring on upper level, double occupancy, parking for 2 cars, two separate entrances. Asking \$525,000



Westmount Unbeatable price in Victoria Village. Lrg 3bedroom+den with fireplace. Bedroom has basement and family room. Planned kitchen, pantry, adjacent mudroom. Deck, garage. Asking \$655,000

Virtual tour: www.mcguiganpepin.com/1298227



St Henri Loft Sherwill. Spacious master bdr with walk-in cc. Mezzanine off lvr and dnr. 12.5 ft ceilings, large windows. Living area has a separate office space off kitchen and dnr. Walk to market, metro. Asking \$282,000

Virtual tour: www.mcguiganpepin.com/1368870



Westmount. Renovated cottage in lower Westmount. Kitchen, 2 renovated bathrooms, complete finished basement with 8 ft high ceilings, central air. Garden, parking. 1 yr lease min. Asking \$3,500/month

Photos: www.mcguiganpepin.com/1393506



Westmount Charming English style cottage renovated with taste on quiet cul de sac. Extended kitchen w/dinette, mud entry from garden and parking for one car. Cozy playroom, 4th bedroom + bathroom in basement. Asking \$595,000

Photos: www.mcguiganpepin.com/1395608



Westmount Duplex in lower Westmount, walking distance to Greene. Both units have 3 bdrs w/finished bsmts, independent parking. Both have outdoor area and balconies. Upper unit has been upgraded. Asking \$685,000 Virtual tour: www.mcguiganpepin.com/1342727



Westmount adj. Prestigious Manoir de Belmont - beautifully furnished condo in the classic stone heritage section. 2 bedrooms, 2 bathrooms, indoor pool, terrace, garage Asking \$7,000/month

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Westmount Profile: Morris Shore

BY LAUREEN SWEENEY

any words have been written about Morris Shore who, at age 71, is one of few in his age category able to qualify for the Canadian Tri-

And indeed, he can speak for hours about the exciting prospect of competing in June at the 2008 World Championships in Vancouver.

"I've been doing sports all my life and I love my country," he says. "So it's an honour to be one of six on my team."

But his athletic pursuits are only one el-

#### **Fundraiser for victims** of Mt. Stephen fire

A fundraiser will be held on Wednesday, January 30 from 7 to 10 pm at Centre St. Ambroise (5080 St. Ambroise, 514. 989.995) in support of Ingrid Steimner and Gail Van der Walde, victims of the fire on Mount Stephen Ave. the night of January 2-3. The soirée will feature music by Stan Lee Durds and MacLeod 9 as well as poetry by John Fretz. Three quarters of the event's revenue will be divided between Steimner and Van der Walde.

#### Cookbook launch at St. Margaret's

A vernissage will take place on Thursday, February 7 from 1 to 2:30 pm at The Women's Group at St. Margaret's Day Centre for the launch of its first heritage cookbook, Lest We Forget: A Treasury of International Recipes Handed Down from *Grandmothers around the World.* The books will be for sale at the Day Centre for \$15. The project will raise funds for audio assistance equipment. For information, contact Liz: 514.932.3630 x 3047.

#### Marianopolis reunion

The Marianopolis College Alumni Association hosts its annual silent auction and reunion from 6 to 9 pm on Thursday, January 31 at the CEGEP (4873 Westmount Ave., 514.931.8792 x 204, www. marianopolis.edu/groundhog). The auction will include airline tickets, a weekend in Stowe and Formula One tickets.

ement of the holistic view of life that Shore espouses as a world traveler who still works half days as a chartered accountant, investor and financial advisor.

"If you keep your mind and body in order," he says, "the rest will fall into

#### Get rid of the stress

In that respect, "I try to help older people get their affairs in order. It's important to think long term. The goal is to protect capital and make money. Get rid of the stress."

For Shore, exercise is a critical component to making the body feel good. "It's very true," he says, "use it or lose it."

He also believes in moderation. "If you carry too much weight, literally and figuratively, it's hard to walk. I run."

#### Excelled at high school sports

In the financial field for 50 years, Shore has been actively involved in sports since his childhood on Park Ave. where "all our fathers were merchants." Calling himself "a Duddy Kravitz Jew," he excelled at high school sports at the former Strathcona Academy. He began running at age 33 and biking at 45.

But it wasn't until he decided to close his office and work from home at age 58 that he took off to hike and bike through Thailand. He lived twice at an ashram in India where his daughter, Constance (known as Satara), worked for 10 years before returning to Westmount as a life skills coach.

In fact, he credits her with "teaching me how to travel." By this he means setting out with a pack on his back, staying at times with local people he might meet on the road, or at a guest house in northern Thailand for \$10 a night.

"I learned a long time ago that happiness is not in needing more but wanting less," he says.

"Get rid of the car for a month. Walk. Get your affairs in order. Do good deeds." One of the mottos Shore tries to live by, he says, is the greeting on his answering machine: "If your foot slips, you can regain your balance. If your tongue slips, you cannot re-call your words."

And on the subject of cars: he doesn't own one himself but uses Commune Auto, which enables him to transport his bike to racing events.



Triathlete, Morris Shore, 71

#### Day starts with synogogue

Shore maintains a rigorous daily schedule. By 7:30 am, he's at synagogue, "a nice way to start the day." Back home to his apartment on Rosemount Ave., he gets on the phone to do some work. Then four days a week, he's off to the Snowdon YMHA to train for the next five hours. "I run and bike, stretch, swim and play basketball. Then I come home and sleep. I'm tired. I'm not 18 anymore. But I do a lot."

In the better weather, running outdoors is more than a physical experience. "I run alone. I see a nice tree or an interesting building. Sometimes I run through areas I knew as a child. I carry my bus pass when I run. If I go too far away, I ride home. I like to discover new things. See different people and cultures."

Shore graduated from McGill in commerce in 1957 and obtained his CA. He went into practice specializing in management accounting. He raised his two children in Chomedey before moving the family to The Boulevard in 1974. He's glad they're now adults. "It's scary bringing up kids nowadays with the cost of living and huge tax bites!"

#### A 'coach' for the bike

He counts on his son, Michael, to be his triathlon coach – especially for looking after his racing bike, a five-year-old model with a Marinoni frame. "I'm not a mechanic," he says. "I'm a bookkeeper. I can hardly change a flat."

He's taking him along to Poland for the March of the Living on May 1. This is an annual event in which participants walk to different Holocaust sites. Then the two are off to the Vancouver championships.

Shore's goal afterward is to continue with "the normal stuff." That means triathlons in Magog, Drummondville, Sherbrooke and Montreal. In 2007, he placed first in his age category (70-74 years) in the seven events in which he participated.

"In five of them, I was the only contestant," he says with a laugh. "So even if I was last in the entire event, I still won gold medals!

#### Every step is work

"I'm not a good swimmer," he continues, "but I have a good stroke and I know how to breathe. Biking is easy because once you get momentum, the bike just goes by itself. It's the running that's hard work. Every step is work. By that time, I'm usually running on empty and counting on experience. I just have to keep my weight down."

His "real goal", however, is to do the Half Iron Man. That's a 2.4-km swim, a 90-km bike ride and a 21-km run. "If I can do that," he says, "I'll be one of very few in Canada at my age. But, I'm taking it one step at a time. I've been careful not to burn out. And I'm just lucky my knees aren't gone. When you say you can't do something, that's when you're getting old.

"I just plow on."



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#### ANOTHER SOLD!



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Westmount – 4400 Montrose Ave. Gorgeous renovations! Incredibly bright. Best location. \$1,450,000

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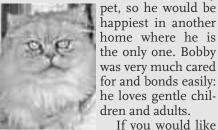
## 9 Lives: Giving Cats a Second Chance

BY LYZANNE

Stunning, isn't he? Bobby is so handsome, he's mesmerizing. Sitting in the sun, his silver-tipped white coat gleams. His huge



golden eyes have such warmth, you can't help but be drawn to him immediately. This incredibly sweet and elegant Himalayan-Persian is five years old and very healthy. (He has been vaccinated and neutered.) He has come from a home where he was the only



to find out more about him and consider adopting him, please contact Gerdy at Gerdy's Rescue and Adoption on her pager at 514.203.9180 or e-mail her at info@gerdysrescue.org.

Artwork by Laura S. Cohendet

## Westmount Today, Yesterday and Before When was the Lookout built?

By Doreen Lindsay

Question: When was the Westmount Lookout built? For answer, see page 13.



#### Underdog

By Fern Breslaw

In the children's book *The Story of Ferdinand*, Ferdinand is



a young bull who comes from a long line of fighters and who in everyone's mind will end up becoming the biggest

fighter of all. Ferdinand, however, is not like other bulls and really only wishes to sit around and smell flowers all day.

Teddy Bear is the pit bull equivalent of Ferdinand. He is a sweet four-year-old

with plenty of spunk and a really optimistic outlook on life.

Everyone says he's a big softy, but unfortunately Teddy Bear is making it into this week's Underdog column after a very long wait.

Despite being a wonderful young man, he still looks very much like a pit bull.

Find out more about adopting Teddy Bear by contacting the SPCA (5215 Jean Talon West 514.735.2711).

School Board News and Views

## 2008 starts with a bang

By GINETTE SAUVÉ-FRANKEL, EMSB COMMISSIONER



Returning to school in January finds parents, students, staff and commissioners thrown into a beehive of activities. From upcoming registration for the elementary levels (January 28 to February 1) to new initiatives at the

school board and upcoming elections for the Quebec English School Boards Association (QESBA), here is a short update on what has happened and what is coming up.

#### Literacy and the love of reading

The third week in January marked both the EMSB School Library Week and Family Literacy Day. Last Friday, Roslyn held its third annual Born to Read event, which sees Roslyn families presented with a gift of books for their newborns – an initiative of the Roslyn Home & School supported by Quebec Federation of Home & Schools. I love to attend this event, and hear guests and students read excerpts from their favourite children's books. Any program that promotes the love of reading and furthers literacy has my utmost support. Literacy is the keystone of each student's success, first at school then at work and in the community.

#### History and culture

February is Black History Month and Westmount Park students and staff are hard at work preparing for a month of activities. Westmount Park students will entertain Lester B. Pearson School Board students with steel pan, stepping and singing performances. Grade 5 and 6 students will take part in a McGill workshop sponsored by the Black Theatre Workshop. A showcase for parents and an art display are also in the works.

#### Calling all artists

Most of our schools have professional music teachers, but we cannot say the same for the teaching of visual arts and theatre. I am working on the development of art partnerships involving local artists with Roslyn or Westmount Park students and teachers to enrich and deepen the students' art education. If you are an artist and are interested in hearing more about this, please call me or send me an email.

#### School board governance

Return to the board took place on January 9 as a special workshop was convened to talk about school boards' role, governance and financing. A brief was prepared by the EMSB and will be presented to the minister at the beginning of February.

Three new initiatives from the council are moving forward. An elections committee will look at the problems encountered during the last elections and recommendations will be sent both to the DGEQ (Directeur Général des Élections du Québec) and the Quebec English School Boards Association. I will be chairing this committee. In addition, two other bodies will be convened: a commission to consult parents in all three regions of our board on specific local education needs or projects, and a committee to develop a mandate for an HR standing committee.

#### Quebec English School Boards Association

As a member of the board of directors

## How to get on the EMSB electors' list

If you are a parent with a child in an EMSB school and your name was not on the list, make sure your name (and your address) is on your child's registration documents.

If you are an elector with no children in any public school, please download the registration form from westmount independent.com, complete it and return it to: Ginette Sauvé-Frankel, English Montreal School Board, 6000 Fielding Ave., Montreal, QC H<sub>3</sub>X IT<sub>4</sub>.

of the Quebec English School Boards Association, by press time I will have attended – with commissioners from all nine English member boards – the professional development workshops taking place January 26-7, as well as the board of directors meetings and the annual general meeting to elect the new president and VP. School board reform will be the topic of the day in preparation for the minister's forum.

Please don't hesitate to e-mail me on any topics for which you would like more information: 514.481.0387 gsauve-frankel @emsb.qc.ca.

#### LAURENTIANS

#### At Last! A Real Quebec Winter

BY ROGER HAUGHEY

If you ignore the brief warm spell in early January, this winter has been more like those of our past; lots of snow, cold temperatures, and lots of opportunities to enjoy winter sports. There is more snow on the ground up here than in Montreal, and the beautiful winter weather adds an extra sparkle to the landscape and brightens up people's spirits as well.

For cross country skiing, the Laurentians offer more groomed terrain than any region in Canada, and feature an incredible variety of terrain for all types of skiers. There are several private centres like the Far Hills Inn in Val Morin (514.990. 4409), and public areas like the P'tit Train du Nord in Piedmont (450.224.7007) and the Corridor Aérobique in Morin Heights (450.226.1220) which, for a nominal charge, offer tens of kilometers of cross country terrain. Wherever and however you like to ski, check the latest snow conditions, and then check out the excellent centres so close to home in the Laurentians.

#### **EVENTS:**

Festi-Vent, This colourful family event, held in St. Placide, is one of the largest winter kite festivals in North America. Most of the activities take place outdoors. Each year, there are more than 30,000 visitors. February 23 to 24.

Canadian Ski Marathon, Gatineau to Lachute, February 8 to 10. This annual two-day event features a double-tracked ski trail divided into 10 sections spanning 160 km and welcomes over 2,000 skiers of all skill levels for a weekend of fun and exercise. Call 819.770.6556.

#### **Genest wins Green** Party nomination

Claude Genest won the federal Green Party's nomination on January 16 at the Atwater Library, defeating freelance writer Jack Locke. Genest is a broadcaster, actor and environmental expert, who is also vice-president of the Green Party of Quebec and deputy leader of the Green Party of Canada. He has already run federally and provincially for the Green Party in various ridings. He is the son of the late actor Émile Genest, best remembered as Napoleon in La Famille Plouffe.

Genest has been the host of Travel, Travel and starred in the ABC police drama Sirens. He is the founder of the Green Mountain Permaculture Institute in northern Vermont, where he teaches and which hosts courses for University of Vermont students. His latest media production is the PBS TV show Regeneration. He lives in Mile End and Vermont.

He explained his goals to the Westmount Independent. "Previously, I was running to make a stand. This year, we are running to win. We can't get over our astounding rise in the polls. We are at 20-25% [in some polls]. If we can get [Green Party leader | Elizabeth May into the leaders' debate, that could really change people's minds."

Morin Heights Viking Loppett, Morin Heights, February 24, 450.226.1220. This year is the 36th anniversary of this ski race, widely considered to be the largest cross-country skiing event in eastern Canada. Registration cost includes skiing, waxing services, an after-race meal, and an unforgettable experience in the "Capital of Cross Country Skiing in Canada."

Hiver en Nord, Place Lagny, St. Agathe des Monts, Until March 12, 819.326.8348. Activities include skating on the lake, snow buildings, fireworks, and other family-friendly events.

#### Duo exhibits textiles

Barbara Wisnoski and Lily Lam will be exhibiting their respective textile art in The Gallery at Victoria Hall (4626 Sherbrooke, 514.989.5226) until February 9. A "meet the artists" night will be held on January 31 from 7 to 9 pm. The gallery's regular hours are Monday to Friday 10 am to 9 pm, and Saturday and Sunday 10 am to 5 pm.

Wisnoski's textile work is not traditional quilting, and betrays her art and design background. She recently exhibited her work in the juried exhibition "BigFibre LittleFibre" in Toronto.

Lam is a more traditional quilter whose works depict a variety of figures and themes. With work in several collections, she has also undertaken commissions such as a storyteller's cape, entitled "Cloak of Imagining," for the Westmount



Barbara Wisnoski and Lily Lam at the border between their respective exhibition areas, and in front of their respective works.

Public Library.

Lam was recently interviewed by CJNT (cable 14, Bell ExpressVu 207), for airing on January 28 (6:30 pm), January 29 (1:30 pm) and February I (10 am).

## History quiz: When was it built?

Question from p. 12: When was the Westmount Lookout built?

Answer: 1932.

The construction of the Summit Circle Lookout, as it was originally called, on the south side of Summit Circle along the full width of Sunnyside Park was a project initiated by the City of Westmount in 1932. It provides a view of the City of Westmount and the City of Montreal. You can also see the St. Lawrence River and beyond. It was one of very few public works undertaken in the Depression years after the collapse of the financial markets in the fall of 1929. Most construction was at a standstill. Our mayor was George Hogg. As unemployment increased, a program was started in October 1931 to employ citizens who were out of work to grade Sherbrooke St. in front of Westmount Park, clean vacant lots

and load snow by hand at 25 cents per hour.

Descending from the Lookout are steps leading down to a steep path through Sunnyside Park to Sunnyside Ave. If you turn around and cross Summit Circle, you will enter the 46-acre urban forest we call Summit Park. It continues to be a wildflower and bird sanctuary where dog owners can walk their dogs and people can experience the result of decades of natural processes, see trees of all ages and discover different ecosystems.

Twenty metal indicators were installed along the edge of the Lookout pointing toward distant landmarks. By leaning over and looking along these arrows on a clear day, you can see the more distant points of Heron Island, the CIBC builling, Place Ville Marie, Mount St. Hilaire, Rouge Mount, the St. Hubert Airport, Montreal harbour, the Victoria bridge, Nuns' Island, St. Lambert, the Champlain bridge, the Green Mountains, the Sun Life Building, Mount Johnson, Westmount Park and Ver-

A recent much needed restoration of the Lookout structure was undertaken by the city. Our Lookout is a very pleasing place to take out-of-town guests to see the cities unfold below. On a delightfully sunny day after our last snowstorm I witnessed many visitors enjoying the view while explaining to each other what the various buildings are.

> Doreen Lindsay is the president of the Westmount Historical Society.



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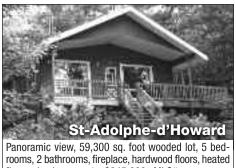
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#### THE WESTMOUNT TOWNSHIPPER

#### ArtWorks Plans to connect with English-speaking artists

By Danielle LaFrance

The art world is a finicky and difficult industry particularly without a supportive community. English-speaking artists in Quebec might feel the anxiety of producing and legitimizing their work in a French-majority market, but the Townshippers' Association has developed a plan to reach out to art professionals – Art-Works Project.

Rachel Garber is the executive director, and emphasizes how "The Townships' English-speaking community has more than twice the proportion of arts workers than the French-speaking majority has. But they all too often are invisible, so when opportunity comes knocking, it can't find their doors!"

The project is in the throws of compiling lists of artists and inquiring into their wants and needs.

#### Making connections

"Some arts communities are already well-connected, like the one in the Sutton

area, but others are not – that's part of the challenge," says Mark Patterson, marketing specialist.

Artist group meetings have already been facilitated as well as the development of a database, in order to disseminate information and links to arts councils, schools and funding. Applying for grants, in particular, is an often tedious and mind-boggling process.

"An interesting and useful topic would be demystifying how works are juried," said Patterson.

To note, the project couldn't be made possible without the support of the Townshippers' Association and the Quebecwide English Language Arts Network (ELAN), and the financial backing of the Development of Official-Language Communities Program of Canadian Heritage. The project is beneficial for English-speaking artists to build entrepreneurial relationships and, most importantly, expand their knowledge of how the art world works. For more information contact artworks@townshippers.qc.ca.

## Green weddings

By Annika Melanson

It seems like the colour green is en vogue these days and many Westmounters have become particularly environmentally conscious. So if you're in the midst of planning a wedding and are thinking green, read on.

The average wedding costs almost \$30,000 and involves many unnecessary things that are "traditional", such as bonbonnières, those tacky little party favours that become dust collectors on a shelf and probably cost a lot of money. Instead, why not use the money to make a charitable donation?

Ladies, I know that the fairytale wedding involves wearing the gown of your dreams and will also cost a fortune. Why spend thousands of dollars on a dress that you will only wear for a few hours? Not to mention the fact that many wedding gowns are made in unhealthy and unsafe working conditions overseas and involve chemicals sprayed onto non-organic cotton.

To get more information, check out www.atoexpo.com or www.earthspeaks. com. Why not opt for a second-hand dress

or a formal gown that can be worn again? (Personally, I selected a white lace bustier and had a long silk skirt made, which can be attached with hooks – or not. Since my wedding day, I have paired the bustier with black palazzo pants or the skirt with a different dressy top and have got good wear from my wedding dress.)

Another option is wedding dress rental. A great place for wedding dress rentals is Oui je le Voeux (6924 St. Hubert, corner of Bélanger, 514.276.2945, www.ouijele voeux.com). The boutique has more than 500 dresses to choose from, including recycled ones that have been remodeled. The dresses have all been professionally cleaned are ready to be worn. Dress rentals cost between \$250 to \$550, including all accessories. I recommend taking dress insurance, which covers minor tears at the hemline, cigarette burns and what is considered normal use.

#### **Eco invitations**

Some stationery companies, such as Crane, use recovered cotton from the garment industry to make their wedding invitations. Crane is available at Origami continued on the next page



## Lois Hardacker KNOWLTON - 3 Victoria

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PEOPLE LOVE COWANSVILLE for its great hospital, services and shopping. This 1890 home is located on a deep lot in the heart of town among other buildings of vintage. Commerciallyzoned, it can accomodate your business as well as your family. Unspoiled inside and well-maintained. \$270,000 Plan a visit!



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A LITTLE DOLLHOUSE in appearance, surprisingly roomy inside. Main floor master suite with bath, plus powder room in entry, two bedrooms and full bath upstairs. Mostly renovated including new windows. Hardwood floors, gas fireplace, private deck for afternoon sun, and a garage. \$325,000



THE ENTREPRENEURIAL SPIRIT will revel in the possibilities. 1.5 acre of commercially zoned land in Knowlton. Large and solid converted barn houses two apartments, a storefront, more space currently rented for storage, a magnificent undeveloped loft. Plus, storage units in a separate building producing reliable revenue. \$375,000

Eastern Townships Living by Lois Hardacker
Chartered Real Estate Agent





Weddings... continued from previous page

Plus (1369 Greene Ave., 514.938.4688, www.origamiplus.com). Another good bet for purchasing invitations is at Au Papier Japonais (24 Fairmount Ave. W., 514. 276.6863, www.aupapierjaponais.com). Select from an assortment of eco-friendly paper, including local stationery company St. Amand, which like Crane, uses recycled cotton from the garment industry and Japanese paper made from the branches of mulberry trees, without cutting down the tree. Or send your invitations by e-mail and avoid using paper at all.

#### Green flowers

A wedding without flowers is like a bride without a groom. Choose organic flowers. Sierra Eco Flowers is a company that is committed to fair trade for flower farm workers as well as maintaining healthy soils by practising environmentally responsible growing methods and waste disposal. They are available at Fleuriste Centre Ville (Central Station, 895 de la Gauchetière W.) and at Atelier de Fleurs Green Poppies (5658A Parc Ave., 514.279.1120). Another florist that stocks fair trade roses, which can be difficult to find, is Mayfair Florist (5155 Cote des Neiges, 514.738.1179).

For your centrepieces, use organic strawberries and kiwis to fill wicker baskets or go for a more modern look with a glass bowl or vase filled with lemons and limes. Take the fruit home after the receptions of the state of the

tion and recycle (i.e. eat) it.

#### Sustainable reception venue

If you are looking for a green reception venue, the LEED-certified (Leadership in Energy and Environmental Design) sustainable building La TOHU (2345 Jarry St. East, 514.374.3522, www.tohu.ca) is available for wedding receptions. Staff will help to organize a green wedding, including catering. The TOHU is the former Cité des Arts building, where the circus school practises. As well as going eco on your Big Day, you also have the option of descend-

ing from the ceiling on a trapeze as man and wife.

#### Waste not, want not

Tons of food ends up in dumpsters after each wedding reception. There is no way that one needs to eat every morsel offered at weddings. Opt for food stations where guests can circulate and mingle while sampling organic hors d'oeuvres.

#### Happily ever after

Last but not least, the honeymoon. Check out www.greenhotels.com for a list of eco-conscious resorts that support fair trade and are conscious of recycling, saving water and energy. Another handy website for selecting an eco-wise beach honeymoon is www.blueflag.org. Beaches listed on the website are selected because of their good environmental management, water quality and safety as well as other criteria.

#### **Wedding Announcement**



Anthea Dawson and Jeremy Oldland were married at St. Matthias' Church in Westmount on October 13, followed by a reception at the St. Sulpice Hotel in Old Montreal. Anthea, executive chef at Simply Wonderful Catering, and Jeremy, general manager and co-owner of Hatley, had the time of their lives surrounded by all their family, friends and loved ones. They just returned from an incredible three week honeymoon in Thailand and Hong Kong.



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What's Cooking in Westmount?

## Thai on Victoria Ave.

By Anthea Dawson

Having just returned from a glorious three weeks in sunny Thailand, it was a very rude awakening this weekend to watch the thermometer dip below minus 18. While the beautiful days of sunsets and lazy beach walks seem to fade faster than I could say "frostbite", I trudged to work bundled up to my eyelids, feeling the tan slowly ebb from my skin.

While the balmy weather was one huge perk to my time in Thailand, it came a close second to the delicious cuisine. Fiery curries, smooth coconut soups and dirtcheap phad thais were our sole sustenance, and I've been craving them since our return. Usually one has to take a trip down to Chinatown in order to find ingredients for authentic Thai cuisine, but I recently realized on Victoria Ave. that you don't need to go that far to find many of the basic ingredients needed to bring a little spice into your kitchen on these cold January nights.

#### Ingredients available locally

The basics for Thai cooking (ginger, garlic, mint, limes, and coconut milk) have been prominent features at most grocery stores like Metro and Cinq Saisons for quite some time. And now, it is even more common to find specialized goods like lemongrass, oyster sauce, bok choy, Thai chilies and coriander. The specialty Asian sections at these stores also offer good selections of rice, noodles, sauces and curry pastes. Across from Metro on Victoria at Miyamoto Japanese Food and Giftware (382 Victoria Ave., 514.481.1952), you can find fresh tofu, spring roll wrappers, fish

sauce and extensive varieties of rice noodles, soy sauces and Asian cooking oils.

I was determined to recreate my favourite dish, pad thai, and I was happily surprised to find all the ingredients I needed in one shop at Metro. It is a very simple and quick recipe, and perfect for bringing a little Thai sun into your kitchen!

2 Tbsp. vegetable oil

1 Tbsp. chopped garlic

1 Tbsp. chopped shallot 50g hard tofu, cubed

50g sliced chicken or shrimp

1 egg, beaten

4 Tbsp water

3-4 Tbsp. oyster sauce

1 Tbsp. fish sauce

1 tsp. sugar

1 tsp. soy sauce

100g flat rice noodles, soaked for 10 minutes in warm water

1 cup each bean sprouts and sliced

scallions (or chives)

1 Tbsp. chopped peanuts (optional) 1 Tbsp. chopped coriander (optional)

1 lime, cut into wedges

Heat oil on medium heat in a wok, add garlic, shallot and tofu and fry until golden. Add chicken or shrimp. When chicken is almost done or shrimp is pink, add beaten egg and stir in.

Add 2 Tbsp. of water, fish sauce, oyster sauce, sugar and soy sauce.

Add noodles and 2 more Tbsp. of water and cook until the noodles are tender and incorporated. Stir in bean sprouts and scallions and turn off heat.

Divide evenly amongst 2 bowls and garnish with peanuts, coriander and lime wedges. Serve and enjoy!

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SHERBROOKE W. Turn of the century semi-det. 4+1 bdrm home situated next to Westmount park & close to Victoria Village shopping! With its beautiful mouldings & detail, fireplace, stained glass, skylight, exposed brick, finished. bsmt, rear deck & private garden; this family home is a pleasure to show! Asking \$679,000