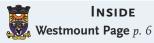
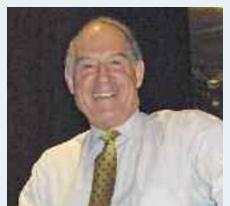
WESTMOUNT INDEPENDENT

January 16, 2008 We are Westmount Vol. 2 No. 1a





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Going green on Grosvenor

BY LAUREEN SWEENEY

The proof is in. Using ground heat to both warm and cool a century-old Westmount home is not only energy saving. It works.

What once was a draughty, hard-to-heat house is now warm and cozy. Saved is 5,000 litres a year in heating oil and 8 tonnes of CO₂.

After drilling down 420 feet to reach the quantity of warmth needed to heat their 1898 home on Grosvenor Ave. south of Côte St. Antoine Rd., Paul Marriott and his wife, Cynthia Grahame, are now into their third winter living virtually free of heating costs.

Costs offset from the start

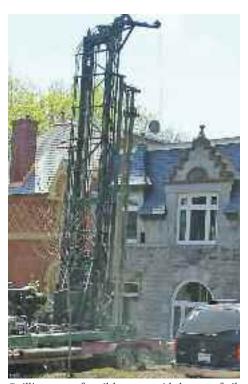
"If we had \$5 for every person who passed by and told us it wouldn't work, it could have paid for the work," Marriott said last week.

As it was, installation costs were essentially offset and paid for right from the start, in large part because the environmentally-conscious couple was already renovating and "greening" the newly acquired house that was in need of major repair.

The drilling cost of \$5,200 and the bill of \$16,810 for installation of the heat pump and ductwork were offset by federal and provincial energy-saving grants plus the amount the homeowners would have spent to replace the furnace and oil tanks, install air conditioning, and pay the first winter's fuel bills.

Doing it right

"The question was whether to replace the furnace in the traditional way, or think long-term about soaring pricing and dwindling sources of non-renewable energy," Marriott said. "We decided to do it once and continued on page 2



Drilling – not for oil but to avoid the use of oil. Black limestone gravel from the operation was spread along the alley and packed solid.

Fire starts with use of portable heater

BY LAUREEN SWEENEY

While some 29 Westmount families grapple with the loss of their homes to a major apartment fire overnight January 2-3, fire officials continue to probe its cause, revealing it started with the use of a portable heater in the kitchen of a second storey unit at 440 Mount Stephen Ave. Occupants of the unit were not home at the time and the fire was reported to have been discovered by another tenant who smelled something burning.

Investigators later removed the appliance from the century-old building to de-

termine whether the source of the fire was the heater itself or the extension cord used to connect it.

"Because portable heaters are generally used at the maximum setting, an extension cord has to be used only temporarily since they are not normally of heavy enough gauge for these appliances," said Fire Prevention Chief Daniel De Vries.

Therefore it is important to check out the condition of cords for signs of drying and possible damage, he explained.

At press time, the city was preparing to announce that it hadjoined forces with Sun continued on page 7



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Drilling deeper than the St. Lawrence or metro

continued from page 1

do it right."

Doing it "right" meant feeding the ground heat up into the basement and circulating it using a forced air system throughout the 1898 home. A typical two-storey semi-detached house, it has 2,000 square feet of finished living space and 10-foot ceilings. Because the heat pump is reversible, it also provides low-cost highefficiency air conditioning.

The only energy costs are gas for the stove and hot water heater, and the hydro bill for electricity consumption – a combined total of some \$1,500 a year, Marriott said in laying out his utility statements.

Embracing green lifestyle

The ground heat system, he explained, is distinct from geo-thermal heating of the type equated with Iceland and New Zealand that uses hot rocks to make steam. "Our ground heat is clean heat. There's no flame, no combustion and low maintenance. You change the air filter yearly."

This is important for Marriott and Grahame who have embraced a green life-

style. By working at home as a consultant, Marriott (a PhD in electronics engineering) saves transportation fuel, except when travelling on business.

The couple composts kitchen waste, carries canvas bags for groceries and uses a front-loading washing machine to save water. As part of ongoing renovations, they also plan to replace the home's worn and damaged hardwood floors with bamboo, a more easily renewable resource.

Before initial renovations began in 2004, Marriott said, "We had the house tested for energy efficiency." A rating of 22 out of 100 surprised even the tester. "He told us it was equivalent to having a 29-inch diameter hole in the wall. We were living in an igloo."

Now exceeds current standards

Post-renovation readings earned the house a rating of 82 after installation of the ground heating system, replacement of windows, and work on the stone façade – and that was without finishing some holes in the ceilings. "This exceeds the current R2000 construction standard for



Paul Marriott explains how the ground heat enters the home (at left) to be pumped by the heat pump (behind him) through the basement ceiling ducts as a forced air system throughout.

new houses," Marriott said.

While neither he nor his wife had prior experience in renovation or construction, they have undertaken most of the interior work themselves except for the plumbing and electrical rewiring.

This meant opening up small rooms and cupboards, enlarging the kitchen, lining most of the cracked upstairs plaster walls with drywall, framing ceilings and installing bathroom tile.

Works wins award

They left repair of the bulging stone façade to the experts. And after each stone had been removed and put back in its original position, the house won first prize for residential restoration awarded in 2005 by the Quebec masonry association (AEMQ).

That, plus the heating system are among the renovation highlights.

Marriott said the vertical pipe had to be inserted far into the ground to extract the amount of heat needed. "People think it's hotter and hotter the further down you go.

Not so. If we had had a large enough property, we could have laid a horizontal pipe below the frost line."

Interestingly, he added, the 420-foot depth takes the pipe below the level the St. Lawrence River and deeper than the deepest Metro station, the Charlevoix at 97.1 feet below ground.

Removing the chimney, he said, created added space for the air ducts. Some of the heat is also fed into the bottom of the gasfired hot water heater, helping to provide some warmth and reduce the amount of gas otherwise needed.

"It is even possible to adapt the ground heating system to an existing hot water/radiator system," he said.

Marriott and Grahame know they aren't the only Westmounters heating from the ground up. He has even come to recognize the characteristic sound of the drilling.

But they do hope their own experience will inspire other forward-thinking residents who may be looking for alternative heating sources and eager to go green.







New windy city? 100-km winds on Jan. 9



Firefighters work to remove loose flashing from a condo balcony at the former POM factory on St. Catherine near the Glen Rd.



Wind caused Victoria Ave.'s recycling to blow into the street.

ScotiaBank helps out



ScotiaBank's Greene Ave. branch (from left): Inna Chalanskaia, Terry lomascolo, Erin O'Neill, Mary Salvadore, Arlene Bergman, Anthony Salvaggio, Rosa Delli Quadri, Taner Tasciayn and Melissa Samuel

ScotiaBank's Greene Ave. branch took the lead within its network last December to help families in need. Previously (in 2006), the branch helped out one family at Christmastime via an in-branch gift basket. This time around, branch manager Anthony Salvaggio wanted to broaden the scope of the project. He reached out to Scotia's Côte St. Luc, Van Horne, Cavendish, Queen Mary and Harvard branches in order to bring in more goods for tar-

Selwyn appoints new headmaster

Hal Hannaford has just been appointed Selwyn House's new headmaster, effective January I, 2009.

Hannaford has been head of Royal St. George's College in Toronto for the past 11 years. Previously, he was the founding headmaster of Kingsway College School. geted families. The result? Five families helped via four to five boxes of food and two to four boxes of clothes per family.



Some of the donated food and clothing.

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You are Westmount: what do you want to read?

Dear Readers.

On behalf of the *Westmount Independent* team, thank you for your kind comments and encouragement to date. There is no doubt: Westmounters were hungry for a news-packed local newspaper.

And everything is **going very well** for a fledgling, locally owned publication competing with a 72-year-old incumbent owned by a \$2.3-billion-a-year public conglomerate.

To grow in size and frequency, however, we need more ads, which means more real estate advertising. There is a perception, however, that the "Other Paper" is *the* real estate paper. Readers mean this in a narrowing sense, as in: "The Other Paper is *only* a real estate newspaper – and that's the only reason to pick it up." On their

side, some real estate advertisers think, "We must advertise in the Other Paper. It is *the* real estate paper."

Just as we at the *Independent* aspire to be Westmount's *quality* newspaper, we aspire to be Westmount's *real estate* newspaper. Don't worry: more real estate advertising won't turn us into a circular devoid of local coverage. At the *Independent*, more ads means more news, information and must-have tidbits.

Advertising proposition

To the real estate advertisers, I would point out that we run the real estate transactions every month. We are also the only publication that publishes construction permits. We have covered house renovations, the state of the real estate market, how to research the history of your house and other real estate topics. This coverage attracts real estate-minded Westmounters, as does the rest of our community-focused content.

To the readers, I would say that community papers need real estate advertisers, so even if you aren't personally in the market for real estate, please know that real estate advertising in our newspaper is a "win-win-win". The community gets a content-rich paper, the newspaper team gets to work on a fulfilling project and the real estate agents get a premium venue to advertise their services. Lots of real estate ads means a financially healthy paper.

My pledge to you

I pledge to you that as we increase the

amount of real estate advertising, we will increase the size and frequency of the *Independent*. The Other Paper recently put out an issue that was 80 percent ads. An industry norm is 60 percent ads (70 percent for French papers). We target a reader-friendly balance of 50 to 60 percent ads

We can build a viable business by surrounding great local content with a reasonable amount of ads. But we need help. Please spread the word. Please tell the real estate agents what kind of paper you want, what kind of paper you read.

If you help us succeed, we will return the favour by working hard to provide you with the news that you want.

Thank you again for your support.

DAVID PRICE, EDITOR

'Food for Thought' theme for McEntyre Competition

Creativity comes in many forms, and Westmount students entering the 2008 McEntyre Writing Competition are being encouraged to think about food this year as it relates to the community.

"Think of community not just as a town or neighbourhood," reads the flyer, "but as friends, family, teams, clubs, schools, libraries, workplaces, place of worships, social movements, people living in different cultures, or oth-



FOOD FOR ers sharing our planet."

The theme, "Food for Thought", was revealed by the Westmount Public Library at the end of December as one designed to "capture the imagination," said library director Ann Moffat.

The potential is almost unlimited when one considers the wide range of possible topics such as favourite food, organic food, food allergies, learning to cook and holiday traditions.

All students in elementary and secondary grades from 1 to 11 are eligible if they attend schools in Westmount, live here, or are members of a library in the city.

Entries of 1,000 words or less may be written in either English or French and submitted by 9 pm on April 4 at the Children's Desk of Westmount Public Library. Cover sheets may be picked up at the li-

brary and at local schools.

Along with the honour, winners in various age categories will receive prizes ranging from \$10 to \$75.

More information is available from the Westmount library at 514.989.5229 or through the flyer with an eye-catching design by former Dawson student Jacynthe Smith.

WESTMOUNT INDEPENDENT

We are Westmount.

Twice monthly (1st and 3rd Wednesday of the month), next issue: January 30 Westmount (H3Y and H3Z): 10,000 copies by Canada Post 1,000 copies distributed to over 40 waiting-room drops

If you don't want to get our publication, Canada Post advises that you place a sticker on your mailbox that says, "No ad mail." Si vous ne voulez pas reçevoir notre publication: Malheureusement, nous ne sommes pas capable de bloquer une adresse individuelle. Il faut mettre une étiquette près de votre boite à lettres qui lit « Pas de média-poste ».

If you do want to receive our publication and you have a sticker on your mailbox (or are outside our distribution area), please send a cheque for \$1.50 times the number of issues left in the year. We will mail them to you for the rest of the current calendar year.

Most frequently restocked drop sites: Lobby of 310 Victoria Ave.; Sherbrooke St. exit to Metro grocery store at Victoria Ave. and Sherbrooke St.

Drop notice: Snow conditions may delay us getting around to all of our drop sites on Tuesday of publication week. Whatever the snow conditions, we still aim to reach our "most reliable" drops (Metro on Victoria, Westmount Square and 310 Victoria lobby) on Tuesdays.

Editor:

David Price 514.935.4537 Chief Reporter: Laureen Sweeney laureen@westmountindependent.com Layout: Studio Melrose/Ted Sancton

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We welcome your letters, but reserve the right to choose and edit them. Please email them to indie@westmountindependent.com. Every letter of support helps us with advertisers!

Last 401 Squadron ace dies at 89

Former Westmounter and World War II veteran Blair Dalzell ("Dal") Russel died on November 20. Russel volunteered for the RCAF's 115 Fighter Squadron in the opening days of World War II and went on to serve in, and command, several other units, including the storied 401 Squadron – where one of his colleagues was future senator Hartland Molson.

For his skills as a fighter pilot during the Battle of Britain, D-Day and subsequent campaigns, he was awarded the Distinguished Flying Cross (including a subsequent bar), the Distinguished Service Order and several medals from other Allied governments. He completed 286 sorties without ever being shot down. After D-Day he was one of the first Allied pilots to actually land in France.

After the war, he worked for Canada Wire and Cable, Canadair and Sperry Gyroscopes, as well as operating his own linen shop. He retired to Knowlton, Quebec and died at 89.

Letter to the editor

THE LOST GENERATION

"A Montrealer is someone who buys a train ticket to Toronto if he wants to play with his grandchildren."

Yes, I am quoting myself – but I was reminded of this sad aphorism when reading the blizzard of population statistics from Ottawa earlier this month and given headline treatment across the land.

Statisticians tell us everything except the human story about population shifts – the flight from fear and discrimination, however shaded.

I become aware of the exodus extending back to the 1970s when I see so many cars with Ontario licence plates (making illegal right turns on red) at family holidays like Christmas or Rosh Hashanah, Easter and Passover. Perhaps kids are meeting Granny or Bubbie for the first time – or enjoying happy reunions.

Happy holidays, kids – and welcome to *la belle province*, the land of your forefathers.

EDWARD W. BARRETT

The legacy of Peter Kohl, environmental pioneer

By Eve Aspinall Member of the Healthy City Project

At last, many people are gradually becoming attuned to the pressing need for action to protect our planet. There are still many who are skeptical and many more who do little to reduce their contribution to the degeneration of our environment. A

Good news on Quebec's health system



Ian Moodie, owner of Victoria Ave.-based WeCare Home Health Services, addressed the Rotary Club of Westmount on January 9. His topic? "Here is part of our Quebec health system that works". Moodie is president of the Taylor-Birks Foundation, which helps support the Westmount Montreal Readaptation Centre. From its headquarters at 8000 Notre Dame West, the centre serves Westmount, NDG and the West Island, and helps to address the needs of 1,552 children and adults with intellectual disabilities, as well as those of their families. With its 325 employees and \$34-million budget, the centre does a good job of meeting the needs of its clients, although there are waiting lists. Moodie's most important job? Father to 14year-old Marjorie, a child with intellectual disabilities.

notable exception was the late Peter Kohl – a man well ahead of his time.

With an innate love of nature, he was greatly disturbed by the deteriorating quality of the water in Lake Memphremagog. Not one to sit by, he initiated a small group of residents, namely his brother Gordon and Herbert Mitchell, to form Conservation Memphremagog Inc. ("MCI"). This was 40 years ago! Many less-than-popular measures (at the time) were undertaken (such as stringent rules regarding septic tanks and sewage) and inspections followed. From the initial group of three, MCI now has over 1,200 members and growing. They were instrumental in blocking an American nuclear waste site proposed for northern Vermont and in halting a Calgary plan to establish a houseboat rental business. Their activities have led to change throughout the province and involved considerable interaction with the

Recommendations for Westmount

Peter had a vast store of information that he brought to the Healthy City Proj-



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T. 514.931.2531 F. 514.931.2534 ect. Although not in the best of health, he took on the mammoth task as head of a committee to examine, refine, and make recommendations on what constitutes a sustainable city. This will be presented to the City of Westmount as the "Kohl Report". He will be sorely missed.

New year, new opportunities

The phrase "Reduce, Reuse, Recycle" also known as the "Three Rs" is critical to environmental health. Consumption over the holiday season was high and we should bear in mind the Three Rs as we revert to our normal activities. What is so wonderful about the holidays is the spirit

of giving, of joy, kindness, greater courtesy, and smiles even to strangers. If we all learned to reuse and recycle this behaviour would it not improve our environment? Have you noticed how a shared smile leaves you feeling warmer inside?

Happy New Year to all.

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Vol. 2/1

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MESURES D'URGENCE

Fonds d'aide aux victimes de l'avenue Mount Stephen

La Ville de Westmount, en collaboration avec l'organisme Jeunesse au Soleil s'est engagée à offrir assistance et appui à long terme aux victimes de l'incendie qui a ravagé l'immeuble d'appartements de l'avenue Mount Stephen. Les résidants de Westmount désirant venir en aide à leurs voisins sont invités à faire un don en espèces au Fonds d'aide aux victimes de l'avenue Mount Stephen à l'adresse suivante.

Jeunesse au Soleil 4251, St-Urbain Montréal (Québec) H2W 1V6

Veuillez inscrire sur le chèque que l'argent est destiné au Fonds d'aide aux victimes de Mount Stephen.

Les résidants peuvent également donner aux victimes des meubles et des appareils ménagers en bon état; veuillez contacter la Ville de Westmount au 514 989-5455 pour annoncer votre contribution. Visitez notre site Web pour obtenir de l'information additionnelle.



RESSOURCES HUMAINES

Emplois d'été

Westmount embauche des étudiants pour occuper différents postes durant l'été. Les formulaires de demande d'emploi pour l'été 2008 sont maintenant disponibles sur notre site Web, ainsi qu'à la réception de l'hôtel de ville. Veuillez noter que la date limite pour soumettre votre candidature est le vendredi 1er février 2008. Info: 514 989-5210.



TRAVAUX PUBLICS **Déchets électroniques**

Recyclez-les dès maintenant! L'élimination responsable et sécuritaire est actuellement en place à Westmount. Un dépôt permanent, situé aux ateliers municipaux de la rue Bethune, est ouvert de 7 h à 21 h, sept jours par semaine.

Arbres de Noël

Participez à la cueillette des arbres de Noël en plaçant votre arbre sur votre terrain à l'arrière du trottoir les jours. Assurez-vous de dépouiller l'arbre

DATES À RETENIR

À compter du 17 janvier

Exposition : Lily Lam et Barbara Wisnoski La galerie du Victoria Hall

Le 17 janvier - 16 h

Club de lecture *Readers to Readers* pour ados (13 ans et +) Bibliothèque

Le 23 janvier - 18 h 30

Club de lecture française Les titres de la maison d'édition Les Allusifs Bibliothèque

Le 25 janvier - 19 h

Vendredis du cinéma : November Bibliothèque

Le 28 janvier - 20 h

Séance générale du conseil Hôtel de ville



de TOUTE décoration, emballage ou sac de plastique. Nous vous prions également de faire preuve de patience en raison du déneigement et des autres tâches pouvant retarder la cueillette. Info: 514 989-5311.



SPORTS ET LOISIRS

Cartes d'accès - installations sportives 2008

Les cartes d'accès pour l'année 2008 sont maintenant en vente au bureau des Sports et loisirs à l'Aréna de Westmount. Veuillez noter qu'une carte d'accès valide est requise pour les périodes de patinage libre et toute partie de hockey improvisée

Carnaval d'hiver de Westmount

Venez participer aux différentes activités offertes dans le cadre du Carnaval d'hiver de Westmount qui auront lieu le 31 janvier et les 1^{er} et 2 février. Vous trouverez un horaire détaillé des activités dans votre courrier et sur notre site Web. Info: 514 989-5353.

\Diamond

EMERGENCY MEASURES

Mount Stephen Victims Fund

The City of Westmount has collaborated with Sun Youth to provide long-term assistance to the victims of the devastating Mount Stephen Avenue apartment fire. Westmount residents who would like to help support the victims can make a cash donation to the Mount Stephen Victims Fund at the following address:

Sun Youth Organization 4251 St. Urbain Montreal QC H2W 1V6

Please indicate on your cheque that the funds are to go to the Mount Stephen Victims Fund.

Residents may also donate gently-used furniture and appliances to the victims; please contact the City of Westmount at 514 989-5455 to make your pledge. More information is available on our Web site.



HUMAN RESOURCES

Summer Employment

Westmount hires a number of students for a variety of positions during the summer months. Application forms for 2008 summer employment are now available on our Web site and at the City Hall reception desk. Please note that the deadline to submit your application is Friday, February 1, 2008. Info: 514 989-5210.



PUBLIC WORKS **Electronic Waste**

Recycle your e-waste now! Safe and responsible disposal is available today in Westmount. A permanent depot is open at the Public Works Yard on Bethune Street from 7 a.m. to 9 p.m., seven days a week.

Christmas Trees

Make sure your tree gets composted by placing it right behind the sidewalk at the front of your property at any time. You must remove ALL decorations, wrapping or plastic bags. Please be

DATEBOOK

Beginning January 17

Exhibition: Lily Lam and Barbara Wisnoski Gallery at Victoria Hall

January 17 - 4 p.m.

Readers to Readers for Teens (13 years and older) Library

January 23 - 6:30 p.m.

French Book Club

Les titres de la maison d'édition Les Allusifs Library

January 25 - 7 p.m.

Film Fridays: November Library

January 28 - 8 p.m.

General Council Meeting City Hall



patient, as collection is ongoing and it may take several days before the tree is picked up, especially during snow removal. Info: 514 989-5311.



SPORTS & RECREATION

2008 Facility Membership Cards

Sports Facility Membership Cards for the 2008 calendar year are now for sale at the Sports and Recreation office at the Westmount Arena. Please note that a valid Sports Facility Membership Card is required for general skating and pick-up hockey at the Westmount Arena.

Winter Carnival

Come and celebrate with us at this year's Winter Carnival on January 31 and February 1 and 2. Watch your mailbox or consult www.westmount.org for complete details. Info: 514 989-5353.

Westmount, à votre portée. Pour toute question ou commentaire, veuillez nous contacter : **Westmount at your fingertips.** Contact us with any comment or question:

www.westmount.org assistance@westmount.org

Roof needed shovelling

continued from page 1

Youth to form the Mt. Stephen Victims Fund. Cash donations (indicating the "Mt. Stephen Victims Fund") can be made directly to Sun Youth (4251 St. Urbain, H2W IV6, 514.842.6822). Offers of furniture and appliances should be transmitted to the city (514.989.5455).

Fortunately, all had time to leave safely, some with their pets and coats. No injuries were reported.

Frigid weather, snow on the street and the roof of the building, and the solid construction of the building hampered the work of firefighters, De Vries said. What normally would have been a 3-alarm fire turned into five alarms.

"It took them almost an hour just to shovel at least three or four feet of snow off the roof before they could start ventilating, he said. Because of the snow on the street, they had to park most of the trucks on Sherbrooke or Côte St. Antoine so it took that much longer to go back and forth for equipment as it was needed."

While the solid construction of older buildings helps increase the time it takes a fire to spread, in this case it also took firefighters longer to get at the fire, he explained. The fire burned for some 10 hours from shortly after 10 pm.

It was one of the city's more substantial apartment fires in recent years, city Director General Bruce St. Louis said. An estimate of dollar damage is not expected until the completion of an engineering report. Built in 1908, the building was evaluated on the 2007 tax roll at \$691,000.

What is known, De Vries said, is that heavy damage was sustained to apartments in the north wing of the U-shaped building where the roof was destroyed. The interior will probably have to be rebuilt. The smoke-damaged south wing could possibly be habitable again within a few months.

Meanwhile, about a dozen residents who had nowhere to go were cared for at the scene by Red Cross, Sun Youth and city personnel, said St. Louis, who helped oversee their welfare at the scene.

"When it became pretty cold even on the bus, we opened up the library at II:30 and took them there where they could have coffee and juice and a quiet place away from the fire."

Library Director Ann Moffat, who is in charge of Services to Victims in the city's Emergency Measures Organization, said because they were a small group, the West-



A steady stream of investigators, officials, insurers and workers went in and out of the building at 440 Mount Stephen Ave. last week.

mount Room was a more comfortable environment to Victoria Hall which normally would have been used as a shelter.

The next evening, about 40 residents attended a meeting at the library where the Red Cross provided them with information on available services.

Strange coincidences

It was at another fire in the same building just 23 years ago less a day (January 4, 1985) when Westmount fire captain Michael Boychuck pulled a tenant to safety through a smoke-filled unit before having time to even don his own breathing equipment.

He subsequently received Canada's Medal of Bravery from the governor general, Jeanne Sauvé.

And Boychuck retired as Chief of Operations January I, this year, only days before this latest fire.



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Griffith McConnell Residence

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Checking detectors in fire aftermath

Among the fire prevention personnel canvassing homes on Mount Stephen and Springfield avenues Tuesday last week to address residents' concerns and check smoke detectors following the fire are, from left: Mathieu Kingsley, Nicolas Roch, Dave Halley and Stephen Bell. They replaced five batteries provided by Westmount.

Occupants were found home at 60 of 88 dwellings. In all, 44, or 73 percent, conformed to the city's by-law concerning the smoke alarms. Six were found without a functioning battery, one had a defective unit, and four were missing one detector.





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Bought & Sold: Real estate transfered since November 16, 2007

Date	Address	Price	Виуег	Seller	Evaluation
Dec 18 07	4267, 4269, 4271 St. Catherine St. W.	\$6,850,000	9184-0298 Quebec Inc.	Cafa Realties Inc.	\$5,256,000
Dec 17 07	26 Shorncliffe Ave.	\$3,500,000	Cosme Ordonez	Dorothy-Ann Zalkind	\$2,500,000
Dec 14 07	26 Aberdeen	\$2,990,000	Scott B. Jones & Sophie Dutil	Matthew Hasten O'Toole & Jill Garrett	\$1,768,100
Dec 03 07	3262 Cedar	\$2,800,000	Althea Carty & Christopher Carty	Estate of Howden Richard Horner	\$1,937,100
Dec 12 07	1 Wood, #1503 & #1506	\$1,400,000	Linda Cukierhandel (Zucker)	Estate of Glen Ellis	\$1,193,600
Dec 11 07	434 Elm	\$1,365,000	Marc Darmo & Maria de Tiscar Cavalle	Paul Gauthier & Suzanne Jacques	\$1,123,600
Dec 03 07	10 Oakland	\$1,325,000	Rolf Loertscher & Ziba Aalamian	Yong Zhang & XiangJun Li	\$1,340,000
Dec 10 07	15 Surrey Gardens	\$1,270,000	Wendy Wiseman	Marilyn Rosenstein	\$1,248,500
Dec 20 07	650 Belmont	\$1,075,000	René Douville & Sylvie Cardin	Marc Lustig & Gillian Douglas	\$837,000
Nov 30 07	4709 The Boulevard	\$1,018,000	Manon Beausoleil	Richard Blondin	\$664,300
Dec 20 07	1 Wood, #602 & 2 garage spaces	\$985,000	Jessica Gelber	Banu Kunas	\$944,100
Nov 26 07	365 Kitchener	\$905,500	Terry Clair Weitzen	Albert Baber & Inge Probst	\$651,400
Nov 23 07	68 Chesterfield Ave.	\$695,000	Ferdinando Lezza & Caroline Holden	Estate of Charles Phillipe Leblond	\$239,800
Dec 14 07	29-31 Bruce Ave.	\$620,000	Yvon Brind'Amour	Christian Dominique	\$604,500
Dec 14 07	4160 Sherbrooke Ave,				
	#602 & 5 garage spaces	\$600,000	Salim Hejal	Line Hejal	\$720,400
Dec 20 07	25 Winchester	\$593,500	George Powell & Catherine-Marie Longtin	Brett Miller & Evemor Entreprises Ltd.	\$560,900
Nov 26 07	4573 Sherbrooke	\$585,000	Gary Grover	Jose Calles	\$421,900
Nov 29 07	42 Winchester	\$525,000	Jody Banister	Patricia Link	\$455,600
Dec 04 07	41-43 York	\$500,000	Irma Alvarez Miller & Steven H. Cobrin	Hunter Scott & Caroline Saunders	\$466,300
Nov 16 07	162 Hillside Ave.	\$478,000	Jonathan Plourde & Vanessa Sicotte	Alison Marion Kearns	\$239,800
Nov 27 07	10 York, #103	\$330,000	Angela D'Alesio Ramadori	Marie-Andrée Ouimet	\$310,800
Nov 17 07	1 Wood, small lot	\$55,000	Daniel St-Martin	Ville de Montreal (Sherriff)	\$49,500

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Bake sale for shelter dogs

Pawtisserie (4932B Sherbrooke St., 514. 488.4729) is hosting a bake sale to benefit shelter dogs on January 26 and 27 from 11 am to 5 pm.

Stamp collectors meet

The Philatelic Club of Montreal (514. 735.3941) is having its first meeting of the year on Tuesday, January 22 at 7:30 pm at the Westmount Public Library. The speaker will be François Brisse, noted philatelist.







162 Hillside

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To start, this is a part-time position but could grow to full-time as the Foundation's activities are developing rapidly. Hours are flexible and the candidate could work from home or other convenient premises. Salary is negotiable.

Those interested should contact the president, with details, at: powell@vimyfoundation.ca

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Westmount Unbeatable price in Victoria Village. Lrg 3bedroom+den w/fp. Woodwork! Bedroom has basement and family room. Exposed brick. Deck, garage. Asking

Virtual tour: www.mcguiganpepin.com/1298227



NDG Bright and clean upper co-op on quiet residential street, close to Monkland at fraction of cost. Approx. 1,100 sq ft with 3 closed rooms. Eat-in kitchen, laundry, 2 balconies. Split is 40%. Asking \$229,000

Virtual tour: www.mcguiganpepin.com/1367058



Le Plateau Carré St-Louis – unique opportunity to live in turn-of-the-century stone house, with adjoining apartment building and ground-floor apartment. Annual revenues. Asking \$995,000



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Photos: www.mcguiganpepin.com/1342727



NDG Best price per square foot in this location. 3-bedroom condo, approx. 1,500 sf on the 2nd floor in greystone. Walk to Monkland Village, Villa Maria metro, buses.

Virtual tour: www.mcguiganpepin.com/1334394



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Westmount Profile: Paul S. Echenberg

'It's been a great ride'

BY LAUREEN SWEENEY

t's Paul Echenberg's third attempt at retiring as a business executive – semi-retirement that is. And this time, he's determined to succeed.

But for someone who, over the last 40 years, has managed, grown, bought and sold businesses in the corporate and private equity world, the retirement concept is really a matter of interpretation.

"I want to keep working," he explains. "I just don't want the day-to-day responsibilities."

And in this regard, Echenberg is in the final stages of winding down the operations of Schroders & Associates Canada Inc., where for the last decade, in his third career, he has been the president and CEO of this merchant banking group that provides advisory services to three Canadian buy-out funds.

Career launched by accident

Echenberg's business career is indeed an interesting one, launched quite by accident – a story this longtime Westmounter delights in relating.

While his leadership skills had emerged at McGill in the early 1960s as president of the Arts & Science Society and a member of the Scarlet Key honour society, his big break into the corporate world, he says, came after his first year in the Harvard MBA program.

"I had to find a summer job. So I began cold calling a variety of offices in Montreal." One of the doors he knocked on was Power Corporation. He was asking the receptionist if there might be any work at the holding company for an MBA student, when who should walk in the door but the president himself, Bill Turner.

He too was a Harvard graduate, and he put the young Echenberg on to Chemcell, one of Power Corp.'s companies. "It just happened like that. Doors opened. And he became my mentor."

Twinpak president at 26

After Echenberg obtained his MBA in 1967, he migrated into the Consolidated-Bathurst group of Power Corp.'s holdings. Three years later, when he was 26, Twinpak, a member of the CB group, needed a new president. Already well positioned, Echenberg was considered up to the job.

Over the next two decades, he grew the

company's two small plants with sales of \$5 million into 19 plants and more than \$300 million in sales. "We were one of the bigger plastics packaging companies when we eventually merged with Domglas to form CB Pak," he says.

"I had been spending more and more of my time with CB Pak in mergers and acquisitions. So, in 1989, when the opportunity arose, I tried to buy Twinpak, but was outbid by an Australian company." Ergo, Echenberg's first try at retirement.

At the time, he explains, the corporate world was on the brink of merger mania. He joined forces with two others to set up an investment banking company called Bennett, Demontigny & Echenberg (BDE) and provide specialized investment banking and advisory services. His second career was underway as a managing partner of BDE for the next seven years.

Set up private equity firms

Throughout this period, Echenberg also set up several private equity investment companies including his own Eckvest Equity.

When BDE dissolved, "I was back doing my own thing again," Echenberg says. But it was another failed retirement.

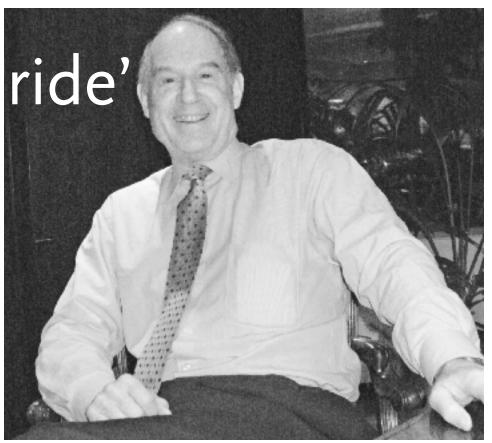
Schroders, an international merchant banking firm, was looking for someone to head the Canadian operation – "and it's been a great ride," Echenberg says.

Schroders' funds bought numerous mature companies and others "where we felt we could add capital," he explains. As a result, he has sat on many of their boards. "Ironically," he adds, "we bought one of Twinpak's major divisions as an investment opportunity."

Throughout his career, travel has become a passion. "I've travelled a lot through the Young Presidents Organization (of which he is a former president of the Quebec Chapter) and made many friends."

Echenberg also likes playing golf and describes himself as a voracious reader. "So much of my time is spent reading business reports that I enjoy novels," he says. "I particularly loved Ken Follett's World Without End."

Along with numerous directorships in both the corporate and non-profit worlds, Echenberg has been on the boards of the McGill Twenty-First Century Fund, the Jewish General Hospital Investment



Paul S. Echenberg

Foundation, the McGill Graduates' Society and the McGill Faculty of Science Advisory Board, on which he still sits.

Switched into science

Born and raised in Sherbrooke, Echenberg set out to study at McGill in "the big city" before discovering engineering "wasn't for me." He switched into science with thoughts of pre-med, or maybe law.

By the time he was a year from graduation, he had changed direction so often he had to take five math courses in the last year in order to graduate – "mind you, I was pretty good at math," he admits. And the degree came with "great distinction".

Family raised in Westmount

While Echenberg and his wife, Judy, have raised their three children in Westmount, he has also maintained his Townships roots with a country home in Knowlton where he used to ski and snowmobile. He and Judy also spend time at their Florida condo. Echenberg is particularly proud of their daughters and son.

Nancy, who has two children, holds a law degree and an MBA and lives in San Francisco. Lynne also has a law degree and, as an advocate for children, is the director of a foster care program in New York City. Michael, with an MBA from Harvard, has worked at the well-known McKinsey consulting firm and is now VP, financial planning & analysis, at Weight Watchers in New York.

Returning to the topic of his pending "semi"-retirement, Echenberg says, in retrospect: "I really feel you should do what interests you and never forget that life is moving on. Some people have a career and never look back. Others are stuck on money. You may find it, but also find that life has passed you by.

"I've loved what I've done. I have travelled a great deal, and I look forward to even more."



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The Westmount Gardener

Houseplants: Beware of the cold

By Stuart Robertson

Houseplants don't need too much attention during the winter months, but there are a few things you should watch out for and look after at this time of year.

The usual home for houseplants during the winter is near whatever light they can get from windows. But winter windows and windowsills have some dangers.

Window glass can be so cold that it burns plant foliage, so don't let the two touch. Windowsills can be places where cold draughts come in, and when temperatures outside are very low, these draughts can chill foliage and soil to the point of damage. Windowsills are often near radiators too, and very hot dry air is not good for most plants. If you can, keep the plants slightly back from the window, unless you have very good insulation.

Watch out for winter sun

Another window-related problem can

be caused by the sun. When trees lose their leaves in the autumn, it may allow the winter sun direct access to your house-plants. This sun can burn tender tropical leaves, causing them to turn brown. This is another reason to keep the plants back slightly from the window, or to have a mesh curtain cutting the strength of the sun.

Houseplants tend to languish a bit during the winter, and often drop leaves or produce weak growth due to the shorter days and poorer light. You can help to keep the plant healthy by grooming. Remove any discoloured or dying leaves before they drop off. Trim the tips off any spindly or weak growth, as this forces it to fill out and be more compact.

And finally, just once during the month of January, you should feed your house-plants. The more active they are, the more they need feeding. Mix an all-purpose liquid or powdered plant food in water, and give each plant a good soaking.

Building Projects: What's permitted

The following work permits for new construction, alterations and plumbing were approved by Westmount city council at its meeting December 17.

347 Redfern: revision of one permit concerning windows, and the issuance of a second permit for other windows;

10 Bellevue: to replace windows and doors; **768 Upper Belmont:** to repair a balcony and stairs;

95 Côte St. Antoine: Schoolyard renovations at Selwyn House;

23 Chesterfield: landscaping of front yard;330 Olivier: to replace some basement windows;

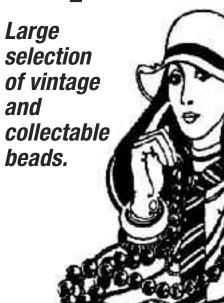
363 Redfern: to replace a window and door;

4342 Montrose: roof replacement; **328 Victoria:** to install a directory sign;

4930-4932 Sherbrooke: to carry out renovations:

606 Grosvenor: to install French doors; **5 Belvedere Rd.:** to replace the front door; **4454 de Maisonneuve:** to install windows; **328-220 Grosvenor:** to install a back fence; **31 Renfrew:** to replace a garage door.

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9 Lives: Giving Cats a Second Chance

BY LYZANNE

In our December 16 edition, I presented Mishka, the sweet grey tabby kitten with incredible eyes, to you for adoption. Since this



column appeared over the holidays, I felt it would be best to mention him again since we were all so busy with family and friends.

I am pleased to report that Mishka is now five months old and growing beautifully. He was rescued from a feral cat



colony as a young kitten and has a glowing bill of health. He has had all his shots and has been neutered. He is playful and active, with a great personality. He loves com-

pany, both people and other pets, so he would be a wonderful addition to a family. You can find out more about Mishka by contacting Jean Le Marquand at 450.505.1741.

Artwork by Laura S. Cohendet

Bridge

The bridge hand was not included in the December 19 bridge article, "How to lose a world championship". Here is the actual deal:

Montreal Jewish Memories screening

♣ K986

Temple Emanu-El-Beth Sholom Sisterhood/Brotherhood (395 Elm Ave., 450. 672.9788) presents a Cultural Bagel Breakfast featuring the Dov Okouneff film *Montreal Jewish Memories: Post-War Stories* – 1945-1952 on Sunday, January 27, 2008. Breakfast 9:30 am. Film at 10 am. Admission \$5. All are welcome and reservations are not necessary.

Quilters meet regularly

Westmount Quilters Guild meetings are held in English at Victoria Hall, 4626 Sherbrooke St. from 7 to 9:30 pm every Thursday evening, except July and August. For more information, contact: 514.989. 7939 or email: westmountquilters@gmail.com.

CPR at the YMCA

Cardio-pulmonary resuscitation (CPR) courses will be offered for winter and spring 2008 for both members and nonmembers of the Westmount YMCA (4585 Sherbrooke St., 514.931.8046). Courses are held on most Mondays from 6 to 10 pm beginning January 14 until June 16. The cost for members is \$40 and \$55 for non-members. Contact the Y for more details or to register.

Contactivity for Winter '08

The Contactivity Seniors Centre (4695 de Maisonneuve 514.932.2326) will have the registration for its winter courses on Thursday, January 24 from 10:30 am to 12:30 pm. Courses include: tai chi, line dancing, stretch to music, bridge, history lectures and Life Matters (writing about your life).

Underdog

By Fern Breslaw

This big boy – Trophy – is a real dog's dog. He doesn't like little booties or plan on being carried

around in a fancy-pants bag.

This young husky

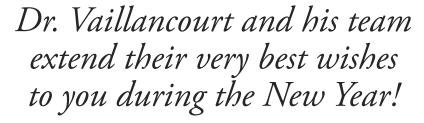
mutt has lived with kids and dogs; has been spayed and is fully house broken. He has a good resumé but needs lots of exercise. LOTS. This bad boy has spunk and his owner should like being outside. Walking, running, hunting cats; you name it, he's into it.

Trophy was adopted from the SPCA when he was a month old and then returned one year later when the novelty had worn off. He has been at the SPCA for a couple of months now and is hoping someone with a big yard will come and get him out of there.

Find out about adopting Trophy from the SPCA at 514.735.2711.

Underdog Update

Nala, a lady pitbull whom we have featured twice, was finally adopted a day after Christmas on her six-month SPCA anniversary.



Dr Vaillancourt et son équipe vous souhaitent une Bonne et Heureuse Année!

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Colourfully Yours: Recovering from réveillion

By Aurelien Guillory & Greta von Schmedlapp



Well, hello my dears, I do hope that by now, you-all have recovered from the parties, the bubbly, the "out-laws", the difficult neighbours, the surprise houseguest, the debris factor approaching Level

10, and the last of those superb prunes in dark chocolate that your Great Aunt Lilly made.

Please, my dear design friends, promise me just one thing for 2008: promise to cross your heart and repeat after me: "I will work on better lighting before anything else for my home." PROMISE!

Lighting mistakes and solutions

As you might surmise, Aurelien and I do get around, especially during the holidays, and we did see (even in the better homes in "Uppity" Westmount) some

horrid lighting crimes here and there... When you think of the square-foot value of some of these rooms' furnishing prices versus the cost of a well thought-out lighting scheme, their difference is really absurd. I saw several grand chandeliers with various wattages of clear bulbs (you can always tell by the weird and warped reflections on the ceiling above) and one of lovely Waterford crystal, that I thought was trying to blush, because of different kinds and sizes of clear bulbs. There was also one frosted! Oh, the shame of it.

On another evening, we were at a lively dessert and champagne party and everything was super, except the raw halogen floods on the ceiling – enough to raise the temperature 10 degrees. Perfect for drying your hair after the shower. But the worst part was how "dry" everyone looked – you must remember that the sharp and crisp lighting of halogen also brings out all of the textures of the room ...and its occupants! Must I be blunt? Texture is not what a lady (*d'un* certain age) is needing

on her *visage*! Aurelien and I prefer to "bounce" light from a *torchière* that first goes upward to the ceiling, then returns back down. It's so flattering. There is then little evidence of the W-word (*wrinkles*), or as we said *texture*!

Remember that Aurelien always says: "White ceilings are a cop-out." He often uses various tints of yellow, pink, peach, sky blue – they often help the proportions of the room – as well as making everyone look gorgeous. The real confirmation of this theory was later in the days between Christmas and New Year's seeing a couple that had been at the "High Texture" party, who commented that we both looked so fresh and rested this evening – when really it had been non-stop! Proper lighting does WONDERS!

Notre Dame St.

Enough of my rant on lighting, dears, I must tell you to brave the sloppy winter and explore Notre Dame between Atwater and Peel to discover some lively new faces on the street. Many things are changing – modern furniture, restos, the super Corona theatre.

So we'll walk up and down in the next few weeks, but meanwhile, do say hello, and bonjour to Gordon and his brother Wayne at the knock-out top shop for lighting at Grand Central, then to two nearby newbies: Michael at Beige and Guylaine at Leo Victor.

Friends and fiends of design, *do* let us hear from you about what you have found – and want to share. We're always looking for goodies.

Well, time to rest these weary arms after a hot time on my Mac and to quote a woman we earnestly wish we could have known, Dorothy Parker, "I've got to get out of these wet things and into a dry martini."

Bye-bye for now, your Greta von Schmedlapp.

P.S. Aurel says keep those notes coming, we get a kick out of you! aurelien@colorsbyaurelien.com



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Getting hitched in Westmount (and elsewhere)

By Annika Melanson

Are you hearing wedding bells? If you are knee-deep in planning a wedding or about to propose to that special person, your timing couldn't be better. Le Salon de la Mariée (Le Palais des Congrès de Montréal, 201 Viger Avenue W., 514.631.2160, www.lesalondelamariee.com), the annual wedding show hosted by Sheldon Kagan since 1980 is on February 2 and 3, from 10 am to 6 pm. From wedding dresses to photographers, honeymoons and future homes, everything wedding and post-wedding related is there.

Narrowing things down

Will you choose to have a traditional wedding or an unconventional one? Do you have an extravagant budget or a smaller one? You may be planning a gay or ethnic wedding.

The first step when thinking about becoming engaged is to select and purchase an engagement ring. The traditional engagement ring is a brilliant cut (round) solitaire diamond ring. These days, any type of ring goes and doesn't necessarily have to even be a diamond. There are many jewellers in Westmount who will help you with selecting an engagement ring that will suit your style as well as your budget:

• S.P. Diament 1256 Greene Ave. 514

- S.P. Diament, 1356 Greene Ave., 514. 937.4500, www.spdiament.com
- Lou Goldberg, 1215 Greene Ave., 514. 935.4612, www.lougoldberg.com
- Gloria Bass Designs, 1361-1 Greene, 514.933.7062, www.gloriabassdesign.
- Platine Design, 1253 Greene Ave., 514.935.9558
- Bertucci Designs, 1232-A Greene Ave., 514.272.5420

A great way to find something original and affordable is to purchase one at an estate sale. Many sales are advertised in the *The Gazette*. You can also find a good selection of estate jewellery at Birks and antique stores, such as Coach House Antiques (1331 Greene Ave., suite 200, 514. 937.6191, www.coachhouseantique.com).

After getting engaged, some couples like to announce their engagement in the newspaper. You can submit your announcement to the *The Gazette* or the *Westmount Independent*. Your submission to the *Westmount Independent* must be received by the Friday before publication date. For more information, call



514.223.3567.

Some couples like to then throw an engagement party or a family member has a party for the couple: a cocktail party, some have a champagne party, a small dinner party at home or a potluck supper. Do whatever suits you and your budget and makes you feel comfortable. After all, the time between your engagement and the big day is one of the only periods in your life where it is all about *you*...because believe me, after you have a child, it's all about *them*. (I speak from experience. This spot is usually inhabited by my parenting column.)

Gift registries right here in Westmount

After you have announced your engagement either formally or informally, your next step is to plan a wedding registry by selecting a department store or boutique and making a list of items from which your guests will choose wedding gifts. This way, you will be sure to receive household items that you need. This also eases the agonizing task for guests of selecting a gift. Some couples prefer to receive money, either to help towards payment of the wedding or towards a down payment on a new house. Some couples decide not to accept wedding gifts and they ask their guests to make a donation to a charitable organization. Several neighbourhood stores are a good bet:

- Wilfrid & Adrienne, 4919B Sherbrooke St., 514.481.5850
- Éclat d'Etain, 1165 Greene. 935.7713
- Zone, 5014 Sherbrooke St., 514.489.8901, www.zonemaison.com
- Ben & Tournesol, 4915 Sherbrooke St., 514.481.5050

RSVP

Once you have made your wedding

guest list, it's time to select and compose your wedding invitations and wait for the RSVPs. My favourite place for invitations is Origami Plus (1369 Greene Ave., 514. 938.4688, www.origamiplus.com) for a lovely assortment of stationery styles and personalized service. For invitations sent to out-of-town guests, it is a good idea to reserve a block of rooms at a hotel or even two hotels for those who may be on different budgets, and include the hotel information with the invitation.

It's a nice extra to also include some suggested things to see and do, especially if your guests have never been to Montreal before. There are many things of interest such as Old Montreal and a *calèche* ride, a visit to the Biodome, a list of great shops downtown, discovering le Quartier Latin as well as some suggestions of your favourite restaurants, bars and nightclubs. Remember that your friends and family will be spending time and money to come and celebrate this joyous occasion with you. For some, this might be their yearly vacation and they will want to make the most of it.

Table seating arrangements

Once you have your RSVP list it is time to arrange the table seating. The head table is where you and your new bride or groom will be sitting along with your parents and wedding party. For the rest of your guests, I suggest having at least two people who know each other at each table to facilitate mingling. A piece of advice: don't get stressed out worrying about your guests. You will have organized the reception to be as nice as possible. It is up to your guests to enjoy themselves and it is up to you to savour each moment of this most special day. So relax, sip the champagne and have fun!

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Pet Expert: Grooming

Pet Expert is a new column on pet health that offers Westmounters the opportunity to ask questions to pet professionals. Respondents do not pay to appear in the column.

Where several experts in a field come forward, questions will be allocated randomly. We look forward to your questions. Please send them to indie@westmount independent.com.

Q: Why should my pet be groomed?

A: Just as it is important for Anna-Maria with McGwire honest with the client. As the us humans to be clean and tidy, it is important for our pets. Having your dog or cat groomed regularly is just as important as keeping up with their health and diet. These three things are key in keeping a beautiful, happy and healthy pet.

If don't know how to groom your pet, there are many places you can go to have your pet professionally groomed. But beware. Not every place may be fit for your precious pooch or kitty. So, before you have them pampered, ask the right questions. After all, you are entrusting them with your pet. Ask to see the groomer's credentials, how long they have been in the business of pet grooming and if they are familiar with your type of pet.

Most importantly, ask if you can take a look at their grooming facility. It should be a calm and clean environment where you feel comfortable leaving your pet. After the

> grooming, make sure you look your pet over, check if nails are cut, ears cleaned, and his or her overall appearance is satisfactory. Most pets are happy when you pick them up. You may want to ask how the grooming went. A good groomer is always

client you need to know if your pet behaved or not. Every pet is different and you should have the option of staying with your pet while it is being groomed if this is necessary. If you feel more comfortable having the grooming done in your home environment, there are groomers who will come to the house on appointment. As another option, you can even look online under the "at-home basic grooming" head-

However you go about it, grooming is important. A clean pet is a happy and healthy one.

> Anna-Maria Ranieri Pampered Pets de Westmount 324A Victoria Ave. - 514.487.9998



Among the many new arrivals at Westmount Public Library singled out this week by the staff are:

"Investing 2008" by Norm Rothery in Money-Sense, December/January 2008, p. 40. Bargains among Canada's largest 200 stocks.

"An atheist in the pulpit" by Bruce Grierson in Psychology Today, January/February/2008. What happens when religious leaders lose their faith?

Opal Dream - A touching Australian film about the healing and liberating powers of imagination and love in a besieged family and a divided mining com-

Pixar Short Films Collection - With revolutionary animation, unforgettable music and familiar characters, these dazzling short films have changed the face of animation and entertainment and are sure to delight young and old alike.

Fiction

White Rapids by Pascal Blanchet. A tale of life in a genteel and self-contained world in the town on the St. Maurice River which was owned by the Shawinigan Water and Power Company for 40 years and then abandoned – a graphic novel in Art Deco style – do take a look at this book.

Le froid modifie la trajectoire des poissons by Pierre Szalowski. As his parents' divorce looms, a 10-yearold boy prays for a miracle. Then, the 1998 ice storm starts... The world of the people on his street will be turned upside down for a few days as they leave their cocoons and start helping each other.

To help you understand how various foods affect your body: Foods that Fight Disease: A Nutrition Guide to Staying Healthy for Life by Canadian dietician Leslie

An Apple a Day: The Myths, Misconceptions and Outright Exaggerations about Diet, Nutrition and the Foods We Eat by well-known Montreal scientist and columnist Joe Schwarcz.

Histoire de la laideur edited by Umberto Eco. A follow-up to Histoire de la beauté. In this abundantly illustrated book, the premise is that ugliness is not an unchanging notion but varies according to historical period and country.

Children's

Max & Maddy and the Chocolate Money Mystery by Alexander McCall Smith. Max and Maddy, a brotherand-sister detective team, are asked by a Swiss banker to investigate a series of bank robberies committed by dogs! For 7-9 year olds.

SOS, c'est l'hiver! by Geneviève Mativat. Having just moved from Algeria, nine-year-old Mouloudh observes his first Quebec winter from the warmth of his house, but when he sees his neighbour Aude having so much fun in the snow he decides join her!

Reference

One Planet, Many People: Atlas of Our Changing Environment put out by the United Nations Environment Programme. Maps and charts show clearly the human influences on the planet and the effect of natural and human-induced extreme events

Inventions 2008: encyclopédie mondiale de la science et de l'innovation.



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