

First ones destined for commercial areas, maybe parks
**Public bins coming for
garbage, recycling, compost**

**No tennis lessons,
singles only**

There will be no city tennis lessons this summer due to COVID-19 directives received May 13, according to city director general Benoit Hurtubise. Only singles play will be allowed, and he expects more information to be posted this week on the city’s website. “We might be able to open some of our hard surface courts on May 20 if we manage to get staff in time,” he said. “There is some renovation work planned on the junior courts’ lights (to the east of the WRC).” He said maintenance is required on the city’s clay courts before they can be opened.

BY LAUREEN SWEENEY

City council took the first step May 4 to replace some or all of its trash bins and wire waste baskets with recycling ones for use on streets, in parks and other public places. They were described on the meeting agenda as “street furniture.”

This was for a bid-weighting and evaluation system for assessing tenders since the current system “does not provide a basis for those to be received,” explained Councillor Philip Cutler in moving the item.

The new bins would be divided into one, two or three modular models destined for recycling, composting or landfill.

While tenders are to be opened May 22, exactly when the new bins may hit the streets, start- *continued on p. 22*

Legal or not, playground gets some use



The swings in the Westmount Park playground were back in use May 8 at 4 pm. The area is slowly moving back to becoming a playground again since most of the yellow tape has been pulled down and has blown away. According to the city website on May 14, the playgrounds were still closed.

PHOTO: RALPH THOMPSON



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Westmount club launches training videos
**Getting a head start
on summer soccer season**

BY LAUREEN SWEENEY

On the heels of students, association members and others getting their information online during the pandemic lockdown, it’s now the Westmount Soccer Club’s turn to start training this way.

“While the club awaits the go-ahead to start socially distanced training outdoors, our technical director Sid Farah has started

helping our players train at home,” club president Doug Hamilton said last week.

May is the month the club usually starts its training.

Farah, he said, “has made good use of some downtime to teach himself video editing, and really has mastered the art.

He is planning to regularly post videos that enable our kids to train alone in a restricted *continued on p. 17*

Bunny Berke
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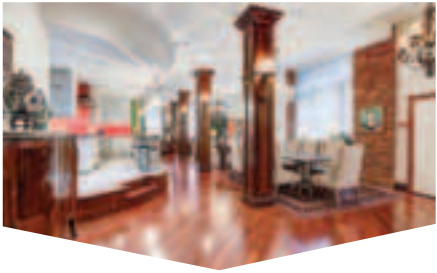
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Competitive swimming already cancelled

City waiting for guidelines, but pool being prepared to open

BY LAUREEN SWEENEY

There seems to be good news for swimmers: the Westmount pool may be open this summer but on a timeline and conditions still unknown.

City director general Benoit Hurtubise said last week that although he was still awaiting provincial government guidelines on summer activities, “we’re taking a calculated risk and starting to prepare the pool so we don’t get caught.

“The city’s contractor was available to start washing it down last Thursday and Friday (May 14 and May 15) so we decided to start. We suspect we may be able to open

it but under very strict conditions.”

Hurtubise said he was speculating these may not allow for swimming lessons and competitive swimming or even the use of changing rooms.

In fact the ALPS association, which holds the various swimming and diving meets in which Westmount and most of the demerged cities complete, recently cancelled its 2020 season.

The city is still on track to carry out urgent repairs to the pool this fall and was expecting to award a contract for the work at the May 19 council meeting. The city is still in court with the builder concerning the defects, he said.



Reader Sam Beitel shared this May 11 photo with the *Independent*, writing at the same time: “Preparing the pool for opening day? . . . Perhaps . . . Maybe?” PHOTO COURTESY OF S. BEITEL.

Accuracy of provincial reporting questioned

COVID update on seniors’ residences

BY LAUREEN SWEENEY

In a revamped format and updated listing of COVID-19 cases published May 14 by Quebec’s ministry of health and social services after more than two weeks of silence, the coronavirus is said to have made its way into each of Westmount’s four seniors’ residences or nursing homes.

But not in fact at Manoir Westmount, where the listing of a single case does not accurately reflect the situation at the private seniors’ residence, according to its manager Tom Thompson.

“I think that might be the case of a resident who was sent to Verdun Hospital on March 20 as a result of a fall and was infected there. We currently have no cases,” he explained May 15.

Château Westmount, a private nursing home at de Maisonneuve and Victoria, had no cases but is listed as having had one death. Its director general, Zara Pilian, told the *Independent* that this is incorrect: “no cases and no death.”

St. Margaret’s, a public nursing home

on Hillside Ave., was reported as of May 14 to have two cases and 12 deaths.

At Place Kensington on St. Catherine at Kensington, there were 38 cases and five deaths listed for the private seniors’ residence.

The province’s original format, as at May 4, did not record numbers of deceased residents. At that time there had been no cases reported at Château Westmount or Manoir Westmount. There were, however, 23 at St. Margaret’s and 30 at Place Kensington.



Château Westmount on May 14. PHOTO: INDEPENDENT.



Let's flatten the curve, not fatten it.

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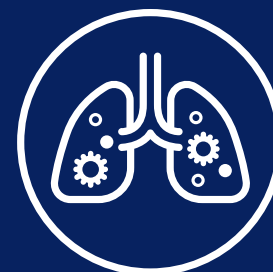
The coronavirus disease (COVID-19) causes a respiratory infection that can involve the following symptoms:



Fever



Cough



Trouble Breathing

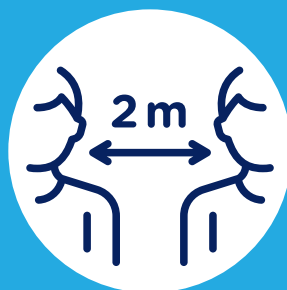
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Wash your hands



Keep your distance



Wear a mask
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Association of Pedestrians and Cyclists: Safer foot corridors, bike paths needed

City called on to be ready for influx of shoppers, cyclists

BY LAUREEN SWEENEY

The Association of Pedestrians and Cyclists of Westmount (APCW) called on city council at its virtual meeting May 4 to be ready to implement post-confinement safety measures as soon as retail, businesses and schools re-open and more people take to the streets.

“We’re asking the city not to dilly dally, but be ready,” Dan Lambert, APCW president, reiterated May 11.

Request referred to traffic committee

In reply to the request for more pedestrian corridors, Mayor Christina Smith told the council meeting that “these are great ideas.” They would be forwarded to the city’s Transportation Advisory Committee (TAC), which was to meet the next day, May 5, she added.

She also said that close to 30 percent of the city’s streets already had “some form” of expanded walkway and “there are more to come.”

On Sherbrooke, “once the stores are open, this council is very much in favour of handing over more public space to pedestrians and cyclists – like last Saturday (May 2), “the streets were packed.”

These requested measures include creating new east-west pedestrian corridors on Sherbrooke St. and St. Catherine to allow for the physical distancing of more people, he stated. “We’re also asking the

‘Bike repair shops are ... the new toilet paper’

city to protect bike paths by using bollards rather than orange cones.”

He said the association is anticipating an influx of shoppers on the sidewalks – many of them seniors – as well as increasing bicycle use as people avoid public transit and also look for outside exercise, some being young children or inexperienced cyclists.

People are getting unused bikes out of the basement, he said. “Bike repair shops are already going crazy. They’re the new toilet paper.”

Preserve parking

On Sherbrooke, Lambert said, “we propose the city reduce the number of driving lanes from four to two, and move parking away from the curb to create safe distancing corridors along the sidewalks.” While driving lanes have already been reduced in NDG in a short stretch at Marlowe, parking there has been eliminated, he pointed out.

On St. Catherine, proposed walking

lanes in each direction could be established by reducing the driving lanes to one each way rather than the current one and a half.

Lambert said that de Maisonneuve had already become the busiest pedestrian street in Westmount as walkers and cyclists share the bike path and driving lane. With a gradual return of traffic and increasing cyclists, however, the city should convert the north side of the street to a walking corridor and eliminate parking.

According to a recent survey by the association, other parking spaces are available for the number of parked cars, he said.

Côte St. Antoine, de Maisonneuve, Lansdowne and The Boulevard are already very busy with pedestrians, he pointed out. “What is it going to be like with a lot more people on the street?” The Lansdowne bike path is being well used all the way down from Westmount Ave. to access the La-chine canal bike path.



Top photo: despite the fine weather May 14 at noon, de Maisonneuve at Prince Albert was not busy; bottom photo: Martin Swiss Cycles was open on Victoria Ave. – complete with a line-up outside like many stores these days.

PHOTOS: INDEPENDENT.

Toilet paper, delivered



On May 5, a large order of toilet paper – a popular choice early in the pandemic – was still sought out by the residents of this Westmount house.

PHOTO COURTESY OF JIM RICHARDS.



LETTERS TO THE EDITOR

NO SYNTHETIC GRASS, PLEASE

This open letter/petition of May 13 was addressed to Mayor Christina Smith and Westmount's city councillors

We, as a neighbourhood, are at a loss to understand why the city of Westmount would consider replacing grass with artificial turf at the Westmount Athletic Grounds in 2020.

The field is used for sports (soccer, football, baseball etc) maybe 20 percent of the time. The balance is enjoyed by families, joggers, walkers and animals – a community park.

Synthetic turf is just that – synthetic. Artificial turf blocks access to the soil for burrowing insects such as solitary bees and the ground above for soil dwellers such as worms and grubs.

The blades of artificial grass are mostly made of compounds containing plastic, which, with heat, degrade and break to form tiny pieces of plastic that leave the field to enter the environment as micro plastics and can be inhaled. Artificial turf is exposed to sunlight, which produces greenhouse gases. Its manufacturing uses fossil fuels and emits CO₂.

We want our children to live in a natural environment and enjoy the grass to play on. We all benefit from the sustainability of real grass: soaking up moisture, making a home for insects, feeding birds and looking natural.

PEN BRIDGMAN, BRUCE AVE. &
WANDA KONARSKI, HALLOWELL ST.
& FOUR PAGES OF SIGNATURES

MERCI POUR LES ARBRES

Bonjour et merci de maintenir la vie de notre communauté grâce au journal. C'est toujours une source précieuse de plaisir et d'informations.



Voici ce que j'aimerais partager avec les citoyens de Westmount. En espérant que la qualité du photo est satisfaisante.

Une belle campagne de plantation: Avez vous remarqué les nombreux arbres plantés dans notre ville ce printemps? Dans cette période de confinement, c'est un réel plaisir de les découvrir en se promenant. Les jeunes arbres sont nombreux et d'espèces variées. J'ai pris quatre photos sur une seule rue, la rue Victoria! Un beau travail de la ville à saluer!

Bonne promenade.

BARBARA ROUBERT, METCALFE AVE.

A LIGHT SHINES IN THE DARKNESS

Last summer, my family moved into a house across the street from Manoir Westmount and since then, my young boys and I have enjoyed waving to its residents in the windows. Recently, we've been entertained by the string of visitors who stand outside the building near the daffodils and shout a conversation (or phone in) to a resident in the window.

It's not unusual that the visitor relays us a message from a resident: "My mother loves the rainbow in your window!" or "My aunt says your boys are so sweet!" We're meeting new friends and neighbours each week – even more on holidays when the facade can be especially bustling.



To bring some cheer to our neighbours, my seven-year-old and I created a large tissue-paper collage rainbow in the front windows. We try to illuminate it at night so that dog-walkers and our Manoir friends can enjoy it, too. We owe them for the joy their waves bring us!

SOPHIE DONELSON &
THE LINDSAY FAMILY, LANSDOWNE AVE.

DISTANCE BRINGS US TOGETHER

Our individual differences shrink in the face of an event that affects everyone. A pandemic does not only inspire anxiety and fear worldwide: it also, ironically, enhances the phenomenon of shared human experience. Though we are asked to keep our distance, we are not alone because we are in truth being brought together. In spite of ourselves, we've become more acquainted with empathy and compassion. Though our minds are troubled because we must come to terms with infection and death, countless others suffer in much the same way. In a sense we've all become hypochondriacs, death watchers and worriers, but also warriors, if we possess the courage and resilience that we can share with those who are at this moment caring for the many thousands who have been taken ill.

RICHARD ORLANDO, SHERBROOKE ST.

PANDEMIC, PLUS NO ELEVATOR

As the toll of the pandemic rises in the Montreal area – the centre of Canada's woes – leave it to our landlord to add to the gloom.

On May 11, the owner of our building was to shut down the sole elevator to our building's seven storeys for the next two to three months while a new one is installed.

I speak as a tenant of this place for the past 33 years who resides on the top floor. I am a heart patient and had leg surgery (arterial blockage) five years ago. I am 87 years old. A woman next door is 93. Three others are in their mid 70s and the rest are mostly over 55.

Needless to say, we have been instructed to stay in place during this general health crisis so alternate accommodations have been out of the question.

To climb the 101 steel stairs is an exhausting process, not unlike scaling the winding interior of a lighthouse.

The irony of this latest imposition is that the old elevator has been working more smoothly in the past few months than it has in years.

The pandemic has been acting as a cull of the herd of old folks. I guess our landlord can't wait to get with the program.

TIM BURKE, ST. CATHERINE ST.

SMARTEN UP, GATHERERS!

Unfortunately, Place Kensington and St. Margaret's residences are now ridden with COVID-19. Last week, I called Westmount Public Security to complain about groups and others not social distancing in Westmount Park. They abruptly told me it is not their problem. It is for the police to

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LETTERS TO THE EDITOR

handle... so I called the Westmount police [station] and spoke with a very nice female officer, who told me “they cannot be everywhere” and when I see something wrong, I am to call 911.

I thanked her, but said that by the time they would get there, the people who are not social distancing may well be gone.

I witnessed groups of young people sitting shoulder to shoulder on the grass having a lovely time. I am happy for them, but they can still be social and have a lovely time sitting two meters apart in a circle.

Also, I met “adults” on the walkways – at one point three were coming towards me and taking up *all* of the walkway – I had no choice but to walk up the back stairs to the library in order to remove myself from them.

What is wrong with people? I wish [officers at] the Westmount police [station] would give tickets as Montreal police are doing [elsewhere]!*

I was in self-isolation from March 15 to April 26. Since then, I have been out three times, twice to Westmount Park and another time for a walk around my block.

I am thankful that I have a balcony so I have been able to go out there regularly.

I, like all others, want this to be over, but it will not be if citizens do not smarten up.

JO ANNE KELLY RUDY, KENSINGTON AVE.

**Editor’s note:* For clarity, there is no Westmount police force. The officers at the Stanton St. police station are Montreal police. – DP.

WESTMOUNT ARCHAEOLOGY PARTS 2, 3 & 4

RE: “Westmount archaeology” (April 28, p. 14).

Here is another one, at 4488 St. Catherine St. W. It’s been there for three years! Hopefully, it will get removed.

HELEN CORRIGAN, ST. CATHERINE ST.

Editor’s note: Thanks. Here are two more that I’ve seen recently: sign post remnants on Glen Rd. on May 6, and on St. Catherine St. near Park Place on March 18. Watch your step! – DP.



WHAT’S WRONG WITH FUN, IN-PERSON DIALOGUE?

Today [May 12], I was absolutely shocked to receive an anonymous letter in my mailbox where the first line read; “many of your neighbours are getting sick and tired of being constantly disturbed with your kids’ skateboards, and other play-things....” I have two sons who are 13 years and 16 years old. When they are not online for school and/or doing their homework, they go out for fresh air, playing baseball, street hockey, frisbee, tennis and skateboarding. At times we go
to the currently aban- *continued on p. 8*

RUSH HOUR IN WESTMOUNT



The Boulevard in 1918, in 1935 and at “rush hour” on May 7 at 8:30 am.

The top two, historical photos are courtesy of the Westmount Historical Associ-

ation. The view is looking westwards towards where Mt. Pleasant Ave. meets The Boulevard.

PATRICK MARTIN, THE BOULEVARD



St. Léon register would have required 38 signatures

BY LAUREEN SWEENEY

A total of 38 signatures would have been required to carry a referendum register concerning the expansion project for École St. Léon had one been held, city clerk Andrew Brownstein said last week.

The usual one-day registry process had been substituted by the city council to expedite the project by accepting written comments over a 15-day period from the two petitioning zones. This change from the usual legal procedure was permitted by a provincial government decree adopted given the pandemic and restrictions on physical distancing.

“We received written comments from eight of the 248 households in the two zones,” Councillor Conrad Peart announc-

ed May 4 at the city council meeting and the next day in the *Independent* (p. 4).

While the comments, he said, generally concerned construction impact, increased traffic, the need for expansion and challenges to the democratic process, none opposed the project’s zoning variances (such as height, site density and volume).

These had been the reason the project had undergone lengthy consideration under the city’s by-law for specific construction, alteration or occupancy proposal for an immovable (SCAOPI).

It cannot be known if the eight written comments might have translated into the required 38 signatures on a register that would have caused the council to either hold a referendum or withdraw its approval of the project.

This number of 38 was based on “the total number of housing units, non-residential immovables, and business establishments situated in the sector concerned,” Brownstein said.

“As this is a SCAOPI project, all comments will be made public,” Peart had told the *Independent* when the new process was adopted by council (see story April 14, p. 1, 13). This was still under review at press time May 15.

The project calls for building a three-storey wing to provide five more classrooms, a library, multi-purpose room and other features for the overcrowded school, the only public French elementary school in Westmount.

The new wing would be at right angles to the existing building at 360 Clarke.

Selwyn, Marianopolis alum Johnson first black valedictorian at Princeton

Selwyn House School and Marianopolis alumnus Nicholas Johnson became Princeton University’s first black valedictorian this month, reported several US, national and metropolitan media sources.

“His resume is ridiculous,” Selwyn’s headmaster Hal Hannaford was quoted as saying. “Whenever the kudos come to him, we’re not surprised.” He was congratulated over social media by California senator Kamala Harris, who is herself a graduate of Westmount High.

Letters, cont'd. from p. 7

doned parking lot near our home. They are just being kids enjoying their activities outside. During this time, I feel that everyone should be understanding that we all need enjoyment in our lives, fresh air and fun! Perhaps our neighbours should try it for themselves! I don’t train my kids. I am not running a zoo!

Whatever happened to ringing the doorbell and having an adult conversation?

TRISHA FELGAR, YORK ST.

IMPORTANT MATERIAL SHOULD BE IN ENGLISH, OTHER LANGUAGES

Two days ago, we received the Quebec government’s *Protégeons collectivement nos*

enfants French-only guide in our mail. This appears to be a follow-up to the also French-only *Covid-19 Guide autosoins*.

What on earth is the Quebec government thinking? Is it even thinking? At this crucial time when the health of *all* Quebec residents is on the line, such important communications should at least also be in English, if not in half a dozen other commonly spoken languages in the province. I couldn’t even find a phone number in either publication where one can request a copy in another language.

WILFRID DE FREITAS, KITCHENER AVE.

MERCI POUR L’AIDE

Jeudi passé, le 7 mai, nous avons vécu une expérience et nous tenons à remercier toutes les personnes qui nous ont aidés.

Mon conjoint et moi, marchions sur le trottoir, rue Sherbrooke, près de la rue Victoria. Tout à coup, mon conjoint a culbuté sur une marche devant le 4862. Il est tombé et s’est frappé la tête sur le mur et les pots de fleurs à côté. Il saignait abondamment.

Un monsieur qui conduisait un camion s’est arrêté et l’a aidé à se relever. Un grand merci.

Au même instant, un couple a téléphoné le 911 pour demander une ambulance. Ils sont restés près de nous jusqu’à ce que l’ambulance arrive et je les remercie.

Une autre dame nous a donné plusieurs papiers “Essuie-tout” qu’elle avait dans son sac. Merci, merci.

Après une dame est venue à son tour m’offrir de transporter nos achats à la maison. Finalement, elle a téléphoné à la sécurité publique qui est arrivée pour me venir en aide. Un grand merci!

Malgré la pandémie, nous avons trouvé toutes les personnes empathiques et très aimables.

Nous vous remercions de tout cœur.

PHILIPPE SPIES ET ODETTE DÉCOSTE,
ELM AVE.

OUT ON A LIMB ON STICKS

I’m going to go out on a (pro)verb(i)al limb to express my dismay regarding the wooden house structures that have been built in the Summit Woods by some families. Playgrounds are cordoned off, kids like to make things, and parents want to enjoy a collective family experience.

As a former elementary science teacher, I applaud parents who see the value in spending time with their children in dense, natural environments. However, the point of being in nature is to appreciate it – as it is – rather than to disturb it. Explore; step with respect; notice the birds, trees, and small flowering plants; go on a treasure hunt in which you take nothing; identify, count, compare...

If a log is rolled to peek underneath, it ought to be rolled back. There are plenty of critters doing their thing as this is their space. The forest floor is full of small ecosystems in the midst of many cycles of growth and decay that humans have no business interrupting.

The only intentional placement of logs should be the ones delineating the edges of the paths. Unchecked, these newly built structures will only spur on other families to build more. This will continue to destroy the forest, creating an unsightly “village” in the woods.

The Summit Woods is a natural haven for many flora and fauna. As humans, it’s wonderful to immerse ourselves in nature’s beauty and extraordinary simplicity. Let us remember that the birds, worms, ants, flowers, fungi and thousands of other living things need those woods, too.

LISA L. OSTERLAND, MELBOURNE AVE.

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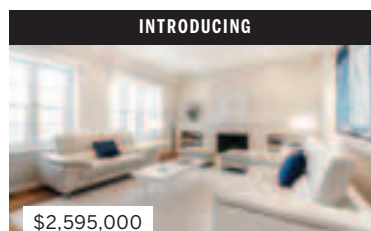
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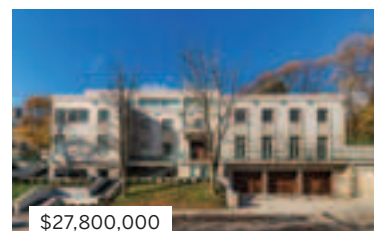


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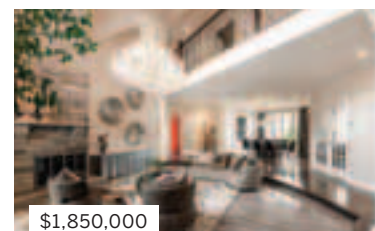
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Jeisi Zhou⁴ **514.262.7709**

« SINGLE FAMILY HOMES »

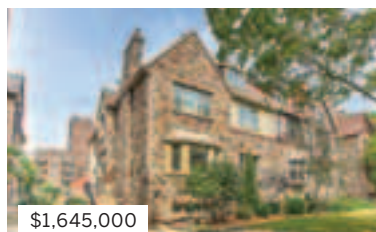


ACCEPTED OFFER

\$1,795,000*

Country life in YUL, Senneville
BED: 5 BATH: 4+1 MLS 26142257

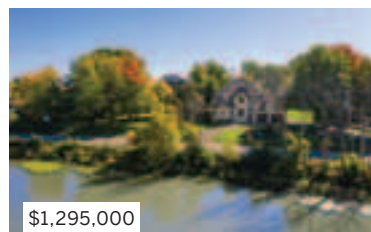
Barbara Baudinet** **514.825.9890**



\$1,645,000

Gorgeous stone duplex, Hampstead
MLS 21186689

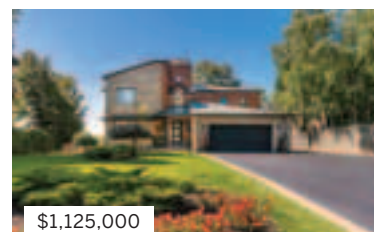
Monique Assouline* **514.219.5897**



\$1,295,000

Magnificent property, Châteauguay
BED: 6 BATH: 3+1 MLS 10314867

Vincent Chaput* **514.264.3555**



\$1,125,000

Waterfront with indoor pool, Léry
BED: 4 BATH: 3+1 MLS 21591897

Sophie Le Guerrier* **514.655.0773**

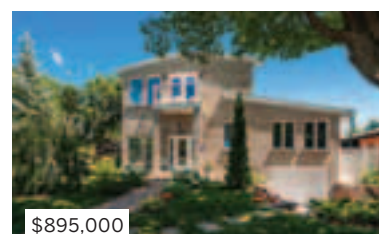


\$898,000

Country living, Saint-Lazare
BED: 5 BATH: 3+1 MLS 10611822

Cassandra Aurora** **514.293.2277**

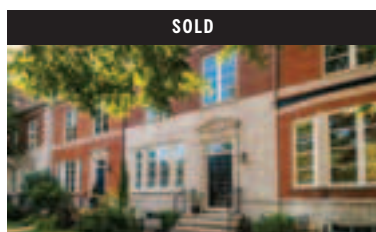
« SINGLE FAMILY HOMES »



\$895,000

Magnificent cottage, Anjou
BED: 4 BATH: 2+1 MLS 22762149

Pina Pizzi* **514.781.4826**



SOLD

Spiedind townhouse, Bois-Franc
BED: 4 BATH: 2+1

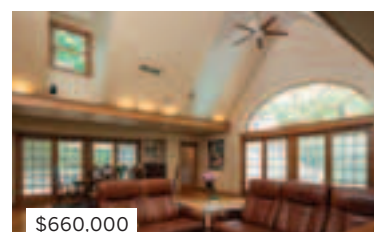
Géraldine Libraty* **514.962.5563**



\$799,000

Architectural gem, Lachute
BED: 4 BATH: 3+2 MLS 21166934

Stéphane Larrivée* **514.809.8466**



\$660,000

Lots of curb appeal, Hudson
BED: 5 BATH: 3+1 MLS 22772035

Linda Noseworthy* **514.830.2288**



\$668,000

Townhouse, Villeray
BED: 2 BATH: 1+1 GAR: 2 MLS 13323421

Kevin Perreault* **514.774.5932**
Vincent G. Bussière⁴ **514.816.3231**

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« RENTALS

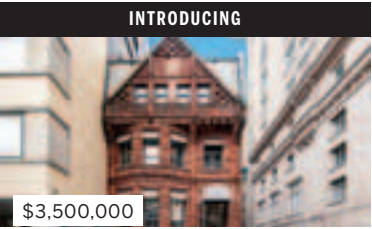
COMMERCIAL/REVENU

COUNTRY PROPERTIES/LAND »



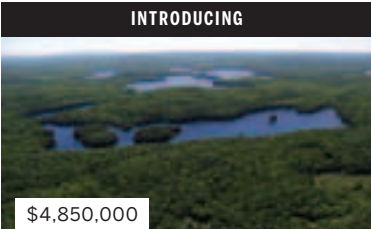
\$2,800/mo

Stunning apartment, Le Sud-Ouest
BED: 4 BATH: 2 GAR: 1 MLS 15774211
Karine Doche* **514.677.6244**
Nayla Saleh* **514.941.6244**



\$3,500,000

Commercial building, Ville-Marie
MLS 27253885
Saguy Elbaz* **514.892.7653**



\$4,850,000

Blue Valley - 1276 acres, Nomingue
3 private lakes, 10 km of frontage MLS 20427024
Herbert Ratsch** **819.429.9019**



\$3,995,000

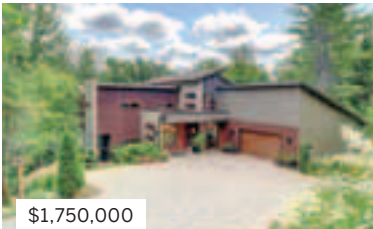
Private golf course, Lachute
+90 acres BED: 25 BATH: 19 MLS 26768150
Gabriele Di Iorio** **514.267.8596**



\$2,995,000

Exclusive & peaceful, Magog
BED: 4 BATH: 5 MLS 19319376
Marie-Piers Barsalou** **450.577.0272**
Johanne Meunier* **514.926.5626**

« COUNTRY PROPERTIES/LAND »



\$1,750,000

Lac des Becs-Scie, Saint-Sauveur
BED: 3 BATH: 2+1 MLS 13054294
Marsha Hanna* **819.425.0619**



\$1,485,000

Private estate, Sainte-Adèle
Mainhouse + guesthouse MLS 9353001
Dino Cafaro* **514.898.7722**



\$1,275,000

Cozy waterfront, Nomingue
BED: 4 BATH: 2+1 MLS 22322897
Lynne Leclair* **514.570.8998**



NEW PRICE

\$915,000

Private domain, Mont-Tremblant
BED: 4 BATH: 3+1 MLS 19520377
Rachelle Demers* **514.378.8630**



\$799,900

Maple stand - private, Sherbrooke
20 acres MLS 27948970
Marie-Josée Hotte** **819.560.2111**
Andréanne Rousseau^ **819.578.0633**

« COUNTRY PROPERTIES/LAND »



\$749,000

The Barn House, Saint-Lazare
BED: 4 BATH: 3+1 MLS 24571723
Jessica Lombard* **514.476.9700**
Elizabeth Cox* **514.577.2737**



\$725,000

Lac Rougeaud access, St-Faustin/Lac-Carré
BED: 3 BATH: 3 MLS 26049643
Cody Ratcliffe **819.429.1834**



\$679,000

Spectacular view, Ste-Agathe-des-Monts
BED: 3 BATH: 2+1 MLS 23176145
Melanie Clarke* **450.694.0678**



\$575,000

Exclusive Valdurn, St-Faustin/Lac-Carré
BED: 2 BATH: 1 MLS 10513448
Raymond Dalbec** **819.425.4568**



INTRODUCING

\$399,600

Residential project, Lac-Brome
Art de Vivre MLS 17286688
Marie-Josée Rouleau* **514.660.6682**

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Be active but stay safe!

As part of the progressive return to normal life, the Québec government has authorized Quebecers to gradually resume certain outdoor recreational, sports and leisure activities, provided that physical distancing rules are followed.

As of May 20, you will once again be able to partake in a number of your favourite individual activities.

For details on all the activities that will be permitted, visit:

[Québec.ca/recovery](https://quebec.ca/recovery)

No matter how active you are, regular physical activity is essential to both your physical and mental health. It has many important and beneficial effects, so all Quebecers should be active, but stay safe!

Votre
gouvernement

Because being active feels good!

Regularly practising sports, leisure, physical and outdoor activities that are adapted to a person's ability benefits everyone, regardless of their physical fitness. Physical activity helps young children improve their motor skills and overall development, students improve their attention span and concentration, adults improve their ability to manage stress and increase their energy level, and seniors improve their quality of life and maintain their autonomy.

Being active enables you to maintain your cardiovascular health and boosts your metabolism in addition to strengthening your immune system. Regular physical activity also enables you to:

- increase your life expectancy
- improve your physical fitness (aerobic fitness, muscle tone, flexibility)
- adopt healthy lifestyle habits that will have a positive effect on your quality of life

Being active also contributes to better, longer-lasting sleep, especially deep sleep, the most restorative sleep stage.

Be active to better manage stress!

Practising physical activity means allowing yourself the opportunity to have a healthy mind and body. Being regularly on the move releases hormones that help you manage stress and helps to strengthen your mental health and improve your self-confidence and self-esteem.

Breathing fresh air and interacting with nature also help counteract the psychological effects of stress and anxiety, thus supporting good mental health.

Be active just for fun!

The formula is simple and proven: practising the physical activity of your choice (while respecting the guidelines issued by the public health authorities) is fun, and once you try it, you'll want to keep doing it.

So get active, whether at home or outdoors. You can walk, run, dance, play and pedal away and still respect hygiene and physical distancing measures.

Physical activity is possible for everyone. Move a little, move a lot, but get moving!

**Because
being active...
feels REALLY good!**



Follow health guidelines at all times!



When engaging in any sports or physical activity, it is essential to always follow health guidelines in order to limit the risks associated with the spread of the virus.

Handwashing

- Wash your hands often with soap and warm running water for at least 20 seconds.
- Use an alcohol-based hand sanitizer if you do not have access to soap and water.

Respiratory etiquette

- Observe hygiene rules when you cough or sneeze:
 - Cover your mouth and nose with your arm to reduce the spread of germs.
 - If you use a paper tissue, dispose of it as soon as possible and then wash your hands.

Physical distancing at all times

- As much as possible, stay at least 2 metres (approximately 6 feet) away from people who do not live under the same roof as you.

Follow recommendations to self-isolate

- If you experience symptoms of COVID-19, follow the recommendation to self-isolate at home to avoid passing the disease on to other people.

Hygiene measures regarding frequently touched objects and equipment

- Use your own equipment (use your own golf balls, have each tennis player use a different ball, etc.).
- If the equipment is shared, make sure it is disinfected after each use.

Resources

If you are worried about COVID-19 or you are experiencing symptoms such as cough, fever, breathing difficulties or a sudden loss of smell and taste without nasal congestion, call 418-644-4545, 514-644-4545, 450-644-4545, 819-644-4545 or 1-877-644-4545 (toll-free outside of Québec) to be directed to the proper resource. People with hearing impairments can call toll free at 1-800-361-9596 (TTY).

Québec.ca/coronavirus

1-877-644-4545

Québec 

Thinking too much about COVID? Try yoga



Gayle Haney was taking advantage of the beautiful weather April 28 in Westmount Park. She has created her own dance/yoga combinations and teaches the art at her St. Amboise studio.
PHOTOS: RALPH THOMPSON.



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DOWNTOWN LIVING



3450 Rue Redpath | Asking price \$1,049,000 | MLS #27736598

Located in the heart of Golden Square Mile, this beautifully renovated condo (almost 2000 sf) with 3 bedrooms, 3½ bath is situated on 2 floors. A perfect space for a home office on the lower floor with it's own entrance.



8 Place de Richelieu | Asking Price \$1,675,000 | MLS #10736864

"Location, location" in the heart of the Golden Square Mile. Unique charm, high ceilings, wood floors, a private terrace outside the sunroom and indoor parking. 4 bdrms, 3 bath and a powder room. Courtyard views.



IMMEDIATE OCCUPANCY



3441 du Musée | Asking price \$5,700/month | MLS #16934814

Beautiful executive townhouse in Golden Square Mile with 3 bedrooms, 3 bathrooms, includes a rooftop terrace with views and a private garage.



IMMEDIATE OCCUPANCY



14 Place de Richelieu | Asking price \$5,500/month | MLS #23416279

Upgraded with contemporary flair this 3 bedroom 3+1 bathroom townhouse includes a roof top terrace overlooking the city and private garage.



IMMEDIATE OCCUPANCY

3455 Rue Drummond



Asking Price \$539,000 | MLS #24392695

1st floor, zoned for residential or commercial. 2 bedrooms, 2 baths, renovated kitchen & bathrooms.

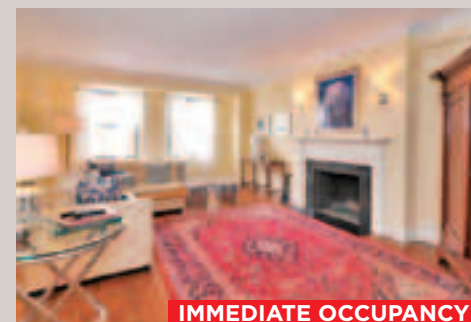


Le Chateau – 1321 Rue Sherbrooke O.

SOLD



**Asking Price \$875,000
MLS #27933295**



IMMEDIATE OCCUPANCY

**Asking Price \$4,550/month
MLS #21871867**
12th floor. 1519 square feet – furnished rental – great views, 2 bedrooms, 2 bathrooms.

Alan Klinkhoff Gallery

On May 7, 1920, the first exhibition of the Group of Seven opened at the Art Museum of Toronto (today the Art Gallery of Ontario). We celebrate the centenary with a dedicated virtual presentation of more than 30 paintings by Tom Thomson and the Group of Seven, the three invited guests to that first exhibition (including Westmount resident Robert Pilot), and the artists who joined the group later.

Visit Klinkhoff.ca/GroupofSeven



Walter Klinkhoff (left) with Group of Seven members Arthur Lismer, Edwin Holgate and A.Y. Jackson at Galerie Walter Klinkhoff in 1962

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Parking removed, pedestrian corridors on Cedar, St. Catherine

Local traffic only on 5 streets in Victoria village +



Windsor, looking west from Victoria Ave. on May 14.

BY LAUREEN SWEENEY

The city last week announced it would be blocking off five streets to all but local traffic in order to allow space for pedestrian safe distancing and a safer play area for children. Effective May 16, these included Winchester, Somerville and Burton.

Just up the hill, the same restrictions

were to take place on Chesterfield (Prince Albert to Victoria) and Windsor (Claremont to Prince Albert). But the closed-off blocks on these streets will alternate weekly as of May 23, so that Chesterfield will be affected from Claremont to Prince Albert, and Windsor from Prince Albert to Victoria. Then vice versa.

Listing the changes, city director gen-



Chesterfield, looking west from Victoria Ave. on May 14.

eral Benoit Hurtubise said new pedestrian corridors would be created on two east-west streets: Cedar and St. Catherine. Both would be demarcated by orange cones.

For Cedar (The Boulevard to Mount Pleasant), this means removing parking on the south side.

On St. Catherine, parking will also be removed on the south side from Bethune

to Hillside Lane.

Some parking on the north side will be allocated to the Royal Montreal Regiment in front of its armoury, as well as some at the Westmount recreation centre. "This is because the RMR is being used as a base for the army's assistance at St. Margaret's nursing home on Hillside Ave.," Hurtubise said.

Soccer, cont'd. from p. 1

space. Most of the training can happen in a two-meter square, and will help the players develop soccer skills as well as get some exercise.

"Sid is also developing the format for social-distancing training so we are ready to hit the ground running when the time comes."

This year's season depends on what proposals from the Quebec Soccer Federation can be worked out with the Quebec government to implement activities that

respect physical distancing and possibly the wearing of masks (see story April 28, p.8). Hamilton doesn't expect activities to start until June.

The parent-run, independent organization has teams that play intercity soccer and practice on the city's fields, as opposed to the city's spring program run by Sports and Recreation department that has been cancelled.

The club's videos are linked to its website and can be accessed at westmountsoccer.org.



In videos launched by the Westmount Soccer Club, technical director Sid Farah demonstrates how to train alone for the upcoming season.

PHOTO COURTESY OF D. HAMILTON.

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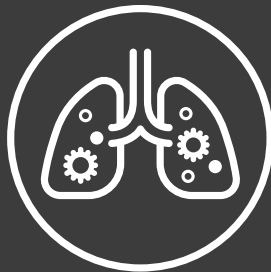
The coronavirus disease (COVID-19) causes a respiratory infection that can involve the following symptoms:



Fever



Cough



Trouble Breathing

Let's continue to protect ourselves.



Sneeze into your elbow



Wash your hands



Keep your distance



Wear a mask (if less than 2 metres)



Limit your travel

[Québec.ca/coronavirus](https://quebec.ca/coronavirus)

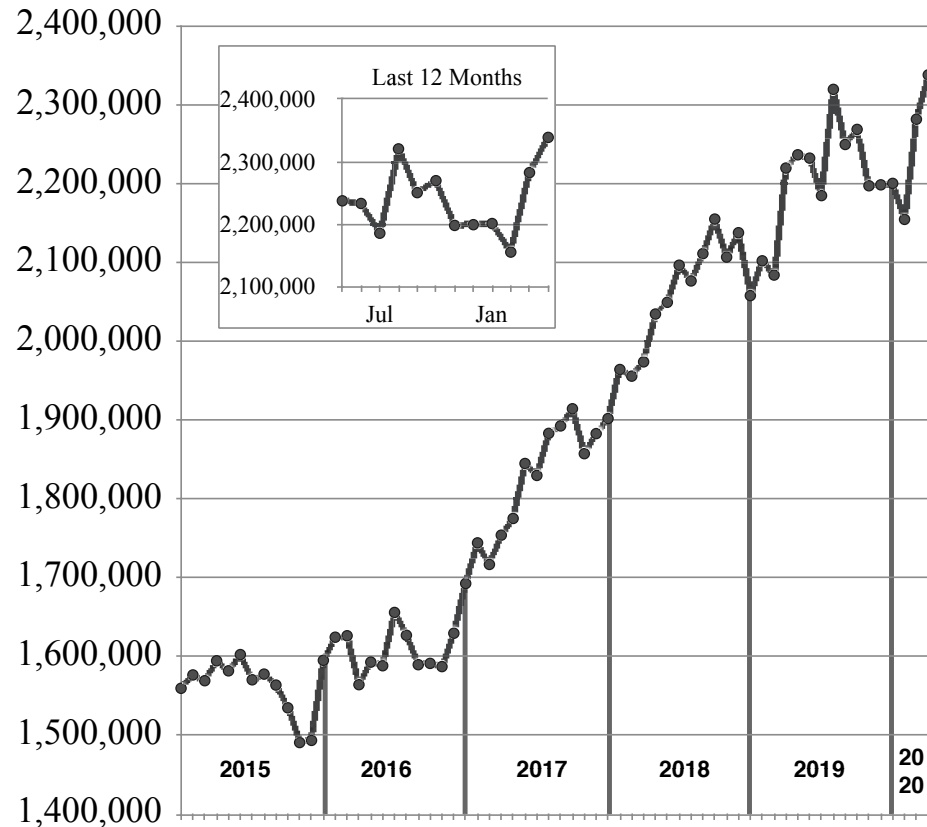
 514 644-4545

Real Estate

ANDY DODGE

April: One sale

Average adjusted price for 'typical' Westmount house, by month, January 2014 to April 2020, based on accepted offer dates



Note: The following article relates to offers to purchase Westmount residential dwellings that were reported by local real estate agents as having been accepted in April 2020. Because they are not final registered sales, the addresses cannot be made public, but give a good idea of current trends in local real estate activity. The graph at right offers a picture of these trends over time.

How does one make a statistic out of a single sale? In a month that normally has 18 sales, among the busiest times of year for Westmount agents, only one sale was posted in April, at a price of \$1,977,000 – about average for the year and 28 percent above its municipal evaluation, higher than the average for 2020, so pushing up the adjusted value on our graph. The problem is, the sample is so small that the figure is almost meaningless, except to say that prices are not plummeting.

The encouraging development is that agents are going to be allowed to resume working for their clients, so hopefully volume will at least ramp up to give us a better picture of supply and demand. When the pandemic will end, and what happens to mobility, technology and employment – es-

pecially in areas like teaching and medicine that have always been so important to Westmount real estate – are among the topics to be pondered over the next couple of months.

The number of house listings dipped from 98 in mid-April to 96 in May, but probably will increase as agents come out of hiding. This may tend to push down prices if supply expands too quickly.

Adjacent

One house sale on Cedar Crescent was the only transaction in adjacent-Westmount in the month of April, with a much lower-than-average mark-up over valuation, but again, one sale is not enough to read a market. Only two houses in eastern NDG, both on Marlowe Ave., have reportedly sold in the first four months of 2020, compared to 14 in the same time period last year. For the Circle Rd./Cedar Crescent sector, the number only dropped from six to five.

Westmount has logged some 32 sales in all of 2020 so far, compared with 40 in the first four months last year, an indication volume was really picking up before the market came to a screeching halt in mid-March.

Emergency vehicles, police horses

Small parade salutes health care workers at 4 residences

BY LAUREEN SWEENEY

A parade of emergency and city workers along with police horses took place May 13 to honour health care workers at Westmount's two seniors' residences and two nursing homes. "It's a salute to them that was organized without much notice," said director general Benoit Hurtubise.

Coordinated by Public Security, it consisted of police with vehicles and their horses as well as Public Security and Public Works vehicles.

Starting on Hillside Ave. in front of St. Margaret's nursing home at 2:45 pm, it turned north on Metcalfe to St. Catherine, east past the Place Kensington seniors' residence, up Kensington to Sherbrooke and west past the Manoir Westmount.

From there, it turned south on Lansdowne and along de Maisonneuve to pass in front of the CHSLD Château Westmount nursing home at Victoria.

Similar salutes have taken place elsewhere at the behest of the provincial health

authorities (CIUSSS), according to Public Security director Greg McBain.

While Montreal firefighters were initially reported to be among the group, McBain said they were not included because they are not permitted to participate in any events other than firefighting during this COVID-19 emergency.

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Please limit to 300 words and submit before Friday 10 am to be considered for publication the following week.

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If you are in the market to buy a guitar online or have an old one lying around, I can advise you.

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*Westmount
A-dog-tions*

LYSANNE FOWLER

Lilo is so adorable, cute as a button!
A bright-eyed original mini schnauzer-
poodle mix, a delightful light grey bundle



Little Lilo

of affection. She has her ways as a senior
girlie. She loves her people yet, being a
small dog, is wary of little children and
other dogs, initially. She then thrives.

Lilo was adopted from a pound five
years ago and her family is moving now,
so she must be adopted into a new family.

Lilo is in foster care for Gerdy's Rescues
& Adoptions at the mo-
ment, and we are hoping
that she will soon be part
of the canine community
in our neighbourhood. She
is very healthy, up to date
with her inoculations and
treatments, and is spayed.

For more information
on sweet Lilo and photo-
graphs, please refer to the
Gerdy's Rescues & Adop-
tions website at www.gerdysrescue.org or write to the
dedicated volunteers at
info@gerdysrescue.org.

Your neighbour, Lysanne



9 Lives

LYSANNE FOWLER

These are difficult times and, for many
reasons, an older pet might find itself at
the Montreal SPCA. This is what happened
to our senior Zack, one day at home and
the next day having left everything and
everyone for the cattery, then adoption in
a new family.

Zack is such a handsome fellow, a sleek
grey-and-white domestic shorthair with
such a delicate little face and beautiful dark
eyes. He is very healthy yet, as with all sen-
ior pets, it is important to plan veterinary
senior updates to ensure all is well. He is
up to date with his inoculations and treat-
ments, is also neutered and microchipped.

Zack is at the Montreal SPCA cattery
and his identification number is 44212153.
Please refer to its website at www.sPCA.com
and complete its simple online application
for Zack's adoption. You will be contacted

Zack, a new
beginning



within 24 hours for a telephone interview,
followed by a visit by appointment at the
SPCA.

Your neighbour,
Lysanne

Getting some exercise



From left, leisure department supervisor Simona Buth was escorting Manoir Westmount residents around Westmount Park on May 7 at 10 am, including: Maria Fernandez, Clare Hallward, Mary Lamb, Patricia Murphy and Sherry Steinberg.

PHOTO: RALPH THOMPSON.

LOCAL CLASSIFIEDS

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We welcome your letters

We welcome your letters but reserve
the right to choose and edit them.
Please limit to 300 words and submit
before Friday 10 am to be considered
for publication the following week.

email us at:

editor@westmountindependent.com

Causes: Allegra, Bach before Bedtime

Fundraiser profile: Dorothy Fraiberg



Social Notes

VERONICA REDGRAVE

As Social Notes depends on social events, which depend on gatherings, times have changed.

But we'll meet again.

Until then, we profile the disappointed but determined supporters of great causes to see how they are faring in our smaller world and learn about their event's new plans.

This issue's interview: Dorothy Fraiberg

What was your event? Cause?

Our two final concerts of our 2019-2020 Allegra Chamber Music series were cancelled, along with 10 of our Bach before Bedtime concerts.

Link for supporters?

www.allegrachambermusic.com and

www.bachbeforebedtime.com

It was planned to be held on what date?

The Allegra chamber music concerts were on March 12 (Beethoven) and May 27 (Brahms). The Bach before Bedtime concerts were scheduled in March and May at Place des Arts and Tanna Schulich Hall.

Have you planned a new date?

Yes! We are very excited to announce that Yannick N  zet-S  guin will be joining us at Allegra's 40th anniversary gala on October 15, 2020 at Redpath Hall.

Have you developed a daily routine?

My routine hasn't changed much. I still teach, practise and work on Allegra and Bach before Bedtime every day, except now I do everything using FaceTime and Zoom. I end my day with a long walk before dinner.

How are you sheltering in place?

I have great neighbours who check in and make sure I have everything I need. And I am in daily contact with my children who live in LA and Toronto as well as my



friends.

Instead of cocktail attire, what are you wearing?

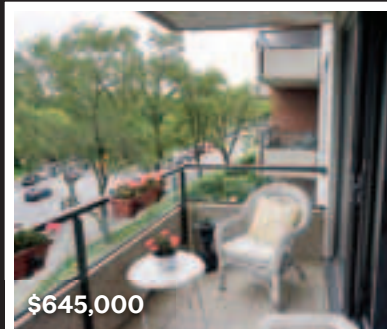
I'm dressing as I usually do, wearing my favourite jeans paired with a comfy sweater and sneakers or boots.

How are you staying in touch?

Lots of FaceTiming and virtual happy hour drinks with friends!

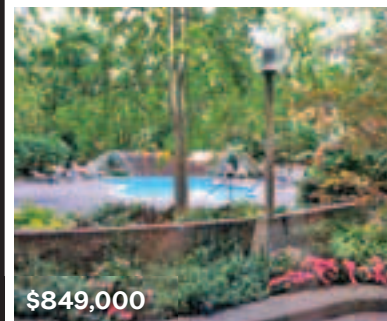
What do you miss the most about our smaller world?

I miss rehearsing with my colleagues. Most of all, *continued on p. 22*



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Westmount – Sunny & Spacious 2 bedroom/2 bath condo, doorman & pool – occ. end May 2020. C#26256314



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Westmount Adj. Elegant Renovated 2 bedroom/2 bath condo – 5-star services – occ. June 2020. C#11246102

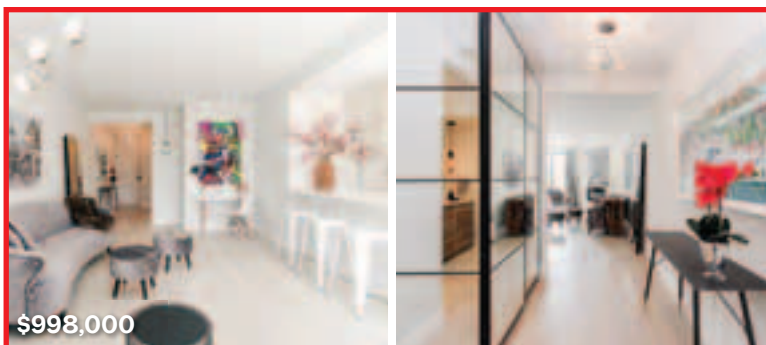


STRONGER TOGETHER



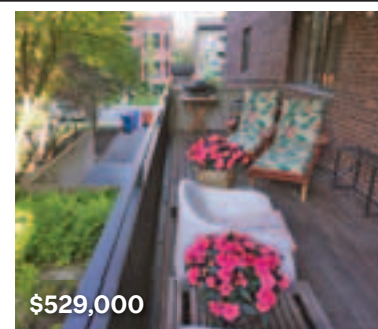
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Social notes, *cont'd. from p. 21*

I miss playing concerts and interacting with our wonderful audiences and the feeling of community that music creates. Although we are doing some online recording, I miss the energy that a live audience provides. It cannot be replaced.

Public bins, *cont'd. from p. 1*

ing in the commercial areas, depends on when they can be supplied – or even if any bids will be received – during current pandemic closures, Public Works director Robert Talarico said last week.

“If there are no delays, they could be on the streets and in public squares in September or October.” They will be placed in the commercial areas first, with a few in parks, he said.

“Residents have been asking for years for this kind of recycling at source,” Councillor Marina Brzeski, pointed out last week as commissioner of sustainability and accessibility (see story February 11, p. 8). “The bottom line is that we’re hoping our waste contamination can be reduced so we can send less to landfill.”

The type of new bin would be a sturdy modular one that could withstand various weather conditions and similar to what is being used in some Montreal boroughs, Brzeski said.

Contractor vehicles used for landfill, recycling, green bins
City’s own garbage truck still used for green residue



This city garbage truck was photographed May 8 at the corner of Côte St. Antoine and Roslyn.
PHOTO: RALPH THOMPSON.

BY LAUREEN SWEENEY

Why does the city have its own garbage truck when it uses a contractor? This is a question that has been asked after a story on the Derichebourg contractor’s trucks (May 12, p. 11). Separate contractors are also used for recyclables and in some commercial districts.

While Derichebourg uses five or six trucks to pick up from every residence and many of the apartment and commercial

buildings throughout the city four days a week, the city’s one garbage truck is used for green residue, according to Public Works director Robert Talarico.

This includes compostable items such as leaves, branches, grass and Christmas trees.

It was more than 30 years ago that the city began contracting out door-to-door regular garbage collections as a cost-cutting measure when it began scaling down the number of Public Works employees.



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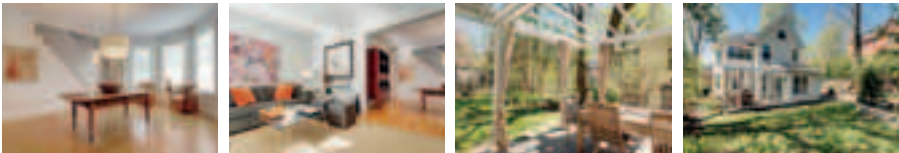
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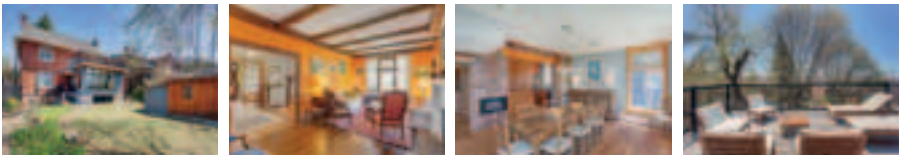
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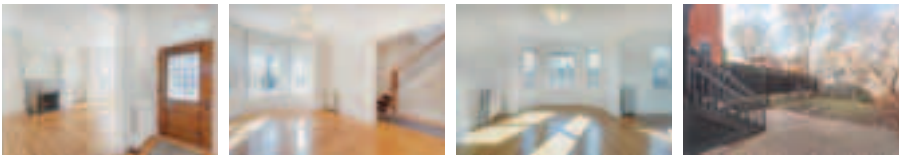
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